

CURRICULUM VITAE

S. NICOLE CULOS-REED, PH.D.

Personal

Current Position: Associate Professor, Faculty of Kinesiology
Adjunct Associate Professor, Dept. of Oncology, Faculty of Medicine

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Maternity/Parental Leaves March 2002 – March 2003
August 2004 – August 2005
February 2007 – February 2008

Professional Affiliations

Society of Behavioral Medicine (SBM)
North American Society for the Psychology of Sport and Physical Activity (NASPSPA)
Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS)
Canadian Association of Psycho-Oncology (CAPO)

Education

2000 **Ph.D.** in Exercise and Health Psychology, Department of Kinesiology, Faculty of Applied Health Sciences, University of Waterloo. Waterloo, Ontario, Canada.
Supervisor: Dr. Lawrence R. Brawley

1996 **M.Sc.** in the Social Psychology of Sport and Physical Activity, Department of Exercise and Movement Science, University of Oregon. Eugene, Oregon, USA.
Supervisor: Dr. Maureen R. Weiss

1994 **B.A.**, Department of Psychology, University of British Columbia. Vancouver, British Columbia, Canada.

Professional Experience

Current

- 09/2007 Associate Professor, Health and Exercise Psychology, Faculty of Kinesiology, University of Calgary
- 09/2007 Adjunct Associate Professor, Department of Oncology, Faculty of Medicine, University of Calgary
- 01/2001 Research Associate, Health and Exercise, Psychosocial Resources, Tom Baker Cancer Centre, Alberta Cancer Board

Previous

- 01/2001 Assistant Professor, Health and Exercise Psychology, Faculty of Kinesiology, University of Calgary
- 01/2001 Adjunct Assistant Professor, Department of Oncology, Faculty of Medicine, University of Calgary
- 06-12/2000 Post-Doctoral Fellow, Centre for Behavioural Research and Program Evaluation (CBRPE), University of Waterloo

Awards and Distinctions

Fellowships

- July 2000 – December 2000 Canadian Cancer Society/National Cancer Institute of Canada Post-Doctoral Fellowship
- May 1998 – May 2000 Social Sciences and Humanities Research Council of Canada (SSHRC) Doctoral Fellowship

Awards

- 2003-2006* Alberta Heritage Foundation for Medical Research: Population Health Investigator
*Extended for 2 years due to maternity/parental leaves
- 2000 American Psychological Association, Division 47 (Health and Exercise Psychology), Outstanding Dissertation Award
- 1993 Undergraduate NSERC Student Research Award
- 1990-1994 Various undergraduate scholarships, held at UBC

Publications

Invited Book Chapters

1. **Culos-Reed, S.N.** Section Editor, Quality of Life in Special Populations, and Chapter Contributor, Quality of Life for Cancer Survivors. In Ekkekakis et al (Eds.), Handbook of Physical Activity and Mental Health. Submitted, June 2012. Routledge Press.
2. Vallance, JK., Culos-Reed, SN., Mackenzie, MJ., Courneya, KS. (accepted, 2012). Physical activity and mental health outcomes among cancer survivors. In P. Ekkekakis, ed., Handbook of Physical Activity and Mental Health. London: Routledge.
3. Capozzi, L. & **Culos-Reed, S.N.** Population Considerations for Promoting PA Behavior Change. In Nigg et al (Eds.), ACSM's Behavioral Aspects of Exercise. Submitted, 2012.
4. Santa Mina, D., Ritvo, P., Segal, R., **Culos-Reed, S.N.**, & Alibhai, S.M.H. (2010). Exercise after Prostate Cancer Diagnosis. In J.M. Saxton & A. Daley (Eds.), Exercise and Cancer Survivorship: Impact on Health Outcomes and Quality of Life. Springer Science and Business Media. Pages: 113-139. DOI: 10.1007/978-1-4419-1173-5_7.
5. DuCharme, K. A., Gyurcsik, N. C., **Culos-Reed, S. N.**, & Brawley, L. R. (2001). Perceived control: A construct that bridges theories of motivated behaviour. In G. C. Roberts (Ed.), Advances in Motivation in Sport and Exercise. Champaign, IL: Human Kinetics.
6. **Culos-Reed, S. N.**, Brawley, L. R., & Gyurcsik, N. C. (2001). Using theories of motivated behaviour to understand physical activity: Perspectives on their influence. In R. Singer, H. Hausenblas, & C. Janelle (Eds.), The International Handbook of Research on Sport Psychology, 2nd Edition. New York, NY: Wiley & Sons.

Manuscripts (In press or Published)

Note: Underlined names indicate trainees

1. Speed-Andrews AE, Rhodes RE, Blanchard CM, **Culos-Reed SN**, Friedenreich CM, Belanger LJ, Courneya KS. (2013). Correlates of Strength Exercise in Colorectal Cancer Survivors. American Journal of Health Behavior, 37(2): 162-170.
2. McGowan E, Speed-Andrews AE, Rhodes R, Blanchard C, **Culos-Reed SN**, Friedenreich CM, Courneya KS. (2013). Sport Participation in Colorectal Cancer Survivors: An Unexplored Approach to Promoting Physical Activity. Supportive Care in Cancer, 21 (139-147). DOI 10.1007/s00520-012-1501-0.
3. McGowan EL, Speed-Andrews AE, Blanchard CM, Rhodes RE, Friedenreich CM, **Culos-Reed SN**, Courneya KS. (Accepted, 2012; Publication January, 2013). Physical Activity Preferences among a Population-Based Sample of Colorectal Cancer Survivors. Oncology Nursing Forum, 40(1): 44-52.
4. **Culos-Reed SN** & Capozzi LC (Accepted, December 2012). Physical activity and patient-reported outcomes: enhancing impact. European Review of Aging and Physical Activity. DOI 10.1007/s11556-012-0112-6.
5. Speed-Andrews AE, McGowan EL, Rhodes RE, Blanchard CM, **Culos-Reed SN**, Friedenreich CM & Courneya KS (in press). Identification and Evaluation of the Salient Physical Activity Beliefs of Colorectal Cancer Survivors. Cancer Nursing. PMID: 23448955
6. Courneya K, Vallance J, **Culos-Reed SN**, McNeely M, Bell G, Mackey J, Yasui Y, Yuan Y, Matthews C, Lau D, Cook D & Friedenreich C. (2012). The Alberta Moving Beyond Breast Cancer (AMBER) Cohort Study: A Prospective Study of Physical Activity and Health-Related Fitness in Breast Cancer Survivors. BMC Cancer, 12: 525. MS: 1577221290814651.
7. **Culos-Reed SN**, Capozzi L, Boldt K. (June, 2012). From Surviving to Thriving: The Role of Exercise in Cancer Survivorship. Family Health, Safeway Publishing. p13
8. Capozzi L,. (April, 2012). Thrive Centre-Exercise and Wellness Program for Patients with Neuro

- and Head/Neck Cancers: The ENHANCE program. Community Cancer Support Network Newsletter, 5(2), 2-3.
9. Wurz A & **Culos-Reed SN**. (2012). Get Moving! Exercise Combats Treatment Side-effects and Can Improve Quality of Life. Our Voice – Prostate Cancer 17(3): 5-7.
 10. Capozzi LC, Lau H., Reimer R.A., McNeely M., Giese-Davis J., **Culos-Reed SN**. (2012). Exercise and Nutrition for Head and Neck Cancer Patients: A Patient Oriented, Clinic-Supported Randomized Controlled Trial. BMC Cancer, 12: 446. doi:10.1186/1471-2407-12-446.
 11. Chamorro C, Guilcher GM, Khan FM, Mazil K, Schulte F, Wurz A, Williamson T, Reimer R, **Culos-Reed SN**. (2012). Exercise in pediatric autologous stem cell transplant patients: a randomized controlled trial protocol. BMC Cancer, 12(1):401. DOI: 10.1186/1471-2407-12-401. URL: <http://www.biomedcentral.com/1471-2407/12/401>
 12. Vallance J, Lavallee C, **Culos-Reed N**, Trudeau M. (2012). Rural and Small Town Breast Cancer Survivors' Preferences for Physical Activity. Int J Behav Med. [Epub ahead of print 2012 Sep 20.]
 13. Alibhai SMH, O'Neill S, Fisher-Schlombs K, Breunis H, Brandwein JM, Timilshina N, Tomlinson GA, Klepin HD, & **Culos-Reed SN**. (2012). A clinical trial of supervised exercise for adult inpatients with Acute Myeloid Leukemia (AML) undergoing induction chemotherapy. Leukemia Research. 36(10): 1255-1261. DOI: 10.1016/j.leukres.2012.05.016. ** Recommended by Faculty of 1000*
 14. **Culos-Reed SN**, Mackenzie M, Ross AN, Jesse MT, Sohl S, Danhauer SC (2012). Yoga and Cancer Interventions: A Review of the Clinical Significance of Patient Reported Outcomes for Cancer Survivors. Evidence-based Complementary and Alternative Medicine 2012: 642576.
 15. Ross AN, Robinson JW, Paskevich D, **Culos-Reed, S.N.** (Accepted, 2012). Examining a therapeutic yoga program for prostate cancer survivors. Integrative Cancer Therapies. Epub ahead of print, June 27, 2012.
 16. Speed-Andrews AE, Rhodes RE, Blanchard CM, **Culos-Reed, SN**, Friedenreich CM, Belanger LJ Courneya KS. (2012). Medical, Demographic, and Social Cognitive Correlates of Physical Activity in a Population-Based Sample of Colorectal Cancer Survivors. Eur J Cancer Care (Engl). 21(2):187-96. doi: 10.1111/j.1365-2354.2011.01290.x. Epub 2011 Sep 8.
 17. Vallance JK, Lavallee CM, **Culos-Reed SN**, Trudeau MG. (2012). Physical activity is associated with clinically important differences in health-related quality of life among rural and small town breast cancer survivors. Supportive Care in Cancer, 20(5):1079-1087.
 18. Vallance JK, Lavallee CM, **Culos-Reed SN**, Trudeau MG. (2012). Predictors of physical activity among rural and small town breast cancer survivors: An application of the theory of planned behaviour. Psychology, Health and Medicine, 17(6): 685-697. Pages: 1–13, iFirst Article. DOI:10.1080/13548506.2012.659745.
 19. **Culos-Reed SN**, Mackenzie M, Capozzi L, Wurz A. (2012). Yoga for Cancer Survivors: Building a Sustainable Community-based Program. AIHS KT Casebook, 3, 10-15.
 20. Devonish J, **Culos-Reed SN**, Bebb G (2011). Physical activity in lung cancer. Oncology Exchange, 10 (4), S9-10.
 21. **Culos-Reed SN** & Mackenzie M. (2011). Symposium On Yoga Research Conference Report. Yoga Therapy Today, 7(3), 28.
 22. **Culos-Reed SN**. (2011). Does exercise training reduce anxiety symptoms in patients with chronic illness? A review, Clin J Sport Med, 21(2): 148, (Refereed).
 23. Norris JM, Moules NJ, Pelletier G, **Culos-Reed SN**. (2010). Families of Young Pediatric Cancer Survivors: A Cross-sectional Survey Examining Physical Activity Behavior and Health-Related Quality of Life. Journal of Pediatric Oncology Nursing. 27(4):196-208. (Epub ahead of print 2010 Feb 19.)
 24. **Culos-Reed SN**, Robinson JW, Lau H, Stephenson L, Keats MR, Norris S, Kline G, Faris P. (2010). Physical Activity for Men Receiving Androgen Deprivation Therapy for Prostate Cancer: Benefits

- from a 16-Week Intervention. Journal of Supportive Care in Cancer, 18(5):591-9 (ePub ahead of print July 16, 2009).
25. Stephenson L, Bebb G, Reimer RA, **Culos-Reed SN**. (2009). Physical activity and diet behaviour in colorectal cancer patients receiving chemotherapy: associations with quality of life. BMC Gastroenterology, 9:60-68.
 26. Keats MR & **Culos-Reed SN**. (2009). A theory-driven approach to encourage physical activity in pediatric cancer survivors: A pilot study. Journal of Sport and Exercise Psychology, 31(2), 267-283.
 27. Keats MR & **Culos-Reed SN**. (2008). A community-based physical activity program for adolescents with cancer (Project TREK): Program feasibility and preliminary findings. Journal of Pediatric Hematology/Oncology, 30, 272-280.
 28. **Culos-Reed SN**, Stephenson L, Doyle-Baker PK, Dickinson JA. (2008). Mall Walking as a Physical Activity Option: Results of a Pilot Project. Canadian Journal on Aging, 27(1), 81-87.
 29. **Culos-Reed SN**, Robinson JL, Lau H, O'Connor K, Keats MR. (2007). Benefits of a physical activity intervention for men with prostate cancer. Journal of Sport & Exercise Psychology, 29(1), 188-127.
 30. **Culos-Reed SN**, Doyle-Baker PK, Paskevich D, Devonish JA, Reimer RA. (2007). Evaluation of a community-based weight control program. Physiology & Behavior, 92(5), 855-860.
 31. Keats MR, **Culos-Reed SN**, Courneya KS, McBride M. (2007). An examination of the beliefs, attitudes and counselling practices of paediatric oncologists toward physical activity: A provincial survey. Paediatrics & Child Health, 12(4), 289-93.
 32. Keats MR, **Culos-Reed SN**, Courneya KS, McBride M. (2007). Understanding physical activity in adolescent cancer survivors: An application of the theory of planned behavior. Psycho-Oncology, 16(5), 448-57.
 33. **Culos-Reed SN**, Carlson LE, Daroux LM, Hatley-Aldous S. (2006). A pilot study of yoga for breast cancer survivors: Physical and psychological benefits. Psycho-Oncology, 15(10), 891-897.
 34. Keats MR, **Culos-Reed SN**, Courneya KS, McBride M. (2006). An examination of physical activity behaviours in a sample of adolescent cancer survivors. Journal of Pediatric Oncology Nursing, 23, 135-142.
 35. **Culos-Reed SN**, Shields C, Brawley LR. (2005). Breast cancer survivors involved in vigorous team physical activity: Psychosocial correlates of maintenance participation. Psycho-Oncology, 14, 594-605.
 36. **Culos-Reed SN**, Carlson LE, Daroux LM, Hatley-Aldous S. (2004). Discovering the physical and psychological benefits of yoga for cancer survivors. International Journal of Yoga Therapy, 14, 45-52.
 37. Bray SR, Gyurcsik NC, Martin-Ginis KA, **Culos-Reed SN**. (2004). The proxy efficacy exercise questionnaire: Development of an instrument to assess proxy efficacy beliefs in group exercise classes. Journal of Sport and Exercise Psychology, 26, 442-456.
 38. **Culos-Reed SN** & Brawley LR. (2003). Self-efficacy predicts physical activity in individuals with Fibromyalgia. Journal of Applied Social Psychology: Biobehavioral Research, 8, 27-41.
 39. Brawley LR, **Culos-Reed SN**, Angove J, Hoffman-Goetz L. (2002). Understanding the barriers to physical activity for individuals with cancer: Review and recommendations. Journal of Psychosocial Oncology, 20, 1-21.
 40. **Culos-Reed SN**. (2002). The role of physical activity for cancer in children and adolescents: A review and recommendations. Pediatric Exercise Science, 14, 248-258.
 41. **Culos-Reed SN**, Brawley LR, Martin KA, Leary MR. (2002). Self-presentation concerns and health behaviors among cosmetic treatment patients. Journal of Applied Social Psychology, 32, 560-569.
 42. Bray SR, Gyurcsik NC, **Culos-Reed SN**, Dawson KA, Martin KA. (2001). An exploratory investigation of the relationship between proxy efficacy, self-efficacy, and exercise attendance. Journal of Health Psychology, 6, 425-434.

43. **Culos-Reed SN** & Brawley LR. (2000). Fibromyalgia, physical activity, and daily functioning: The importance of efficacy and health-related quality of life. *Arthritis Care and Research*, 13, 343-351.
44. **Culos-Reed SN**, Rejeski WJ, McAuley E, Ockene J, Roter D. (2000). Predictors of Adherence to Behavior Change Interventions in the Elderly. *Controlled Clinical Trials*, 21, 200S-205S.
45. Brawley LR & **Culos-Reed SN**. (2000). Studying adherence to therapeutic regimens: Overview, theories and recommendations. *Controlled Clinical Trials*, 21, 156S-163S.

Manuscripts (Submitted or In preparation)

1. Wurz A., Capozzi L., Mackenzie M., Danhauer S.C., **Culos-Reed SN**. (Submitted, September 2012). Developing Research-Based Yoga Programs: An Example from Cancer Survivors. *International Journal of Yoga Therapy*.
2. Capozzi L, Lau H, Bultz B, Jones P, **Culos-Reed SN**. Symptom management and fitness outcomes of head and neck cancer survivors undergoing a 12-week physical activity program: A pilot study. *In preparation*.
3. Capozzi L, Easaw J, Bultz B, Jones P, **Culos-Reed SN**. A clinic-supported, 12-week exercise program for on and off treatment brain cancer patients: A feasibility study. *In preparation*.
4. **Culos-Reed SN**, Easaw J, Capozzi L, Eves N. Fitness assessments in high grade glioma patients: A feasibility study. *In preparation*.
5. Mackenzie M, Ekkekakis P, Carlson LE, Wurz AJ, Wytsma K, Krenz KA, Culos-Reed SN. Modeling associations between affect, attention and heart rate variability in a single yoga session for cancer survivors: A neurophenomenological approach. *In preparation*.
6. Mackenzie M, Ekkekakis P, Carlson LE, Culos-Reed SN. Modeling associations in cancer survivors between yoga participation, affect, mindfulness and health outcomes. *In preparation*.

Abstracts

1. McGowan E. L., Speed-Andrews, A. E., Blanchard, C. M., Rhodes, R. E., Friedenreich, C. M., **Culos-Reed, S. N.**, & Courneya, K. S. (in press). Physical Activity Preferences among a Population-Based Sample of Colorectal Cancer Survivors. *Medicine and Science in Sports and Exercise*, 44 (5).
2. Mackenzie MJ, Wurz AJ, Wytsma K, Krenz KA & Culos-Reed SN. (February, 2012). Yoga for cancer survivors. 6th International Sport Sciences Symposium. Tokyo, Japan.
3. **Culos-Reed, SN**, Danhauer, SC., Mackenzie, MJ., Sohl, S. (2012, April). Clinical significance of patient-reported outcomes: Yoga for cancer survivors. Annual Society of Behavioral Medicine Meeting. New Orleans, LA.
4. Mackenzie, MJ., Wurz, AJ., **Culos-Reed, SN**. (2011, September). Evaluation of pre-post class affective measures during a seven-week yoga for cancer survivors program. Department of Oncology / SACRI Trainee Research Day. Calgary, AB.
5. Jessa, I., Hatley, S., Crawford L., **Culos-Reed, N.** & Fell, CD. Yoga for Idiopathic Pulmonary Fibrosis: A Pilot Study. Submitted to American Thoracic Society for the ATS 2011 Conference in Denver Colorado, May 13-18, 2011.
6. Mackenzie, MJ. & **Culos-Reed, SN**. (2010, June) Yoga practice, affect regulation, mindfulness, flow states, and intervention satisfaction in cancer survivors: A proposed study. Department of Oncology / SACRI Trainee Research Day. Calgary, AB.
7. Ross, A.N., Mackenzie, M., & Culos-Reed, S.N. Yoga for prostate cancer survivors. Symposium for Yoga Research, October 1-3, 2010.
8. **Culos-Reed, S. N.**, Mackenzie, M., & Stephenson, L. Examining psychosocial outcomes from a yoga intervention in cancer survivors. (2010). Rapid Communications poster presentation, Society of Behavioral Medicine, Seattle WA.

9. Fisher-Schlombs, K., **Culos-Reed, S. N.**, Brandwein, J., Minden, M. D., Tomlinson, G. A., & Alibhai, S. M. H. (2010). A pilot study of a home-based exercise intervention for adult patients with AML. Poster presentation, 2010 ASCO Annual Meeting.
10. **Culos-Reed, S.N.**, Gutscher, A., & Grove, R. (2010). Examining maintenance of physical activity in cancer survivors: The role of barriers in building good habits. Poster presentation, 10th Biennial Behavioural Research in Cancer Control Conference, Perth Australia.
11. **Culos-Reed, S.N.**, Norris, J., Carlson, L.E., & Hatley-Aldous, S. (2008). Yoga and quality of life in cancer survivors: Room for alternative physical activity. Journal of Sport & Exercise Psychology, 30(Supplement), S162.
12. Devonish, J., **Culos-Reed, S.N.**, Keats, M., & Stephenson, L. (2007). Physical activity for cancer survivors: Fitness and QOL results from a 16 week intervention. Journal of Sport & Exercise Psychology, 29(Supplement), S157-S158.
13. Keats, M. & **Culos-Reed, S.N.** (2007) Health behaviours: Addressing the gap in pediatric cancer care. Journal of Sport & Exercise Psychology, 29(Supplement), S175.
14. Norris, J., **Culos-Reed, S.N.**, Carlson, L., Hatley Aldous, S. (2007). Utilizing the theory of planned behaviour for understanding yoga participation in cancer survivors. Journal of Sport & Exercise Psychology, 29(Supplement), S194.
15. Stephenson, L., **Culos-Reed, S.N.**, Doyle-Baker, P.K., Devonish, J., & Dickinson, J.A. (2007) Walking for wellness: Results from a mall walking program for the elderly. Journal of Sport & Exercise Psychology, 29(Supplement), S204.
16. **Culos-Reed, S.N.**, Doyle-Baker, P.T.K., Dickinson, J., Stephenson, L., & Norris, J. (2006). Mall-walking as a physical activity option: Results of a pilot study. Journal of Sport and Exercise Psychology, 28(Supplement), S55.
17. **Culos-Reed, S.N.**, Robinson, J.W., Lau, H., Keats, M., Kline, G., Norris, S., & Faris, P. (2006). The benefits of physical activity for men with prostate cancer. Psycho-Oncology, 15, (Supplement), S214-215.
18. Gingera, R., Wardell, R., & **Culos-Reed, S.N.** (2005). Designing for the prostate cancer population: an integrated exercise and social support system. Proceedings of the 36th Annual Conference of the Association of Canadian Ergonomists. Halifax, NS. August, 2005. 4pp.
19. **Culos-Reed, S.N.** (2004). A special population: The role of exercise for cancer survivors. Journal of Sport and Exercise Psychology, 26, (Supplement), S23.
20. Ekkekakis, P; Bixby, WR; Culos-Reed, SN; Hall, EE; Ginis, KAM. (2004). Journal of Sport and Exercise Psychology, 26, (Supplement), S22-S23.
21. Keats, M.R., **Culos-Reed, S.N.**, Doyle-Baker, T., & Swirsky, C. (2004). Pre-Season training for breast cancer dragon boat participants: Psychosocial correlates and quality of life. Journal of Sport and Exercise Psychology, 26, (Supplement), S101-S102.
22. Daroux, L. M., **Culos-Reed, S.N.**, & Carlson, L. E. (2003). Yoga and Cancer: An Examination of the Physical and Psychological Benefits. Psycho-Oncology, 12, (Supplement), S231-232.
23. O'Connor, K., **Culos-Reed, S.N.** & Robinson, J. (2003). Project PALS: Prostate Active Living Series. Psycho-Oncology, 12, (Supplement), S234.
24. Shields, C.A., **Culos-Reed, S.N.**, Angove, J., & Brawley, L.R. (2002). The association between dragonboat participation and psychosocial variables: A positive physical activity experience for breast cancer survivors. Journal of Sport and Exercise Psychology, 24, (Supplement), S113-S114.
25. **Culos-Reed, S. N.**, & Brawley, L. R. (2001). Framing fibromyalgia support group discussions of physical activity. Annals of Behavioural Medicine, 23, (Supplement), S053.
26. Angove, J., **Culos-Reed, S. N.**, Brawley, L. R., & Hoffman-Goetz, L. (2001). Barriers to physical activity for individuals with cancer: A methodological review. Annals of Behavioural Medicine, 23, (Supplement), S075.

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27. Angove, J., **Culos-Reed, S.N.**, Martin, K.A. (2001). Understanding exercise behavior in individuals with FM: The role of self-efficacy, social support, and self-presentation concerns. Journal of Sport & Exercise Psychology, 23, (Supplement), S18-S19
28. **Culos-Reed, S. N.**, & Brawley, L. R. (2000). Physical activity and successful daily functioning in FM. Journal of Sport and Exercise Psychology, 22, (Supplement), S31-S32.
29. **Culos-Reed, S. N.**, & Brawley, L. R. (2000). Theoretical prediction of physical activity behaviour in fibromyalgia. Annals of Behavioural Medicine, 22, (Supplement), S35.
30. **Culos-Reed, S. N.**, & Brawley, L. R. (1999). Using exercise to help cope with Fibromyalgia. Journal of Sport and Exercise Psychology, 21, (Supplement), S33.
31. **Culos-Reed, S. N.**, & Brawley. (1999, March). Predictors of better adjustment in Fibromyalgia. Society of Behavioral Medicine, Rapid Communications, 21, (Supplement), S254.
32. **Culos-Reed, S. N.**, Brawley, L. R., Martin, K. A., Leary, M. R., & Papaioannou, D. A. (1998). Physical activity to enhance appearance or health: Self-presentational issues. Journal of Sport and Exercise Psychology, 20, (Supplement), S21.
33. Gyurcsik, N. C., **Culos-Reed, S. N.**, Bray, S. R., & DuCharme, K. A. (1998). Instructor efficacy: Third-party influence of exercise adherence. Journal of Sport and Exercise Psychology, 20, (Supplement), S9.
34. Bray, S. R., **Culos-Reed, S. N.**, Gyurcsik, N. C., Widmeyer, W. N., & Brawley, L. R. (1998). Athletes' causal perspectives on game location and performance: The home advantage? Journal of Sport and Exercise Psychology, 20, (Supplement), S100.
35. **Culos, S. N.**, Brawley, L. R., Papaioannou, D. A., Martin, K. A., & Leary, M. R. (1998). Motivation for appearance or for health? Individual difference effects. Society of Behavioral Medicine, Rapid Communications, (Supplement), B62.
36. **Culos, S. N.** & Bray, S. R. (1997). Coaching behaviors and intrinsic motivation in youth skiers. Journal of Applied Sport Psychology, 9, (Supplement), S83.
37. **Culos, S. N.** & Weiss, M. R. (1997). Coaching behaviors and intrinsic motivation: A developmental test of cognitive evaluation theory. Journal of Sport and Exercise Psychology, 19, (Supplement), S45.

Patents and intellectual property rights

Yoga for Cancer Survivors; DVD Copyright 2008.

“Yoga for Cancer Survivors” is a DVD that has been created in order to encourage survivors to seek a better quality of life. The distribution of this DVD will reach much farther than our current program, offering the opportunity to study a much larger populace. The feedback we receive from these classes and DVD will be critical to our on-going research on the benefits of physical activity for cancer survivors.

Presentations

Conferences

1. Chamorro Vina C, Guilcher G, Schulte F, Thompson K, Wurz AJ, Wenarchuck T, **Culos-Reed SN**. (Nov, 2012). Knowledge Translation Plan: Pediatric oncology exercise research into community-based programs. Pediatric Oncology Group of Ontario, Multidisciplinary Symposium on Childhood Cancer. Poster Presentation.
2. Capozzi LC, Lau H, Reimer RA, McNeely M, Giese-Davis J, **Culos-Reed SN**. (September 2012). The Joe's ENHANCE team study: exercise, nutrition and education in head/neck cancer*. Southern

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- Alberta Research Institute, Trainee Research Day. Poster Presentation. *SACRI Day Presentation Award.
3. Chamorro Vina C, Guilcher G, Schulte F, Thompson K, Wurz AJ, Wenarchuck T, **Culos-Reed SN**. (Sept, 2012). Translating pediatric oncology research into community-based programs. Southern Alberta Research Institute, Trainee Research Day. Oral Presentation.
 4. Capozzi LC, Jones P, Bultz B, **Culos-Reed SN**. (April, 2012). Symposium presentation ENHANCE: Building a Clinic-Embedded Exercise and Wellness Program for Underserved Head/Neck and Neuro-Oncology Populations. Canadian Association of Psychosocial Oncology Conference. Vancouver, BC.
 5. Mackenzie MJ, Wurz AJ, **Culos-Reed, SN**. (April 2012). Preliminary analyses of an ongoing community-based yoga program for cancer survivors. Annual Canadian Association of Psychosocial Oncology Meeting, Vancouver, BC.
 6. **Culos-Reed SN**, Danhauer SC, Mackenzie MJ, Sohl S. (April 2012). Clinical significance of patient-reported outcomes: Yoga for cancer survivors. Annual Society of Behavioral Medicine Meeting. New Orleans, LA.
 7. Mackenzie MJ, Wurz AJ, Wytsma K, Krenz KA, **Culos-Reed SN**. (February 2012). Yoga for cancer survivors. 6th International Sport Sciences Symposium. Tokyo, Japan.
 8. **Culos-Reed SN**. (October, 2012). Invited speaker and symposium co-chair. Building a sustainable community-based yoga program. Montreal International Symposium on Therapeutic Yoga. Montreal, PQ.
 9. **Culos-Reed SN**. (September, 2011). Yoga for Cancer Survivors. Invited Speaker. International Association of Yoga Therapists (IAYT) Symposium on Yoga Research (SYR). Stockbridge, MA.
 10. Mackenzie MJ, Wurz AJ, **Culos-Reed SN**. (September 2011). Evaluation of pre-post class affective measures during a seven-week yoga for cancer survivors program. Department of Oncology / SACRI Trainee Research Day. Calgary, AB.
 11. Mackenzie MJ & **Culos-Reed SN**. (June 2010) Yoga practice, affect regulation, mindfulness, flow states, and intervention satisfaction in cancer survivors: A proposed study. Department of Oncology / SACRI Trainee Research Day. Calgary, AB.
 12. **Culos-Reed SN**, Mackenzie MJ, Stephenson L. (April 2010) Examining psychosocial outcomes from a yoga intervention in cancer survivors. Annual Society of Behavioral Medicine Meeting. Seattle, WA.
 13. **Culos-Reed, S.N.**, Stephenson, L., Norris, J.M., Devonish, J.A. & Ross, A. (April, 2009). Maintaining Physical Activity for Cancer Survivors: What Happens after a Home-based Program? Presented at CAPO, Vancouver, BC.
 14. **Culos-Reed, S.N.**, Stephenson, L., Norris, J.M., & Mackenzie, M. (March, 2009). Building Sustainable Community Programming for Cancer Survivors: Research Results from a Class-Based Yoga Program and Future Work with a Yoga Program DVD. Presented at SYTAR, Los Angeles, CA.
 15. **Culos-Reed, S.N.** (August 2008). Living well with Prostate Cancer: Physical Activity to Enhance Quality of Life. Invited Speaker, Canadian Prostate Cancer Network Annual Meeting, Calgary, AB.
 16. **Culos-Reed, S.N.** (August 2008). The Benefits of Physical Activity for Men with Prostate Cancer. Invited talk, presented at the Prostate Cancer National Conference, Calgary, AB.
 17. **Culos-Reed, S.N.**, Norris, J., Carlson, L.E., & Hately-Aldous, S. (June 2008). Yoga and Quality of Life in Cancer Survivors: Room for Alternative Physical Activity. Presented at the North American Society for the Psychology of Sport and Physical Activity Conference, Niagra Falls, ON.
 18. Devonish, J., **Culos-Reed, S.N.**, Keats, M., & Stephenson, L. (June 2007). Physical Activity for Cancer Survivors: Fitness and QOL results from a 16 Week Intervention. Presented at the North American Society for the Psychology of Sport and Physical Activity Conference, San Diego, CA.

19. Keats, M. & Culos-Reed, S.N. (June 2007). Health Behaviours: Addressing the Gap in Pediatric Cancer Care. Presented at the North American Society for the Psychology of Sport and Physical Activity Conference, San Diego, CA.
20. Norris, J., Culos-Reed, S.N., Carlson, L., Hatley Aldous, S. (June 2007). Utilizing the Theory of Planned Behaviour for Understanding Yoga Participation in Cancer Survivors. Presented at the North American Society for the Psychology of Sport and Physical Activity Conference, San Diego, CA.
21. Stephenson, L., Culos-Reed, S.N., Doyle-Baker, P.K., Devonish, J., & Dickinson, J.A. (June 2007). Walking for Wellness: Results from a Mall Walking Program for the Elderly. Presented at the North American Society for the Psychology of Sport and Physical Activity Conference, San Diego, CA.
22. Culos-Reed, S.N., Robinson, J.W., Lau, H., Keats, M., Kline, G., Norris, S., & Faris, P. (November, 2006). The benefits of physical activity for men with prostate cancer. Presented at the International Psycho-Oncology Society Conference, Venice, IT.
23. Culos-Reed, S.N., Doyle-Baker, P.T.K., Dickinson, J., Stephenson, L., & Norris, J. (June, 2006). Mall-walking as a physical activity option: Results of a pilot study. Presented at the North American Society for the Psychology of Sport and Physical Activity Conference, Denver, CO.
24. Keats, M.R., & Culos-Reed, S.N. (March, 2006). Determinants of physical activity in adolescent cancer survivors: An application of the theory of planned behavior. Presented at the Second International Cancer Rehabilitation Conference, Vancouver, BC.
25. Gingera, R., Wardell, R., & Culos-Reed, S.N. (2005). Designing for the prostate cancer population: an integrated exercise and social support system. Presented at the Annual Conference of the Association of Canadian Ergonomists, Halifax, NS.
26. Keats, M.R., & Culos-Reed, S.N. (2005). Physical activity counseling attitudes and behaviors of pediatric oncologists: Results of a provincial survey. Presented at the Canadian Association of Psychosocial Oncology Conference, Victoria, BC.
27. Keats, M.R., Culos-Reed, S.N., Doyle-Baker, T., & Swirsky, C. (2004). Pre-Season training for breast cancer dragon boat participants: Psychosocial correlates and quality of life. Presented at the North American Society for the Psychology of Sport and Physical Activity Conference, Vancouver, BC.
28. O'Connor, K., Culos-Reed, S.N. & Robinson, J. Project PALS: Prostate Active Living Series. Presented at the Canadian Association of Psychosocial Oncology Conference (CAPO). Banff, AB, Canada. May 2003.
29. Daroux, L. M., Culos-Reed, S.N., & Carlson, L. E. Yoga and Cancer: An Examination of the Physical and Psychological Benefits. Presented at the Canadian Association of Psychosocial Oncology Conference (CAPO). Banff, AB, Canada. May 2003.
30. Shields, C.A., Culos-Reed, S.N., Angove, J., & Brawley, L.R. (2002, April). Prediction of dragonboating intentions and behaviour for breast cancer survivors: Application of the Theory of Planned Behaviour. Presented at the Annual meeting of the Society of Behavioural Medicine, Washington, DC.
31. Shields, C.A., Culos-Reed, S.N., Angove, J., & Brawley, L.R. (2002, June). The association between dragonboat participation and psychosocial variables: A positive physical activity experience for breast cancer survivors. Presented at the North American Society for the Psychology of Sport and Physical Activity Conference, Baltimore, MD.
32. Angove, J., Culos-Reed, S.N., Martin, K.A., & Brawley, L.R. (2001). Correlates of social physique anxiety and functional self-presentation concerns for individuals with fibromyalgia. Presented at the annual meeting of the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS), Montreal, PQ.
33. Culos-Reed, S.N., Shields, C., Angove, J., & Brawley, L.R. (2001). Paddles up: Baseline measures of social cognitive variables in active breast cancer dragonboat racers. Presented at the annual

- meeting of the Canadian society for Psychomotor Learning and Sport Psychology (SCAPPS), Montreal, PQ.
34. **Culos-Reed, S.N.** (2001). Use of social cognitive theories in the study of physical activity and fibromyalgia: Self-efficacy theory and the theory of planned behaviour. Invited presentation at the Division 47 Dissertation award at the American Psychological Association Annual Convention, San Francisco, CA.
 35. Angove, J., **Culos-Reed, S.N.**, & Martin, K.A. (2001). Understanding exercise behaviour in individuals with FM: The role of self-efficacy, social support, and self-presentation concerns. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), St.Louis, MO.
 36. Shields, C., Angove, J., **Culos-Reed, S.N.**, Brawley, L.R., & Hoffman-Goetz, L. (2001). Exploring the barriers to physical activity among breast cancer survivors: A study of southern Ontario support groups. Presented at the Eastern Canadian Society for Exercise Psychology Symposium (ECSEPS), London, ON.
 37. Angove, J., **Culos-Reed, S.N.**, Brawley, L. R., & Hoffman-Goetz, L. (2001). Barriers to physical activity for individuals with cancer: A methodological review. Presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA.
 38. **Culos-Reed, S. N.** & Brawley, L. R. (2001). Framing fibromyalgia support group discussions of physical activity. Presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA.
 39. Shields, C., Angove, J., **Culos-Reed, S.N.**, Brawley, L.R., & Hoffman-Goetz, L. (2001). Barriers to physical activity among breast cancer survivors. Presented as a Rapid Communication at the annual meeting of the Society of Behavioural Medicine, Seattle, WA.
 40. **Culos-Reed, S. N.** & Angove, J. (2000, November). Understanding the barriers to physical activity for individuals with cancer. Presented at the Cancer Control Seminar, hosted by the Centre for Behavioural Research and Program Evaluation and the Health Behaviour Research Group, University of Waterloo.
 41. **Culos-Reed, S. N.**, & Angove, J. (2000, November). Physical activity and cancer in youth populations: A review and recommendations. Presented at the Physical Activity and Cancer Conference, Cooper Institute, Dallas, TX.
 42. **Culos-Reed, S. N.** (2000, October). Physical activity and fibromyalgia: An examination of psychosocial correlates of participation. Portion of the Invited Symposium on Physical Activity and Chronic Disease. Presented at the annual meeting of the Canadian society for Psychomotor Learning and Sport Psychology (SCAPPS), Waterloo, ON.
 43. Angove, J., **Culos-Reed, S. N.**, & Martin, K.A. (2000, October). Social support and physical activity in fibromyalgia. Presented at the annual meeting of the Canadian society for Psychomotor Learning and Sport Psychology (SCAPPS), Waterloo, ON.
 44. **Culos-Reed, S. N.**, & Brawley, L. R. (2000, June). Physical activity and successful daily functioning in FM. Presented at the annual meeting for the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), San Diego, CA.
 45. **Culos-Reed, S. N.**, & Brawley, L. R. (2000, April). Theoretical prediction of physical activity adherence in Fibromyalgia. Presented at the annual meeting of the Society of Behavioral Medicine, Nashville, TN.
 46. **Culos-Reed, S. N.**, & Gyurcsik, N. C. (1999, September). A review of physical activity interventions in chronic disease populations: Osteoarthritis and Fibromyalgia. Presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology (AAASP), Banff, AB.
 47. **Culos-Reed, S. N.**, Brawley, L. R., Martin, K. A., Leary, M. R., & Papaioannou, D. A. (1999, October). Self-presentation, exercise and psychological well-being. Portion of the Symposium For

- better of for worse: The influence of self-presentation on health-risk and health-promoting behaviors. Presented at the annual meeting of the Canadian society for Psychomotor Learning and Sport Psychology (SCAPPS), Edmonton, AB.
48. **Culos-Reed, S. N.**, & Brawley, L. R. (1999, June). Using exercise to help cope with Fibromyalgia. Presented at the annual meeting for the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Clearwater Beach, Florida.
49. **Culos-Reed, S. N.**, & Brawley, L. R. (1999, May). Predicting physical activity and functional status in Fibromyalgia. Presented at the meeting of the Arthritis Health Professionals Association, Toronto, Ontario.
50. Brawley, L. R., **Culos-Reed, S. N.**, & Gyurcsik, N. C. (1999, May). Physical activity and health related quality of life for seniors. Presented at the meeting of the Active Living Coalition for Older Adults (ALCOA) National Forum on Older Adults Active Living, London, Ontario.
51. **Culos-Reed, S. N.**, & Brawley. (1999, March). Predictors of better adjustment in Fibromyalgia. Presented at the annual meeting of the Society of Behavioral Medicine, San Diego, California.
52. **Culos-Reed, S. N.**, Bray, S. R., Gyurcsik, N. C., & Brawley, L. R. (1998, October). The theory of planned behavior: Examining aspects of perceived behavioral control. Presented at the annual meeting of the Canadian society for Psychomotor Learning and Sport Psychology (SCAPPS), Fredericton, New Brunswick.
53. Brawley, L. R., Gyurcsik, N. C., DuCharme, K. A., **Culos-Reed, S. N.**, & Bray, S. R. (1998, October). Perceived control: A bridging construct central to theories and interventions of motivated behavior. Symposium conducted at the annual meeting of the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS), Fredericton, New Brunswick.
54. Gyurcsik, N. C., DuCharme, K. A., **Culos-Reed, S. N.**, Bray, S. R., & Brawley, L. R. (1998, October). Perceived control in goal and self-efficacy theories. Presented at the annual meeting of the Canadian society for Psychomotor Learning and Sport Psychology (SCAPPS), Fredericton, New Brunswick.
55. Bray, S. R., Gyurcsik, N. C., **Culos-Reed, S. N.**, & Brawley, L. R. (1998, October). Perceived control in the group environment. Presented at the annual meeting of the Canadian society for Psychomotor Learning and Sport Psychology (SCAPPS), Fredericton, New Brunswick.
56. **Culos, S. N.**, Brawley, L. R., Martin, K. A., Leary, M. R., & Papaioannou, D. A. (1998, June). Physical activity to enhance appearance or health: Self-presentational issues. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), St. Charles, Illinois.
57. Gyurcsik, N. C., **Culos, S. N.**, Bray, S. R., & DuCharme, K. A. (1998, June). Instructor efficacy: Third-party influence of exercise adherence. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), St. Charles, Illinois.
58. Bray, S. R., **Culos, S. N.**, Gyurcsik, N. C., Widmeyer, W. N., & Brawley, L. R. (1998, June). Athletes' causal perspectives on game location and performance: The home advantage? Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), St. Charles, Illinois.
59. Brawley, L. R., & **Culos, S. N.** (1998, May). Frameworks, models, and theories used in studying adherence behavior: An overview. Presented at the Invited conference on Adherence to Behavioral and Pharmacological Interventions in Clinical Research on Older Adults, Winston-Salem, North Carolina.
60. **Culos, S. N.**, Brawley, L. R., Papaioannou, D. A., Martin, K. A., & Leary, M. R. (1998, March). Motivation for appearance or for health? Individual difference effects. Presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, Louisiana.

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61. **Culos, S. N., & Bray, S. R.** (1997, September). Coaching behaviors and intrinsic motivation in youth skiers. Presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology (AAASP), San Diego, California.
62. **Culos, S. N., & Weiss, M. R.** (1997, May). Coaching behaviors and intrinsic motivation: A developmental test of cognitive evaluation theory. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Denver, Colorado.

Presentations: International Academic

1. Sport University of Germany, Cologne Germany. “Patient-reported outcomes in cancer and exercise research”. Invited speaker, May, 2012
2. **Culos-Reed, S.N.**, Edith Cowan University, Perth, Western Australia, Health and Wellness Group – Physical Activity and Cancer: Yoga, Fitness and the Role of Psychosocial Factors in Behaviour Change. Invited Speaker, March 23, 2011.
3. **Culos-Reed, S.N.**, University of Western Australia, Perth, Western Australia. School of Sport Sciences, Physical Activity and Cancer: Yoga, Fitness and the Role of Psychosocial Factors in Behaviour Change. Invited Speaker, March 15, 2011.

Workshops Intended for a Non-Academic Audience: Medical Professionals

1. **Culos-Reed, S.N.** Building Evidence Based Physical Activity Programming for Cancer Patients: Applying Head/Neck and Neuro-Oncology Programming to all Clinics. Oncology Grand Rounds, Tom Baker Cancer Centre. Capozzi LC, Lau H, **Culos-Reed SN**. April 4, 2012.
2. **Culos-Reed, S.N.** Western Australia Cancer Council – Yoga and Physical Activity. Invited Speaker, March 23, 2011.
3. **Culos-Reed, S.N.**, Breast Cancer Tumour Group Journal Club, Tom Baker Cancer Centre – What’s Activity Got to Do With It? The Role of Exercise in Breast Cancer Survivorship. Invited Speaker, January 5, 2011
4. **Culos-Reed, S.N.**, Oncology Nurse Practitioners of Alberta – Provincial Retreat – What’s Activity Got to Do With It? Cancer Survivorship and Quality of Life. (May 15, 2010)
5. **Culos-Reed, S.N.**, LUPE Lecture – Everything I Need to Know About Physical Activity, I’ve Learned From Cancer Survivors. Invited Speaker, May 5, 2010, Calgary, Alberta.
6. **Culos-Reed, S.N.**, Oncology Nursing Interest Group of Alberta (ONIGA) – Physical Activity for Cancer Survivors: From Research to Practice. (January 28, 2010)
7. **Culos-Reed, S.N.**, Women Work Wonders Event – Building a Sustainable Community Program for Cancer Survivors. (October 7, 2009)
8. **Culos-Reed, S.N.**, Medical Affairs in Community Oncology (MACO), Telehealth Event – Yoga Thrive. (October 5, 2009)
9. **Culos-Reed, S.N.**, GU Oncology Tumor Group Rounds. Princess Margaret Hospital, Toronto ON. The Role of Physical Activity for Prostate Cancer Survivors. (November 6, 2009)
10. **Culos-Reed, S.N.** (June 2008). Well-being during the Cancer Journey: Nutrition and Physical Activity. Invited Speaker, Cancer Care and Family Practice: A Provincial Oncology Education Event for Family Physicians and Oncologists, Edmonton, AB.

Workshops Intended for a Non-Academic Audience: Public Presentations

1. **Culos-Reed, S.N.** Monthly presentations at the Tom Baker Cancer Centre and the Prostate Cancer Centre, Calgary AB.
2. **Culos-Reed, S.N.** Faculty of Kinesiology, Research in Motion. The Role of Undergraduates in Research. September, 2012.
3. **Culos-Reed, S.N.** Living with Cancer: The Role of Exercise, Tom Baker Cancer Center. Invited

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- Speaker, September 2012.
4. **Culos-Reed, S.N.** Cancer Survivor Day, Tom Baker Cancer Center. Invited Speaker, April 2012.
 5. **Culos-Reed, S.N.** Exercise for Breast Cancer Survivors. Rethink Breast Cancer Group. Culos-Reed SN & Capozzi LC. February 26, 2012.
 6. **Culos-Reed, S.N.**, Physical Activity and Cancer Awareness Day. Organizer and Presenter, January, 2012. Tom Baker Cancer Centre.
 7. **Capozzi LC & Culos-Reed SN.** January 17, 2012. Building Clinic Sustainability – Applying Head/Neck and Neuro-Oncology Programming to all Clinics. Physical Activity and Cancer Day, Tom Baker Cancer Centre.
 8. **Culos-Reed, S.N.** Cancer Chic – Physical Activity for Cancer Survivors. Invited Speaker, December 12, 2011.
 9. **Culos-Reed, SN, Capozzi, LC, Boldt, KR.** Thrive: Exercise for Cancer Survivors. Faculty of Kinesiology Colloquium, University of Calgary. November 8, 2011.
 10. **Culos-Reed, S.N.** Positively Pink – A Healthy You into Breast Cancer Survivorship: What Role Should Physical Activity Play? Invited Speaker (co-speaker, Dr. Jeff Vallance), October 20, 2011.
 11. **Culos-Reed, S.N.** Wellspring Speaker Series – What’s Activity Got to Do With It? The Role of Exercise in Breast Cancer Survivorship. Invited Speaker, January 19, 2011.
 12. **Culos-Reed, S.N.** ReThink Breast Cancer Support Group – Physical Activity for Breast Cancer – Moving Into Survivorship. (May 30, 2010)
 13. **Culos-Reed, S.N.** Roger Jackson Centre Faculty Meeting – Physical Activity for Cancer Survivors: From Research to Practice. April 5, 2010, University of Calgary, Calgary Alberta.
 14. **Culos-Reed, S.N.** Physical Activity for Cancer Survivors – Educational Day, Calgary AB. Organizer and host, Culos-Reed Health and Wellness Lab (January 22, 2010)
 15. Vallance, J. & **Culos-Reed, S.N.** (October, 2008). Exercise and Breast Cancer Prevention: The Evidence, the Resources and the Tips. Invited Speaker, Positively Pink, Calgary, AB.
 16. **Culos-Reed, S.N.** Breathing Life into Lung Cancer: Lung Cancer Awareness Day presentation – “Exercising for Your Life” (November 26, 2006)
 17. **Culos-Reed, S.N.** Kerby Centre Presentation - University of Calgary Education Outreach Program – “The Benefits of Physical Activity for Cancer in the Elderly” (with Julia Devonish, PhD Student, and Jennifer Schack, MSc Student) (November 16, 2006)
 18. **Culos-Reed, S.N.** ProstAid Presentation – “The Benefits of Physical Activity for Prostate Cancer Survivors” (November 14, 2006)
 19. **Culos-Reed, S.N.** Optimist Club of Calgary – “Physical Activity for Cancer: Child and Adolescent Research” (June 19, 2006)
 20. **Culos-Reed, S.N.** Canadian Cancer Society – Calgary Chapter, Breast Cancer Support Group. “Benefits of Physical Activity for Breast Cancer Survivors” (March 22, 2005).

Grants - Received

1. **Culos-Reed SN, Chamorro-Vina C.** (April 2013). POEM (Pediatric Oncology Exercise Manual). An exercise guideline for health care professionals, fitness instructors, educators and families. CIHR Knowledge Translation. (\$25,000)
2. **Culos-Reed SN, Smith D, Taylor A.** (May 2012). Exercise and wellness program for women living with breast cancer. Wings of Hope Network (\$50,000).
3. **Culos-Reed SN, Lau H, Reimer R & Capozzi L** (May 2012). Physical activity and nutrition in head/neck oncology: Building a Clinic-Supported Program. ACF Donor-directed funds research grant. (2 years) (\$50,000).

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4. **Culos-Reed SN**, Chamorro-Vina C, Wurz A. (April 2012). A community-based physical activity program for pediatric cancer survivors. Alberta Health Services Community Cancer Support Network. Interface Grant (\$10,000).
5. **Culos-Reed, S.N.**, Chamorro-Vina, C., Guilcher, G., Khan, F. & Mazil, K. (March, 2012). Effect of a physical exercise program on the immune system recovery and quality of life in pediatric patients undergoing autologous stem cell transplantation. Alberta Children's Hospital Foundation (\$62,827)
6. **Culos-Reed, S.N.**, Chamorro-Vina, C., Guilcher, G., Khan, F. & Mazil, K. (March, 2012). Effect of a physical exercise program on the immune system recovery and quality of life in pediatric patients undergoing autologous stem cell transplantation. Alberta Children's Hospital Research Institute (\$2,996)
7. **Culos-Reed, S.N.** (May 2011) Exercise and wellness program for women living with breast cancer. Wings of Hope Network (\$25,000).
8. Alibhai, S et al (April 2011-2013). Exercise during intensive chemotherapy to improve health and treatment tolerability in patients with acute myeloid leukaemia: a phase II randomized trial. Ontario Ministry Academic Innovation Fund (MOHLTC), (\$179,903).
9. **Culos-Reed, S.N.** & Easaw, J.(April 2011). Physical activity and yoga for clinically under-served populations: Head/Neck and Neuro-Oncology. University of Calgary Research Grants Committee - Starter Grant (\$15,000).
10. **Culos-Reed, S.N.** (Feb 2011) The Thrive Centre Exercise and Wellness Program for Patients with Neuro and Head/Neck Cancers. Alberta Health Services Community Cancer Support Network. (\$10,000).
5. Chamorro-Vina, C. & **Culos-Reed, S.N.** (July, 2010). An exercise program in pediatric oncology. CIHR Training program, Fellowship support.
6. Courneya, K.S., Bell, G., **Culos-Reed, S.N.**, Friedenreich, C., McNeely, M., Yasui, Y. & Vallance, J. (July, 2010). Cohort study of physical activity and health-related fitness in breast cancer survivors: The moving beyond breast cancer study. CIHR Team Grant (\$2,500,000).
7. Danhauer, S.C., Tooze, J.A., Lesser, G., Shaw, E., & **Culos-Reed, S.N.** (June, 2010). Yoga and Brain Cancer: A Feasibility Study. Comprehensive Cancer Centre of Wake Forest University/Centre for Integrative Medicine Pilot Project (\$20,000).
8. Easaw, J., **Culos-Reed, S.N.** (co-PI), & Stephenson, L. (May, 2009). Project BE well: Brain cancer and exercise – A feasibility study. Tom Baker Cancer Centre, in-house study (\$15,000).
9. Courneya, K.S., Friedenreich, C., **Culos-Reed, S.N.**, Vallance, J., McNeely, M. (May, 2009). Cohort study of physical activity and health-related fitness in breast cancer survivors: The moving beyond breast cancer study. Canadian Institute of Health Research, Team Grant in Physical Activity and Breast Cancer Survivorship, LOI (\$10,000, 1 year funding for full grant application).
10. **Culos-Reed, S.N.** (May, 2009). Building sustainable community programming for cancer survivors. A yoga program. Telus, (\$20,000).
11. **Culos-Reed, S.N.** (July, 2009). Developing a rural Alberta Yoga program. Alberta Health Services Community and Rehabilitation Oncology Services (\$11,000/ 1 year).
12. Vallance, J.K., Trudeau, M.G., & **Culos-Reed, S.N.** (March, 2009). Understanding physical activity behavior, determinants, and preferences in rural breast cancer survivors in Southern Alberta. Funded by the Cancer Corridor, Alberta Health Services (\$7,500 / 1 year).
13. Vallance, J.K., Trudeau, M., **Culos-Reed, S.N.**, Friedenreich, C.M., & Courneya, K.S. (June, 2009). Facilitating physical activity behavior and health outcomes in breast cancer patients receiving chemotherapy: A practical behavioral trial. Canadian Institutes of Health Research Operating Grant Competition (\$187,963 / 3 years).
14. **Culos-Reed, S.N.** (August, 2008). Conference, Symposium or Local Workshop Application, AHFMR. Funding for 40th Annual Meeting of the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS). Canmore, AB, Nov 1-3, 2008 (\$7,500).

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15. Alibhai, S. (PI) & **Culos-Reed, S.N.** (May 2008) *A Pilot Study of Home-based Exercise Intervention for Patients with AML*. Leukemia and Lymphoma Society, 2 years (\$120,000).
16. **Culos-Reed, S.N.** (PI) & Smith, D.J. (2007). *Climb Back from Cancer*. The Canadian Imperial Bank of Commerce – Calgary Health Trust, 10 years (\$500,000).
17. **Culos-Reed, S.N.** (PI) (2007). Mall Walking Project. Funded by the Primary Care Network, 1 year (\$12,000).
18. **Culos-Reed, S.N.** (PI) (2007). *Expansion of the yoga program*. Private Donor, Mr. Bill Andrew, 2 years (\$70,000).
19. **Culos-Reed, S.N.** (PI) (2007). *Yoga for Cancer Survivors: Examining the Benefits of Home-based Yoga*. The Calgary Foundation, 1 year (\$20,000).
20. Courneya, K., Freidenreich, C., Mackey, D., Blanchard, C., Rhodes, R., & **Culos-Reed, S.N.** (Co-PI's) (2007). *Exercise Barriers in Cancer Survivors*. CIHR – Seed Grant, 1 year (\$52,591).
21. **Culos-Reed, S.N.** (PI) (2006). *Mallwalking as Physical Activity*. The University of Calgary Research Grant – Short-term Project, 1 year (\$8,000).
22. **Culos-Reed, S.N.** (PI) (2006). *Mallwalking Project*. Funded by the Calgary Health Region, 1 year (\$7,000).
23. Courneya, K.S. (PI), Friedenreich, C.M., Segal, R., McKenzie, D.C., (Co-PIs), Mackey, J.R., Blanchard, C.M., & **Culos-Reed, S.N.** (2005). *Physical exercise across the cancer experience*. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant (Sociobehavioral Cancer Research Network) - Research Team Grant, 2 years (\$176,000).
24. **Culos-Reed, S.N. (PI)**, Robinson, J., Lau, H., Kline, G., Norris, S., & Faris, P. (2004*). *Project PALS (Prostate Active Living Series): A physical activity program for the treatment of androgen deprivation syndrome in men with prostate cancer*. Funded by the Alberta Heritage Foundation for Medical Research: Health Research Fund, 2 years (\$100,000). *project funding extended for 1 year due to maternity leave.
25. **Culos-Reed, S.N. (PI)** (2004*). *Mallwalking Project*. Funded by the Calgary Health Region, 1 year (\$5,000) *project funding extended for 2 years due to maternity leaves.
26. **Culos-Reed, S.N. (PI)** (2003*). *Physical activity for cancer survivors*. Funded by the Alberta Heritage Foundation for Medical Research: Population Health Investigator Award, 3 years (\$112,500) *project funding extended for 2 years due to maternity leaves.
27. **Culos-Reed, S.N. (PI)** & Carlson, L. (2002). *Examination of a yoga program for cancer survivors*. Funded by the University of Calgary, Collaborative Grant, 1 year (\$10,000).
28. Robinson, J., **Culos-Reed, S.N. (Co-PI)**, & Lau, H. (2002). *Project PALS (Prostate Active Living Series)*. Funded by the Calgary Health Region, Pilot Funding, 1 year (\$24, 926.70).
29. **Culos-Reed, S.N. (PI)**, Reimer, R.A., Paskevich, D., & Doyle-Baker, P.K. (2001). *Evaluation of physical activity programs for health risk populations: A pilot project*. Funded by the University of Calgary, Starter Grant, 1 year (\$10,000).
30. **Culos-Reed, S.N.** (2001). University of Calgary Research Excellence Envelope, 2 years (\$14,903).
31. **Culos-Reed, S.N.** (2001). University of Calgary, Travel Grant. Funded to attend the APA Annual Convention, San Diego, CA. (\$1,320).
32. **Culos-Reed, S.N.** (2001). University of Calgary, New Appointment Funds. (\$15,000).
33. **Culos-Reed, S.N.** (2001). University of Calgary, SSHRC Development Grant (\$1,000).
34. Brawley, L.R., **Culos-Reed, S.N.**, & Hoffman-Goetz, L. (2000). *Examining barriers to physical activity in breast cancer*. Funded by a University of Waterloo Interdisciplinary Grant, 2 years (\$15,000).

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Grants – Applied for

1. **Culos-Reed SN**, Smith D, Taylor A. Exercise and wellness program for women living with breast cancer. Wings of Hope Network (\$50,000). Submitted February 2013
2. **Culos-Reed SN**. Building physical activity into cancer care. Alberta Cancer Foundation - Enhanced Care grant. \$1,009,445.19. January 2013 - 2015.
3. Alibhai SMH (PI), **Culos-Reed SN**, Krahn M, Matthew A, Ritvo P, Santa Mina D, Segal R, Tomlinson G, Warde P, Lukka H. A phase III RCT and economic analysis of three exercise delivery methods in men with prostate cancer on ADT. US Department of Defense CDMRP, Submitted August 2012, \$1,609,364
4. Alibhai SMH (PI), **Culos-Reed SN**, Krahn M, Matthew A, Ritvo P, Santa Mina D, Segal R, Tomlinson G, Warde P, Lukka H. A phase III RCT and economic analysis of three exercise delivery methods in men with prostate cancer on ADT. CCSRI, Submitted August 2012, \$1,250,000
5. McMaster F, MacQueen G, **Culos-Reed SN**, Protzner A, Hill M, Iaria G, Fife M. Aerobic Exercise for Adolescent Depression. Canadian Institutes of Health Research. Submitted August 2012. \$337,137.
6. McMaster F, MacQueen G, **Culos-Reed SN**, Protzner A, Hill M, Iaria G, Fife M & Jaworska N & Lebel C. Project AhEAD: Plasticity and Aerobic Exercise for Adolescent Depression. Canadian Institutes of Health Research. Submitted August 2012. \$337,137.
7. Chamorro C, Culos-Reed SN, Strother D, Khan F, Guilcher G. Postdoctoral fellowship. Alberta Innovate - Health Solution. December 2012, \$50,000/year during 3 years.
8. Chamorro C, Culos-Reed SN. CIHR postdoctoral fellowship. April 2013, \$40,000 year/2 years
9. Chamorro C, Culos-Reed SN. Banting postdoctoral fellowship. April 2013, \$70,000 year/3 years
10. Culos-Reed SN, Chamorro C, Keats M, Guilcher G. POEM (Pediatric Oncology Exercise Manual). An exercise guideline for health care professionals, fitness instructors, educators and families. CIHR dissemination grant. February 2013. \$25,000 (1 year).
11. Culos-Reed SN, Chamorro C, Guilcher G, Khan F. SCORE study. Kids Cancer Care Foundation (KCCF) Research Grant Funding. November 2013. \$20,840.58 (1 year).
12. Culos-Reed SN, Chamorro C. The Benefits of Exercise in the Recovery of Children Undergoing Cancer Treatment Symposium. Alberta Children's Hospital Research Institute (ACHRI) Theme-Sponsored. January 2013. \$3760.07.

Grants – Applied for in 2012 (unsuccessful)

1. **Culos-Reed SN**, Mackenzie MJ, Carlson LE, Ekkekakis P, Johnston JA, Paskevich DM. The experience of Yoga: A mixed methods neurophenomenological approach. SSHRC Insight Development Grant. \$47,891. 2012-14 (Submitted February 2012).

Teaching – 2005 to present

KNES 397 – Health and Exercise Psychology

Winter 2013. Sole Instructor

KNES 397 – Health and Exercise Psychology

Winter 2012. Sole Instructor

July 2010 – 2011: Sabbatical Fellowship Leave, no teaching duties.

KNES 397 – Health and Exercise Psychology

S. Nicole Culos-Reed

Winter, 2010 (60 students). Sole Instructor
KNES 213 – Exercise Physiology.
Fall, 2009 (40 students). Guest Lecturer for Brian MacIntosh
KNES 615 – MKIN program
Fall, 2009 (7 students). Guest Lecturer (2)
KNES 695 – Physical Activity for Cancer Survivors: Directed Readings
Fall, 2009 (1 student). Sole Instructor.
KNES 697 – Health and Exercise Psychology – Graduate Course
Winter, 2009 (2 students). Sole Instructor
KNES397 – Health and Exercise Psychology
Winter, 2009 (60 students). Sole Instructor
KNES 397 – Health and Exercise Psychology
Winter, 2008 (50 students). Sole Instructor
KNES 697 – Health and Exercise Psychology
Graduate Course – Winter, 2008 (2 students). Sole Instructor
KNES 397 – Health and Exercise Psychology
Winter, 2006 (60 students). Sole Instructor
KNES 695.15 – Social Psychology of Physical Activity
Graduate Readings Course – Winter, 2006 (3 students). Sole Instructor
KNES 253 – Introduction to Mind Sciences: Health and Exercise Psychology (approx 200 students)
Mentor to graduate student teaching the course, Winter, 2006
KNES 479 – Exercise Testing and Prescription
Lecturer: Applying theoretical models to the counselling process – Winter, 2006
MDSC 635 – Psycho Oncology
Lecturer: Physical activity for cancer survivors – November , 2005, 2006 (approx 10 students)

Instructional Skills Workshop – completed May 2006 certification program.
Blackboard Skills Workshop – completed March 2005.

Teaching – 2001 – 2005

KNES 397 – Winter 2001, 2002, 2004 (2003, 2005 – on parental leave)
Sole Instructor (approx 60 students/year); Mentor to graduate student covering course during maternity leaves.
KNES 253 – Winter 2001, 2002 (2003 – on parental leave; 2004 – present – relief of teaching duties with AHFMR PHI)
Mentor to graduate student covering course during maternity leave and for AHFMR teaching relief duration.
KNES 695.14 – Exercise Counseling and Oncology. Graduate Directed Studies
Winter, 2004 (1 student). Sole Instructor
KNES 695.13 – Physical Activity and Juvenile Arthritis. Graduate Readings Course
Winter, 2004 (1 student). Sole Instructor
KNES 695.12 – Health and Exercise in Pediatric Oncology. Graduate Readings Course
Fall, 2003 (1 student). Sole Instructor
MDSC 635 – Psycho-Oncology
Lecturer: Physical Activity for Cancer Survivors – November 2001, 2002, 2003, 2004
(approximately 10 students)

S. Nicole Culos-Reed

University of Waterloo Teaching Certificate program (2000).

University of Calgary Library's Information Technology Days (2001).

Technology in Teaching – completed 1 day workshop (Faculty of Kinesiology, May 2004).

Graduate Students – Current

Supervisor:

Colleen Cuthbert, PhD Student (January 2013)

Katie Krenz, MSc Student (September 2012)

Amanda Wurz, MSc Student (September 2011)

Lauren Capozzi, PhD Student (January 2011)

Carolina Chamorro-Vina, Postdoctoral student. (November 2010)

Maureen Kennedy, MD, PhD Student (January 2006 – current) *Became supervisor after completion of 2+ years in program.

Funding: AB provincial CIHR Bone and Joint Training Program, AB Graduate Fellowship, Canadian Orthopedic Research Foundation, Calgary Surgical Research Foundation.

Topic: The Relationship between Physical Activity and QoL in Hip and Knee Replacement Patients.

* Transferred to PhD program in Medicine, Fall 2010

Supervisory Committee:

Jessica Vredenburg (Dave Paskevich; MSc, Kinesiology, September 2005 – current)

Christianne Job (Doug Brown, PhD student – current)

Graduate Students - Past

Supervisor

Michael MacKenzie, PhD Student (September 2009-November 2012)

Julia Devonish, PhD Student (September 2005 – December 2010)

Funding: AHFMR

Topic: Physical Activity for Lung Cancer Survivors.

Marni Armstrong, MSc Student (co-supervisor, Dr. Ron Sigal) (September 2008-September 2010)*

Ashley Ross, MSc Student (September 2008 – June 2010). Yoga for Prostate Cancer Survivors.

Funding: CIHR

Jennifer Schack, MSc Student (September 2006 – June 2009). Exploring Physical Activity Levels, Preferences and Barriers in Southern Alberta Aboriginal Cancer Populations.

Funding: UC Open Scholarship

Jill Norris, MSc Student (September 2005 – June 2008). The Role of Parents in the Promotion of Physical Activity for Pediatric Oncology Survivors.

Funding: BP Canada Aboriginal Youth Achievers Scholarship, National Aboriginal Achievement Foundation, Aboriginal Health Careers Bursary

Lynette Stephenson, MSc Student (September 2006 – January 2008). Physical Activity and Diet Behaviours in Colorectal Cancer Survivors: Relationship with Quality of Life.

Funding: CIHR Masters Fellowship.

Melanie Keats, PhD Student (September 2003 – November 2006). Physical Activity for Adolescent Cancer Survivors: Project TREK.

S. Nicole Culos-Reed

Funding: SSHRC Canada Graduate Doctoral Fellowship, AHFMR Doctoral Fellowship, Honorary Killam Award, UC Grants

Kerry Coupland, MSc (September 2003 – June 2005). Psychosocial Benefits of Physical Activity for Children with Juvenile Arthritis.

Funding: SSHRC.

Lisa Daroux, MSc (September 2002 – April 2005). The Impact of Perceived Control on the Psychosocial and Physical Outcomes of Physical Activity in Cancer Survivors.

Funding: University of Calgary

Kathleen O'Connor, MSc (September 2001 – 2003). Exercise for Prostate Cancer Patients: Impact on QoL, Fatigue, and Health Care Utilization.

Funding: University of Calgary

Supervisory Committee

Harman Bedi (MSc, Kinesiology, 2011)

Heather Ray (PhD, Community Health Sciences, 2011)

Kim Wagner Jones (MSc, Kinesiology, 2009)

Tyler Cameron (MSc, Kinesiology, 2009)

Diane Clarke (MSc, Kinesiology, 2008)

Andrew Ling (MSc, Kinesiology, 2008)

Matthew Skinn (MSc, Kinesiology, 2009)

Stewart Therrien (MSc, Kinesiology, 2009)

Randy Gingera (MDP, Environmental Design, 2004). Designing for the Prostate Cancer Population.

Jaana Kappanen (MSc, Kinesiology, 2004). A Multi-level Analysis of the Relationship Between Self-Efficacy, Collective Efficacy, and Cohesion in Basketball Teams.

Christine Pitakanen (MSc, Kinesiology, 2003). Sport Psychology.

Ella Solin (MSc, Kinesiology, 2003). Returning to Wholeness: Yoga and Personal Well-Being.

Jill Milne (PhD, Nursing, 2003). Strategies and Decision Making in Self-Care for Urinary Incontinence.

Lianne Barnieh (MSc, Community Health Sciences, 2003). The Effect of Physical Activity on Quality of Life in Breast Cancer Survivors. *Dropped out of program in 2004.

External Examiner

Valerie Hadd – External (PhD, Faculty of Human Kinetics, UBC, 2010).

Nancy Stocker – External (MSc, Community Health Sciences, 2009).

Kathleen Wilson – External (PhD, College of Kinesiology, University of Saskatchewan, 2008).

Brenda Key – External (MSc, Clinical Psychology, 2006).

Angela Busch – Comprehensive Exam Committee Member (PhD, Community Health Sciences, 2003).

Amy Latimer – External (MSc, Kinesiology, McMaster University, 2001).

Other Supervision

Michael Dew – CEP, Thrive Program, January 2013 - current

Tracy Job – Research Administrative Assistant, January 2013 - current

Meika Stewart – Research Administrative Assistant, January 2013 - current

Tracy Job – Undergraduate Practicum Student, 2012

Meika Stewart – Undergraduate Practicum Student, 2012

Jessica Danyluk – CEP, Beauty Program Coordinator, January 2012 - current

Kathryn Wytsma – CEP, January 2012 - current

Greg Rafter – Honours Undergraduate Student, 2011-12

S. Nicole Culos-Reed

Mohammad Rashead – Honours Undergraduate Student, 2011-12
Katie Krenz – Volunteer, Health and Wellness Lab – August 2011 – current
Ida Djupedal – Undergraduate visiting student from Sweden, August 2011 – December 2011
Kevin Boldt – Pure Summer student, May – August, 2011; USRP Student, Fall/Winter, 2011/12
Tanya Willimason – CEP, Thrive Program, September 2010 - current
Erica Enevold – CEP, Thrive Centre May 2010 – Dec 2010
Jordan Thornley – Mkin Practicum Student July 2010 – September 2010
John Sasso – Mkin Practicum Student May 2010 – November 2010
BreAnne Henry – Practicum Student May 2010 – June 2010
Ashley Humeniuk – RA (Brain study) January 2010 - September 2010
Sarah Mah – Practicum Student, BHS September 2009 – April 2010
Ashley Humeniuk – Practicum Student September 2009 – December 2009
Tanya Williamson – Research Assistant September 2008 – September 2009
Abram Gusath – MDSC Bachelor of Health Science, Honours Project (September 2008 – April 2009)
Ashley Janzen – USRP (May – August, 2008)
Chantelle Elson – USRP (May – August, 2008)
HYRS – AHFMR Summer Student – Mickaela (July – August, 2008)
Jamie Benham – Research Assistant (January 2008 – current)
Jane Stewart – Research Assistant (August 2007-March 2008)
Lori Tillotson – Research Nurse (April 2003 – August 2007)
Nicole Desjardins – Research Assistant (January 2005 – August 2007)
Lisa Benz – Kinesiology Honours Student (September 2006 – May 2007)
Ashley Jensen – Kinesiology Practicum (September 2006 – April 2007)
Jennifer Humphreys – Kinesiology Practicum (September 2006 – April 2007); Directed Studies Course
(Spring, 2006); Undergraduate volunteer (September 2006 – April 2007)
Erin Stockwell – Undergraduate Volunteer (September 2006 – December 2006)
Sarah Mah – AHFMR HYRS Student (July – August, 2006)
Robert Roth – USRP (May – August, 2006)
Rhonda Christensen – Research Assistant (September 2005 – March 2006)
Britany Bingham – Undergraduate Research Assistant, 2004-05
Sophia Pin – Undergraduate Research Assistant, 2003-05
Lauren Esau – Undergraduate Research Assistant, 2003-05
Melanie Keats – Mentor, Teaching of KNES253, 2005
Mentor, Development of KNES253, 397 and 697, 2006 (For Winter 2007)
Lisa Daroux – Mentor, Teaching of KNES397, 2005
Kathleen O'Connor – Mentor, Teaching of KNES253, 2003
Ella Solin – Mentor, Teaching of KNES397, 2003
Terry Hansen – Mentor, Teaching of KNES397, 2001

University Service – Current

Faculty of Kinesiology

Graduate Education Committee – Faculty of Kinesiology
January 2009 - present

University of Calgary

Search Committee, Hopewell Chair in Clinical Neuroscience – July 2009 –
Bioethics Committee, 2011 –

S. Nicole Culos-Reed

Child Youth and Mental Health Committee – 2011 –

Alberta

Alberta Centre for Active Living, Research Advisory Committee – 2011 –

National

Prostate Cancer Canada – Health Education Research Committee – 2012 (November) - 2014

University Service – Previous

USRP Review Committee – September 2009 – 2010

Faculty Promotions Committee – July 2009 – 2010

Ad Hoc Review Committee for Non-Academic Misconduct

July 2007 – June 2009

Academic Appeals Committee - University of Calgary

July 2007 – June 2009

Curriculum Policy Committee – Faculty of Kinesiology

July 2005 – June 2007

Faculty Council – Faculty of Kinesiology

January 2001 – Present

Scholarship Review Committee – Faculty of Kinesiology

January 2006 – January 2007

Ad Hoc Review Committee for Non-Academic Misconduct

July 2005 – June 2007

Academic Appeals Committee - University of Calgary

July 2005 – June 2007

Faculty Council Representative for the Faculty of Nursing

July 2006 – July 2008

Chair, Health and Wellness Working Group – Faculty of Kinesiology

January 2006 – June 2006

Faculty Council Representative for the Faculty of Social Sciences

July 2001 – July 2003

President's Advisory Search Committee for the Director of the Markin Institute for Research in
Population Health Interventions

March 2005 – October 2005

Professional Service

Grant Reviews

Social Sciences and Humanities Research Council – Standard Research Grant

National Cancer Institute of Canada – Standard Research Grant

Heart and Stroke Foundation – Standard Research Grant

Canadian Institutes of Health Research – Team Project Grant

Swiss National Science Foundation

Book Reviews

The Psychology of Exercise: Integrating Theory and Practice. Lox, Martin and Petruzello. Holcomb Hathaway Publishers. Eds. 1 (2001) and 2 (2005).

Manuscript Reviews

Psycho Oncology
Journal of Health Psychology
Journal of Aging and Physical Activity
Journal of Physical Activity and Health
Journal of Sport and Exercise Psychology
Annals of Behavioural Medicine
Arthritis Care and Research
Journal of Applied Social Psychology
Oncology Exchange
Journal of Rehabilitation and Research Development
Journal of Orthopaedic and Sports Physical Therapy
Supportive Care in Cancer
Complementary and Alternative Medicine

Conference Service

Reviews

SCAPPS (2005-current)
Society of Behavioral Medicine – Cancer Special Interest Group. Reviewer of abstracts for annual conference (2004 – present).
North American Society for the Psychology of Sport and Physical Activity. Reviewer of abstracts for annual conference (2002 – present).

Membership Work - Current

Cancer Chic (Fall 2011 – ongoing). Board Member

Membership Work - Previous

Campaign to Control Cancer (C2CC; August, 2006) – Committee member. Responsible for development of Alberta Inventory (ongoing project work).
Alberta Healthy Living Network (AHLN) – Committee member, “Best Practices Working Group”.
Obesity Research Group – Addressing the childhood and adolescent overweight and obesity issue. Grant application to the Max Bell Foundation in November, 2006.

Media Interviews

Metro Calgary - Cancer patients thrive at special new gym (Sept 14, 2011)
Calgary Herald – Personality Profile (By Valerie Berenyi). (Oct 12, 2009)
Reuters - Yoga helps cancer survivors breathe easier (Sept 21, 2009)
The Globe and Mail – A calm for cancer (Sept 2, 2009)
Calgary Herald - Cancer Survivors Thrive with Yoga - 2 Articles, (Aug 2009)
The Calgary Sun - Local cancer-fighting yoga program goes national, (Aug 2009)
24 hours - Yoga program proves highly valuable to cancer patients, (Aug 2009)
Metro - U of C yoga program for cancer patients thriving, (Aug 21, 2009)
Canada AM - Yoga Thrive, (Aug 2009)
CTV Local Evening News, CTV lunch hour local news & CTV Canada AM (national) - Yoga program for cancer survivors goes national, (Aug 20, 2009)

S. Nicole Culos-Reed

TELUS TV - Yoga Thrive, (Aug 2009)
AHFMR magazine - Yoga Thrive, (Aug 2009)
Fitness Magazine (US) - Yoga Thrive, (Aug 2009)
CBC radio - WildRose Country; CBC radio - EyeOpener; CBC radio - Home Stretch, Aug 21, 2009
Global local evening news, Health Beat, (Aug 2009)
NUTV (UofC TV) - Yoga Thrive, (Aug 2009)
FFWD magazine - Yoga for Cancer Survivors DVD launch (2008)
CTV – Noon News – Yoga for cancer survivors (Nov 20, 2008).
A-Channel – Yoga program for cancer survivors (2006).
A-Channel – Mallwalking program (2006).
CBC-Radio – Eye Opener Program. Yoga program for cancer survivors (2003).
A-Channel – Physical activity for cancer survivors (2003).
Calgary Herald – Vitality Section “Activity helps cancer patients” (October 30, 2003)
CBC-Radio – Home Stretch Program. Yoga program for cancer survivors (January, 2002).
Calgary Herald – City Section “The Healing Powers of yoga” (February, 2002).
CHQR-Talk Radio – Yoga program for cancer survivors (February 21, 2002).
CBC-Radio – Alberta Day Break Program. Yoga program for cancer survivors (February 24, 2002)
CBC-TV – Yoga program for cancer survivors (February, 2002).
CHQR-Talk Radio – TrymGym Research Project (August, 2001).
Aileen Frances Har – Interview for medical school study (September, 2001).