

Psyc 385		Psychopathology		Summer 2024	
Instructor:	Guy Pelletier	Lecture Location:	ICT 114		
Phone:		Lecture Days/Time:	T-R 9:00-11:45 AM		
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Office:	AD 155B				
Office Hours:	T 12:30-1:30 PM				

Course Description

The major objective of this course is to survey the field of adult psychopathology. The course will start with an introductory group of lectures during which we will review of the concept of abnormal behaviour, followed by the study of possible causes (etiology) of psychopathology, the classification of mental disorders, and assessment issues. The main core of lectures will consist in reviews of the biopsychosocial aspects of various diagnostic categories of adult psychopathology. The last lectures will focus on treatment and prevention of mental disorders. Students should be mindful that this is a survey course intended to provide basic, wide-ranging knowledge of psychopathology. This ambitious endeavor will require the learning and understanding of large amounts of information. The course will follow the textbook relatively closely, although not exclusively. Students interested in more detailed discussions of psychopathology will be encouraged to consider higher-level, more advanced courses.

Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see <https://live-arts.ucalgary.ca/psychology/about#program-learning-outcomes>), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Identify and describe biological, psychological, and socio-cultural bases of adult psychopathology.	Multiple choice exams	1	I
Describe how the understanding and classification of mental disorders evolved over time	Multiple choice exams	1	I
Identify and describe different mental disorders including their classification, causes, symptoms, and diagnostic criteria	Multiple choice exams	1,2,4,7	C
Identify and discuss legal and ethical (e.g., stigma, stereotypes etc.) issues related to mental health/disorders	Multiple choice exams	1,6	I
Identify issues and methods related to the prevention and treatment of mental health problems	Multiple choice exams	1,2,4,7	I

Identify and compare similarities and differences between disorders and/or disorder subtypes within/between different diagnostic classifications	Multiple choice exams	1,2	C
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Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles in a diverse world, 7 = apply psychological knowledge and skills, 8 = Demonstrate multicultural competence and awareness of issues related to equity, diversity, and inclusion. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to the Métis Nation of Alberta (Districts 5 and 6).

Course Format

This is an in-person class held on campus.

Prerequisites

Psyc 200 and 201 – Principles of Psychology I and II

Required Text

Dozois, D.J.A. (2022). *Perspectives in Psychopathology (7th Ed.)*. Toronto: Pearson Canada.

The textbook is available from the U of C bookstore as an eBook only. This is the link to the course booklist: [https://shop.ucalgary.ca/CourseSearch/?course\[\]=UOC,S24,PSYC,PSYC385,01](https://shop.ucalgary.ca/CourseSearch/?course[]=UOC,S24,PSYC,PSYC385,01) Students have the choice between the perpetual option and 180-day option. You can either purchase the eBook from the bookstore website, or they will have cards on the shelf for students to purchase in-store. The textbook editor's website is: [Perspectives in Psychopathology \(pearson.com\)](https://www.pearson.com/canada/psychology/textbooks/perspectives-in-psychopathology)

Assessment Methods

Multiple choice exams:

Mid-term #1:

Tuesday July 16, 2024 – 75 minutes – 9:00 AM to 10:15 PM.

Chapters 1,2,3,4,5,8 and corresponding lectures

30% of final grade

Mid-term #2:

Tuesday July 30, 2024 – 75 minutes -14:00 to 14:50 PM

Chapters 6, 7, 10, 11, 12, and corresponding lectures

30% of final grade

Final exam:

Date set by the Registrar's office. **The exam is cumulative** – 120 minutes (2 hrs) - covering all readings and lecture material, with a greater emphasis on chapters 9,13,17,18 and corresponding lectures.
40% of final grade

Exams in this course are closed book. The use of resources, including class notes, the textbook, online resources, and calculators is prohibited during the exams in this course. Students may not communicate with others about course material or the exam either in person or electronically during exams.

University of Calgary Academic Integrity Policy

Academic integrity is the foundation of the development and acquisition of knowledge and is based on values of honesty, trust, responsibility, and respect. We expect members of our community to act with integrity. Research integrity, ethics, and principles of conduct are key to academic integrity. Members of our campus community are required to abide by our institutional code of conduct and promote academic integrity in upholding the University of Calgary's reputation of excellence. It is your responsibility to ensure that you have read and are familiar with the student academic misconduct policy: <https://www.ucalgary.ca/legal-services/sites/default/files/teams/1/Policies-Student-Academic-Misconduct-Policy.pdf>.

Department of Psychology Criteria for Letter Grades

Psychology course instructors use the following criteria when assigning letter grades:

A+ grade: *Exceptional Performance*. An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: *Excellent Performance*. Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance*. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: *Satisfactory Performance*. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards*. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met.* Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

It is at the instructor’s discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A, but 89.4% will be rounded down to 89% = A-). There will be an opportunity to add up to 2% to the final mark by way of research participation, if that is available.

Tentative Lecture Schedule

Date	Topic/Activity/Readings/Due Date
M Jun 24	Summer term lectures begin
T Jun 25	Introduction and definitions of abnormality; Theoretical perspectives on abnormal behavior, etiology Chap 1,2
R Jun 27	Last day to drop classes without penalty and last day to add or swap classes. Theoretical perspectives on abnormal behavior, etiology Chap 2
T Jul 2	Classification, assessment of mental disorders, research methods Chap. 3,4
R Jul 4	Mood disorders and suicide Chap 8
T Jul 9	Anxiety, obsessive-compulsive, and trauma related disorders Chap. 5
R Jul 11	Anxiety, obsessive- compulsive, and trauma related disorders Chap.5 Dissociative disorders Chap 6
T Jul 16	Mid-term #1 Somatic symptoms and related disorders Chap.6 Psychological factors affecting medical conditions Chap 7
R Jul 18	Psychological factors affecting medical conditions Chap 7 Eating disorders Chap 10
T Jul 23	Substance-related and addictive disorders Chap 11 Personality disorders Chap 12
R Jul 25	Personality disorders Chap 12 Sexual dysfunctions: sexual disorders Chap. 13
T Jul 30	Mid-term exam #2 Sexual dysfunctions: paraphilic disorders, gender identity disorder Chap 13
R Aug 1	Schizophrenia spectrum and other psychotic disorders Chap 9
T Aug 6	End of Summer Lectures and last day to withdraw from a course. Therapies (treatment of mental disorders) Chap 17

	Prevention and mental health promotion in the community	Chap.18
R Aug 8	Start of Final Exams	
M Aug 12	End of Final Exams	

Course Credits for Research Participation (Max 2% of final grade)

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. **A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation.** The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <http://ucalgary.sona-systems.com>. The last day to participate in studies and to assign or reassign earned credits to courses is **August 6, 2024**.

Seating During Exams

Instructors and exam invigilators are free to ask students to move seats before an exam begins or even during an exam. Students must comply with this request and refusal to do so may warrant a charge of academic misconduct

Absence from a Test/Exam

Makeup tests/exams are **NOT** an option without the approval of the instructor <https://calendar.ucalgary.ca/pages/6fcc1fb40bb54524809685d7096c8b76>. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. **Once approved by the instructor a makeup test/exam must be written within 2 weeks of the missed test/exam on a day/time scheduled by the instructor. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam** <https://calendar.ucalgary.ca/pages/c53034e7579d4455815e37ce1c1f80da>.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official June and August examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. **If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam** <https://www.ucalgary.ca/registrar/exams/deferred-exams>. Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology (psyugrd@ucalgary.ca).

Reappraisal of Graded Term Work

<https://calendar.ucalgary.ca/pages/e31a7115dca740ec83579e946d4a4193>

Reappraisal of Final Grade

<https://calendar.ucalgary.ca/pages/030b5a67a21048c7b4e6a5d167c628d8>

Academic Accommodations

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit www.ucalgary.ca/access/. Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor. The full policy on Student Accommodations is available at <https://www.ucalgary.ca/legal-services/sites/default/files/teams/1/Policies-Student-Accommodation-Policy.pdf>.

Academic Misconduct

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <https://calendar.ucalgary.ca/uofcregs/university-regulations/integrity-conduct>

Instructor Intellectual Property

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

Copyright Legislation

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright (https://library.ucalgary.ca/services/copyright?_gl=1*bcjlpn*_ga*OTY1ODc0Njg0LjE2NjkxNTA1NTM.*_ga_X4GN9Y4W7D*MTY3Nzc5MjM3Ni4xNy4xLjE2Nzc3OTI4MDYuMC4wLjA) and requirements of the copyright act (<https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html>) to ensure they are aware of the consequences of unauthorized sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

Freedom OF Information and Protection of Privacy

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary

Student Support and Resources

<https://www.ucalgary.ca/registrar/registration/course-outlines>

Important Dates

The last day to drop this course with no “W” notation and **still receive a tuition fee refund** is **Thursday, June 27th, 2024**. Last day add/swap a course is **Thursday, June 27th, 2024**. The last day to withdraw from this course is **Tuesday, August 6th, 2024**.