Welcome to Zoology 463 Animal Physiology.

You will interact with 4 instructors in the lecture/lab component of the course. Dr. Hamid Habibi, who is also the course coordinator, and you should contact him for administrative matters surrounding lectures and examinations. Dr. Corey Flynn, who is also the lab coordinator, and you should contact him for administrative matters surrounding labs such as scheduling and attendance. For lab related matters, please use the lab email address zool463@ucalgary.ca. Dr. Doug Syme and Dr. Matt Vijayan.

Please communicate with your instructors using the email addresses above, and be mindful that while we will attempt to respond as quickly as possible, it might take a day or two, and we may not be able to respond on weekends.

You will also interact with the lab technicians and TAs, and will hear more about this during labs.

Online Delivery Details:

Some aspects of this course are being offered in real-time via scheduled meeting times. For those aspects you are required to be online at the same time.

To help ensure Zoom sessions are private, do not share the Zoom link or password with others, or on any social media platforms. Zoom links and passwords are only intended for students registered in the course. Zoom recordings and materials presented in Zoom, including any teaching materials, must not be shared, distributed or published without the instructor’s permission.

This course has a registrar scheduled, synchronous final exam. The writing time is 1 hours + 50% buffer time.

The lecture and lab material, and examinations, will be delivered online via Zoom and the course D2L website. There are no in-person components to the course. Thus, you are required to have adequate access to technology as per the statement in Course Materials below. Note, while not required, a Webcam/Camera (built-in or external) and Microphone and Speaker (built-in or external), or headset with microphone are strongly suggested as they will be helpful for communication with your classmates and instructors during Zoom meetings as expected during the labs.

Lecture Material will be delivered synchronously and asynchronously, depending on who is teaching that component of the course, as follows:

Drs. Habibi (Body Fluids & Hemostasis, Body Defense System and Thermoregulation), Syme (Respiration and Circulation) and Vijayan (Gastrointestinal physiology) will record their lectures and post them to the D2L site for you to access and review at your convenience (asynchronous); there will not be live/synchronous lectures for these segments of the course.

Dr. Flynn (Renal physiology) will have live/synchronous lectures via Zoom during the regularly scheduled lecture time, but will also record these lectures and post them to the D2L site should you not be able to attend the lectures.

In all cases, students will be responsible for reviewing the lecture material prior to any exam that covers that material. See the detailed lecture and exam schedule below.

Labs will be delivered synchronously, and you are expected to attend your scheduled lab session via ZOOM.

The laboratory component will consist of 6 Lab Exercises. You do not need to be physically present in the lab,
however, you will be required to attend your scheduled lab session via a Zoom meeting. During the lab you will watch the experiments being completed and participate in discussions of the concepts and techniques being used. Each student will receive an ‘Engagement Score’ based on your participation during the labs. You will be required to answer questions and contribute to the discussions of the lab experiments. After the lab is completed, you will be provided with data from each lab exercise that you will use to complete a lab report or lab quiz. Further information about the lab exercises, reports, quizzes, etc will be provided on the D2L website.

**Exams will be delivered synchronously through the course D2L website.**

There will be two evening midterm exams, Feb 9 and Mar 16, starting at 7PM and running until 8:30. There will also be a registrar scheduled final exam, 1.5 hour (60 minutes plus 30 minutes buffer time) in duration. All the exams will have a specific start time and duration, and you will be expected to be online to access the exams during these time periods. See Out of Class Activities below for details.

**Course Site:**

D2L: ZOOL 463 L01-(Winter 2021)-Animal Physiology II

**Note:** Students must use their U of C account for all course correspondence.

2. **Requisites:**

See section 3.5.C in the Faculty of Science section of the online Calendar.

**Prerequisite(s):**

Zoology 461.

**Antirequisite(s):**

Credit for Zoology 463 and any of Biology 305, Medical Science 404, 604, Zoology 269, Kinesiology 259, 260 or 323 will not be allowed.

3. **Grading:**

The University policy on grading and related matters is described in F.1 and F.2 of the online University Calendar.

In determining the overall grade in the course the following weights will be used:

<table>
<thead>
<tr>
<th>Component(s)</th>
<th>Weighting</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lab: 6 labs worth 4% each</td>
<td>24</td>
<td>synchronous during your scheduled lab time; there are 6 labs each worth 3% (18% total) and 6% for Engagement Score.</td>
</tr>
<tr>
<td>Midterm Exams: 2 exams worth 25% each</td>
<td>50</td>
<td>Feb 9 and Mar 16: 7-8:30 PM (60 minutes plus 30 minutes buffer time), synchronous</td>
</tr>
<tr>
<td>Final Exam:</td>
<td>26</td>
<td>registrar scheduled, 1.5 hour (60 minutes plus 30 minutes buffer time), synchronous</td>
</tr>
</tbody>
</table>

Each piece of work (reports, assignments, quizzes, midterm exam(s) or final examination) submitted by the student will be assigned a grade. The student's grade for each component listed above will be combined with the indicated weights to produce an overall percentage for the course, which will be used to determine the course letter grade.

The conversion between a percentage grade and letter grade is as follows.

<table>
<thead>
<tr>
<th>Minimum % Required</th>
<th>A+</th>
<th>A-</th>
<th>B+</th>
<th>B</th>
<th>B-</th>
<th>C+</th>
<th>C</th>
<th>C-</th>
<th>D+</th>
<th>D</th>
</tr>
</thead>
<tbody>
<tr>
<td>95 %</td>
<td>90 %</td>
<td>85 %</td>
<td>80 %</td>
<td>75 %</td>
<td>71 %</td>
<td>67 %</td>
<td>63 %</td>
<td>59 %</td>
<td>55 %</td>
<td>50 %</td>
</tr>
</tbody>
</table>

This course will have a final exam that will be scheduled by the Registrar. The Final Examination Schedule will be published by the Registrar’s Office approximately one month after the start of the term. The final exam for this course will be designed to be completed within 1 hours.

**You must obtain a passing grade (D minimum) in the lecture component of the course (weighted average of the midterms and final exam) to be considered for a passing grade overall in the course. Students who do not obtain at least a D in the lecture component of the course will receive an F as their final grade in the course, regardless of their lab grades.**

**Students who miss more than one midterm exam will not be eligible to pass the course. A final grade of F will be given to students who miss more than one midterm exam.**

4. **Missed Components Of Term Work:**
The university has suspended the requirement for students to provide evidence for absences. Please do not attend medical clinics for medical notes or Commissioners for Oaths for statutory declarations.

In the event that a student legitimately fails to submit any online assessment on time (e.g. due to illness etc...), please contact the course coordinator, or the course instructor if this course does not have a coordinator to arrange for a re-adjustment of a submission date. Absences not reported within 48 hours will not be accommodated. If an excused absence is approved, then the percentage weight of the legitimately missed assignment could also be pro-rated among the components of the course.

There are no makeup midterm exams. If a student misses a midterm exam due to a university-sanctioned excuse (debilitating illness, severe domestic affliction, religious conviction, or faculty approved activity), the weight of that midterm will be equally distributed to the remaining midterm exams and final exam. Missing an exam for other reasons will result in a grade of zero for that exam. **A student who misses more than one midterm exam will not be eligible to pass the course and will receive a grade of F in the course.**

Attendance at labs is mandatory. Students are expected to attend the lab sessions for which they are scheduled. If there is an occasion where a student is unable to attend their scheduled lab they should contact the lab coordinator, Dr. Flynn, using the course email address zool463@ucalgary, to determine if an alternative lab time can be arranged. If a student misses their lab for a reason other than a university-sanctioned excuse (debilitating illness, severe domestic affliction, religious conviction, or faculty approved activity), a score of zero (0) will be applied for that lab. Lab reports will be submitted to an appropriate dropbox in D2L at a specified time after the completion of the lab. Late reports will receive a late penalty of 10% removed from the lab report grade for each day (24 hour period) it is late. Reports that are more than 4 days late (with no university sanctioned excuse) will receive a score of 0.

5. **Scheduled Out-of-Class Activities:**

The following out of class activities are scheduled for this course.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Location</th>
<th>Date and Time</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Midterm 1</td>
<td>WEB-BASED</td>
<td>Tuesday, February 9, 2021 at 7:00 pm</td>
<td>90 Minutes</td>
</tr>
<tr>
<td>Midterm 2</td>
<td>WEB-BASED</td>
<td>Tuesday, March 16, 2021 at 7:00 pm</td>
<td>90 Minutes</td>
</tr>
</tbody>
</table>

**REGULARLY SCHEDULED CLASSES HAVE PRECEDENCE OVER ANY OUT-OF-CLASS-TIME-ACTIVITY.** If you have a conflict with the out-of-class-time-activity, please contact your course coordinator/instructor no later than **14 days prior** to the date of the out-of-class activity so that alternative arrangements may be made.

The **first midterm exam** will cover Body fluids and compartments, Blood cells and Hemostasis, Blood clotting, Immune system, Body temperature and metabolism lecture material.

The **second midterm exam** will cover Respiration and Circulation lecture material.

Renal and Gastrointestinal physiology lecture material will be covered on the Final exam.

If you have an existing class conflict that requires your synchronous attendance during one of the scheduled exam periods, then please contact the course coordinator Dr. Habibi (habibi@ucalgary.ca) at least 2 weeks prior to the exam so that an alternative can be arranged. The alternative will consist of writing the exam at a different time the day it is scheduled. Students who write an exam at an alternate time will also be required to sign a confidentiality waver indicating that they will not share details of the exams, nor will they knowingly receive details from other students.

The midterm exams will be designed to be written within 60 minutes, plus an additional 30 minutes to allow for technical issues (90 minutes total). Time will be adjusted for SAS students if needed and accommodations for students will be done on a case-by-case basis.

The **final exam** will be registrar scheduled, and will be written synchronously during the time period assigned. It will be designed to be written within 60 minutes, plus an additional 30 minutes to allow for technical issues (1.5 hours total). Time will be adjusted for SAS students if needed and accommodations for students will be done on a case-by-case basis.
6. Course Materials:

Recommended Textbook(s):


The course text is recommended, to help you prepare for or review lecture material. However, you are not required to have the text for the course, and all material that you are responsible for will be provided in lecture. Examinations will be based on lecture material only, and will be based on the lecture material provided/delivered by your instructors. Suggested readings from the textbook, if any, are only to help reinforce the lecture material, and you will not be tested on any material from the text that is not also covered in lecture.

In order to successfully engage in their learning experiences at the University of Calgary, students taking online, remote and blended courses are required to have reliable access to the following technology:

- A computer with a supported operating system, as well as the latest security, and malware updates;
- A current and updated web browser;
- Webcam/Camera (built-in or external);
- Microphone and speaker (built-in or external), or headset with microphone;
- Current antivirus and/or firewall software enabled;
- Stable internet connection.

For more information please refer to the UofC E-Learning online website.

7. Examination Policy:

IMPORTANT: Midterm and Final Exams will be administered online through the D2L course website. It is the student’s responsibility to ensure they have adequate computer and internet access. Students will be required to begin their midterm exams promptly at 7 PM at the beginning of the scheduled exam, and the final exam at the start of the registrar scheduled exam period. If a student encounters any technical issues starting an exam, they MUST document the issue by taking a photo, screenshot, or video, and they must contact the instructor immediately so that either additional time can be provided to access the exam or alternative arrangements made. **Students experiencing such difficulties who do not contact their instructor providing evidence of technical difficulties within 20 minutes of the scheduled start of the exam will not be allowed to write the exam and will receive a grade of zero (0) on the exam.** If a student’s exam is suspended for any reason (lost internet connection, internet browser crashes etc.), they MUST provide evidence (photo/screenshot/video) and contact the instructor immediately. Students will then be granted re-entry to suspended exams if they began the exam on time, provided evidence of the suspension, and still have time remaining to complete their exam.

Answers to questions on the exams are to be based on the lecture material you are provided, including the course text. While you are encouraged to access other resources (texts, etc) to reinforce the lecture material and strengthen your comprehension, whether an exam answer is considered correct will be based on the information you are provided in lecture, not other resources. This is not intended to discourage further reading, but rather to discourage attempts to access disallowed resources during exams (see below).

The exams are ‘open book’ in the sense that you may access your own, previously existing, class notes during the exam. These must be your own notes only, which can include recorded lecture material that we provide to you, and you may only use notes that you have in your possession before the exam commences (i.e. you may not access other resources to supplement your notes during the exam). You may access lecture material from the course D2L website during exams, but it is advised to have your own copies of this material in case the D2L website becomes inaccessible during the exam. You may also use the course recommended text during exams, but not other texts. Please note that in this open book exam, the expectation is for student to think, integrate and apply their knowledge in choosing the most appropriate answers.

No other aids are allowed on tests or examinations, including accessing internet resources such as search engines (Google etc), other websites, shared documents (Google docs etc) or chat servers (Discord, WhatsApp etc), etc., and you are specifically prohibited from working with or contacting any other individuals while you complete the exam. Violation of these rules is considered academic misconduct with penalties as described in the University Calendar section K.

Students should also read the Calendar, Section G, on Examinations.

8. Approved Mandatory And Optional Course Supplemental Fees:

There are no mandatory or optional course supplemental fees for this course.
9. **Writing Across The Curriculum Statement:**

For all components of the course, in any written work, the quality of the student’s writing (language, spelling, grammar, presentation etc.) can be a factor in the evaluation of the work. See also Section E.2 of the University Calendar.

10. **Human & Living Organism Studies Statements:**

Students will not participate as subjects or researchers in human studies.

See also Section E.5 of the University Calendar.

**STUDIES IN THE BIOLOGICAL SCIENCES INVOLVE THE USE OF LIVING AND DEAD ORGANISMS.** Students taking laboratory and field-based courses in these disciplines can expect involvement with and experimentation on such materials. Students perform dissections on dead or preserved organisms in some courses. In particular courses, students experiment on living organisms, their tissues, cells, or molecules. Sometimes field work requires students to collect a variety of living materials by many methods, including humane trapping.

All work on humans and other animals conforms to the Helsinki Declaration and to the regulations of the Canadian Council on Animal Care. The Department strives for the highest ethical standards consistent with stewardship of the environment for organisms whose use is not governed by statutory authority. Individuals contemplating taking courses or majoring in one of the fields of study offered by the Department of Biological Sciences should ensure that they have fully considered these issues before enrolling. Students are advised to discuss any concern they might have with the Undergraduate Program Director of the Department.

Students are expected to be familiar with Section SC.4.1 of the University Calendar.

11. **Reappraisal Of Grades:**

A student wishing a reappraisal, should first attempt to review the graded work with the Course coordinator/instructor or department offering the course. Students with sufficient academic grounds may request a reappraisal. Non-academic grounds are not relevant for grade reappraisals. Students should be aware that the grade being reappraised may be raised, lowered or remain the same. See Section I.3 of the University Calendar.

a. **Term Work:** The student should present their rationale as effectively and as fully as possible to the Course coordinator/instructor within ten business days of either being notified about the mark, or of the item's return to the class. If the student is not satisfied with the outcome, the student shall submit the Reappraisal of Graded Term work form to the department in which the course is offered within 2 business days of receiving the decision from the instructor. The Department will arrange for a reappraisal of the work within the next ten business days. The reappraisal will only be considered if the student provides a detailed rationale that outlines where and for what reason an error is suspected. See sections I.1 and I.2 of the University Calendar.

b. **Final Exam:** The student shall submit the request to Enrolment Services. See Section I.3 of the University Calendar.

12. **Other Important Information For Students:**

a. **Mental Health** The University of Calgary recognizes the pivotal role that student mental health plays in physical health, social connectedness and academic success, and aspires to create a caring and supportive campus community where individuals can freely talk about mental health and receive supports when needed. We encourage you to explore the mental health resources available throughout the university community, such as counselling, self-help resources, peer support or skills-building available through the SU Wellness Centre (Room 370, MacEwan Student Centre, [Mental Health Services Website](https://www.ucalgary.ca/wellnesscentre)) and the Campus Mental Health Strategy website ([Mental Health](https://www.ucalgary.ca/wellnesscentre)).

b. **SU Wellness Services:** For more information, see [www.ucalgary.ca/wellnesscentre](http://www.ucalgary.ca/wellnesscentre) or call 403-210-9355.

c. **Sexual Violence:** The Sexual Violence Support Advocate, Carla Bertsch, can provide confidential support and information regarding sexual violence to all members of the university community. Carla can be reached by email ([svsa@ucalgary.ca](mailto:svsa@ucalgary.ca)) or phone at 403-220-2208. The complete University of Calgary policy on sexual violence can be viewed at [https://www.ucalgary.ca/policies/files/policies/sexual-violence-policy.pdf](https://www.ucalgary.ca/policies/files/policies/sexual-violence-policy.pdf).

d. **Misconduct:** Academic integrity is the foundation of the development and acquisition of knowledge and is based on values of honesty, trust, responsibility, and respect. We expect members of our community to act with integrity. Research integrity, ethics, and principles of conduct are key to academic integrity. Members of our campus community are required to abide by our institutional [Code of Conduct](https://www.ucalgary.ca/policies/files/policies/code-of-conduct.pdf) and promote academic integrity in upholding the University of Calgary’s reputation of excellence. Some examples of academic misconduct include but are not limited to: posting course material to online platforms or file sharing without the course instructor’s consent; submitting or presenting work as if it were the student's own work;
submitting or presenting work in one course which has also been submitted in another course without the instructor’s permission; borrowing experimental values from others without the instructor’s approval; falsification/fabrication of experimental values in a report. Please read the following to inform yourself more on academic integrity:

Student Handbook on Academic Integrity
Student Academic Misconduct Policy and Procedure
Research Integrity Policy

Additional information is available on the Student Success Centre Academic Integrity page

e. **Academic Accommodation Policy:** Students needing an accommodation because of a disability or medical condition should contact Student Accessibility Services in accordance with the procedure for accommodations for students with disabilities available at procedure-for-accommodations-for-students-with-disabilities.pdf.

Students needing an accommodation in relation to their coursework or to fulfill requirements for a graduate degree, based on a protected ground other than disability, should communicate this need, preferably in writing, to the Associate Head, Undergraduate of the Department of Biological Sciences, Heather Addy by email addy@ucalgary.ca or phone 403 220-6979. Religious accommodation requests relating to class, test or exam scheduling or absences must be submitted no later than 14 days prior to the date in question. See Section E.4 of the University Calendar.

f. **Freedom of Information and Privacy:** This course is conducted in accordance with the Freedom of Information and Protection of Privacy Act (FOIPP). Students should identify themselves on all written work by placing their name on the front page and their ID number on each subsequent page. For more information, see Legal Services website.

g. **Student Union Information:** VP Academic, Phone: 403-220-3911 Email: suvpaca@ucalgary.ca. SU Faculty Rep., Phone: 403-220-3913 Email: sciencerep@su.ucalgary.ca. Student Ombudsman, Email: ombuds@ucalgary.ca.

h. **Surveys:** At the University of Calgary, feedback through the Universal Student Ratings of Instruction (USRI) survey and the Faculty of Science Teaching Feedback form provides valuable information to help with evaluating instruction, enhancing learning and teaching, and selecting courses. Your responses make a difference - please participate in these surveys.

i. **Copyright of Course Materials:** All course materials (including those posted on the course D2L site, a course website, or used in any teaching activity such as (but not limited to) examinations, quizzes, assignments, laboratory manuals, lecture slides or lecture materials and other course notes) are protected by law. These materials are for the sole use of students registered in this course and must not be redistributed. Sharing these materials with anyone else would be a breach of the terms and conditions governing student access to D2L, as well as a violation of the copyright in these materials, and may be pursued as a case of student academic or non-academic misconduct, in addition to any other remedies available at law.

**Lecture and Midterm Examination Schedule - 2021**

January 11 - February 5: Body Fluids and Hemostasis, Body Defense System, and Thermoregulation (H. Habibi), equivalent of 12 lectures, ASYNCHRONOUS delivery, recorded lectures provided on D2L website

Body fluids and compartments, Blood cells and Hemostasis, Blood clotting, Immune system, Body temperature and metabolism, Heat exchange mechanisms, Thermoregulation and thermo receptors, Hypothermia, hyperthermia and pyrexia, Heterothermy and Hibernation, Thermoregulation in Poikilotherms.

Feb 9 - FIRST MIDTERM EXAM covering First 12 lecture material: 7-8:30 PM online

Feb 8 - Mar 12 (Feb 14-21 READING DAYS, no lecture): Respiration and Circulation (D. Syme), equivalent of 12 lectures, ASYNCHRONOUS delivery, recorded lectures provided on D2L website

Anatomy and lung/gill mechanics, Diffusion and gas exchange, O2 and CO2 transport, Acid/base balance, Regulation of breathing, Respiratory stress, Overview of cardiovascular function, Comparative anatomy/function of the heart, Cardiac muscle -structure and electrical properties, The heart - electrical and mechanical properties, Blood flow/pressure regulation and comparative cardiovascular pathophysiology

Mar 16 - SECOND MIDTERM EXAM covering Respiration and Circulation lecture material: 7-8:30 PM
Online

Mar 15 - 26: Renal Physiology (C. Flynn), equivalent of 6 lectures, **Synchronous delivery** via ZOOM during scheduled lecture time, with recorded lectures also provided on D2L website.

Principles of osmotic and ionic regulation, Evolution of the mechanisms of salt and water balance, Function of the mammalian nephron, Physiological compensation to environmental changes.

Mar 29 – Apr 14 (Apr 2 and 5 Good Friday and Easter Monday, no lecture): Gastrointestinal Physiology (M. Vijayan), equivalent of 6 lectures, **Asynchronous delivery**, recorded lectures provided on D2L website.

Anatomy of the GI system, Motility and secretion, Digestion and absorption, Integration of GI function, Animal adaptations, GI structure.

Renal and Gastrointestinal Physiology lecture material (equivalent of 12 lectures) will be covered on the final exam.

**Laboratory Schedule**

<table>
<thead>
<tr>
<th>Date</th>
<th>Lab</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 19 &amp; 21</td>
<td>Lab 01 – Hematology</td>
</tr>
<tr>
<td>Feb 2 &amp; 4</td>
<td>Lab 02 – Immunology</td>
</tr>
<tr>
<td>Feb. 15 - 19</td>
<td>NO LABS (Reading Week)</td>
</tr>
<tr>
<td>Feb. 23 &amp; 25</td>
<td>Lab 03 – Mechanics and Control of Ventilation</td>
</tr>
<tr>
<td>Mar. 9 &amp; 11</td>
<td>Lab 04 – Blood Pressure, Electrocardiography and Circulation</td>
</tr>
<tr>
<td>Mar. 23 &amp; 25</td>
<td>Lab 05 – Renal function</td>
</tr>
<tr>
<td>Apr. 6 &amp; 8</td>
<td>Lab 06 – Acid-Base Balance</td>
</tr>
</tbody>
</table>

**Course Outcomes:**

- General concept of body Fluids and Hemostasis. Emphasis will be placed on body fluid composition and compartments, blood cells and Hemostasis and mechanisms of preventing blood loss by initiation blood clotting.
- Body defense system and basis for innate and adaptive immune response. Students will understand the basis for hypersensitivity, cell mediated and humoral immunity. They will also have an understanding of the mechanism of histocompatibility.
- Thermoregulation and mechanisms metabolism and temperature control in endotherm and ectotherms. Students will have an understanding of heat exchange mechanisms and thermoreceptors, and physiological mechanisms of dealing with extreme heat and cold.
- Demonstrate understanding of the osmoregulatory challenges facing various organisms and compare/contrast the different ways these challenges are overcome. Demonstrate deep understanding of the anatomy and function of the mammalian nephron.
- Explain how the design of respiratory systems facilitates exchange of gasses between the animal and environment, how these structures are regulated, how differences between water and air impact these designs and their regulation, and how and why gasses are transported in blood in the forms they are.
- Explain how the hearts of animals are designed to circulate fluids through the body, how the design of the heart and central circulation reflect differences in the medium in which the animal lives and metabolic rate, how the heart functions as an effective pump, and how the cardiovascular system responds to metabolic demand and controls blood flow.
- Students are expected to have a basic understanding of the functioning of the gastrointestinal tract. They should be familiar with the regional specificity of digestion and absorption in the GI tract. The focus will be on the cellular mechanisms involved in the digestion and absorption of nutrients.
- The students will also have a general understanding of how the GI function is regulated by the nervous and endocrine system.
- Students will be expected to apply their knowledge about these systems to perform lab/inquiry-based experiments, and to collect, assess, and present their results in written scientific reports that demonstrate the ability to critically assess and explain their data.

2021-01-04

Electronically Approved - Dec 24 2020 09:44