

Course Outline KNES 367: Adapted Physical Activity Fall 2012

Instructor: Sarah MacEachern

Phone: ---

Email: sarah.maceachern@ucalgary.ca

Office: KNB 255

Office Hours: By Appointment

Room: KNA 133

Days: Mon-Wed-Fri Time: 8:00-8:50 am

Course Website: See Blackboard

Course Description:

An examination of specific problems within the psychomotor domain and the related delivery systems for their identification and amelioration.

Course Objectives:

The course objectives include:

- To increase student's awareness regarding disability in society and the role of physical activity in the lives of people with disabilities
- To increase understanding of functional capacity and to recognize individual abilities in people with disabilities
- To facilitate experiential learning in adapted physical activity for each student through an appropriate practicum placement

Required Reading Materials:

Adapted Physical Education and Sport (5th edition) Joseph P. Winnick

Contacting the Instructor:

Students requiring assistance are encouraged to speak with their instructor during class or office hours. Should you wish to meet with the instructor outside of office hours, please email the instructor to make an appointment. Email, while commonly used, does limit the effectiveness of communications and may not be the best way for instructors to answer student questions. Therefore, the instructor may request a telephone call or personal meeting. Your instructor will inform you as to his/her expectations about emails.

Grading Scale:

Grade	Percent	Grade Point Value	Description
A+	95-100	4.00	Outstanding
Α	90-94	4.00	Excellent - superior performance, showing comprehensive understanding of subject matter.
A-	85-89	3.70	
B+	80-84	3.30	
В	75-79	3.00	Good-clearly above average performance with knowledge of subject matter generally complete.
B-	70-74	2.70	
C+	65-69	2.30	
С	60-64	2.00	Satisfactory – basic understanding of the subject matter. Grade point average below 2.00 is not sufficient for promotion.
C-	55-59	1.70	Minimum grade required if needed as a prerequisite course.
D+	53-54	1.30	
D	50-52	1.00	Minimal pass – marginal performance; generally insufficient preparation for subsequent courses in the same subject.
F	Below 50	0	Fail – unsatisfactory performance or failure to meet course requirements.

Evaluation of Course

15% - In-class assignments (periodically assigned)

30% - Practicum Goals & Journal (Sept 28, Oct 1, Oct 31, & Dec 5 2012)

15% - Group Project Portfolio (Nov 23 2012)

10% - Group Presentations (Nov 26 - Dec 5 2012)

10% - Mid-term exam (Oct 3 2012)

10% - Mid-term exam (Nov 2 2012)

10% - Final exam (Dec 7 2012)

Late Policy:

Content:

Late assignments will be subject to a 5% deduction per day late.

Final Examination:

To be held in class on Friday December 7, 2012.

Additional Course Information:

KNES 367 will have some physical activity sessions, including wheelchair basketball and seated volleyball. The demands of these activities can be harmful to a student with physical limitations. It is the student's responsibility to inform the instructor of any physical limitations (including a recent positive PAR-Q) prior to participating in any activity class. Appropriate activity modifications will be made to accommodate these students.

Course Content:

In-Class Assignments (15% - approximately 15 assignments)

Periodically, in-class assignments will be administered revolving around activity labs, practical lessons, and class discussions. They will be assigned and completed during class time. Make-up assignments will not be offered for classes missed by the student, nor can the in-class assignments be handed in late.

Practicum (30%)

The KNES 367 Practicum opportunity offers a 1-2 hrs per week, 8-week minimum placement at a facility or program that provides services to individuals with special needs. A description of acceptable practicum placements will be provided, as well as multiple examples of excellent programs. Please submit the Practicum Form to Sarah by **September 28, 2012** for approval.

During the semester, you will be required to submit a practicum journal on three occasions (Oct 1, Oct 31, & Dec 5). The journal will document your involvement in the program. More specific information will be provided closer to the time of first submission.

Group Project Portfolio & Presentation (25% combined)

The project portfolio & presentation is designed to be a collaboration between U of C students and the greater community, with the goal of providing an understanding of the complexities involved in accessibility and inclusion within the community. The project portfolio will be a written report of your findings, including an Introduction, Body, Conclusion, and Appendix. The presentation will be a chance for you to share your findings with your classmates.

Groups will be composed of 4-5 students, depending on class size. A group contract must be drafted that details the roles of each student, and must be signed by each participant and included in the appendix of the portfolio. All members must contribute to both the Portfolio & the presentation.

Please submit the program and/or facility you intend to profile to Sarah by **September 28, 2012**. Each group must select a unique program to observe. Approval for programs will be on a first-come, first-serve basis.

Project Organization

Data Acquisition

- 1. Explore the literature regarding inclusive programming and barriers to inclusion. This will help direct your Introduction.
- 2. Locate, research, and observe a local public recreational program and/or facility. Document your observations in the appendix.
- 3. Draft up a list of questions in light of your findings from the literature of suitable questions to ask a manager or program provider to ascertain information on the program they provide. Please remember to remain respectful at all times, and avoid judgment if few policies are in place.
- 4. Interview the manager or program provider and provide a copy of your questions and their answers in the appendix.

Portfolio (15%)

- 1. Describe the program in detail, including a description of the facility site and the services offered.
- 2. Discuss, discover, and describe successes and challenges encountered by the program in employing an inclusive and adaptive philosophy. Bring in case studies or examples as suitable.
- 3. List all key barriers and/or difficulties the program presents to individuals with special needs.
- 4. Discuss your findings as a group and devise a creative response that will positively impact the program as well as the community, especially individuals with special needs. Examples of a response include:
 - Making a video on program-specific modifications and adaptations to guide future employees running inclusive programs
 - Invent a creative piece of technology to assist inclusion and accessibility for the facility
 - Develop a proposal for a new on-site program
 - Develop a bridge program
 - Develop an educational program for staff or personnel
- 5. Conclude portfolio with a summary of your observations and suggestions for improvement.

Presentation (10%)

Presentations are meant to be engaging, interactive, and entertaining. Each group member must be involved in presenting a portion of the material. Use of Powerpoint or overhead projection is strongly encouraged, but feel free to get creative! Please keep the presentation between 15-20 mins and include the following:

- A description of the site and program evaluated
- An outline of the successes and challenges the manager or service provider of the site has experienced
- A thorough description of your response plan, including how it will be applied and what needs it will meet

Examinations (10% each = 30%)

Two mid-term exams, and a final exam will be held during the semester using a combination of multiple choice and short answer questions. The final examination will be cumulative and will include information covered in student presentations. Examinations will cover lecture material, information and exercises in assignments, as well as assigned readings. Although readings overlap with lecture material, not all material in the readings will be covered in class. Nevertheless it is still subject to examination.

Supplementary Course Information In accordance with the University of Calgary Calendar

<u>Academic Accommodation</u> <u>Awareness Information:</u>

It is the student's responsibility to request academic accommodation. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 220-8237. You are also required to discuss your needs with your instructor no later than fourteen (14) days after the commencement of this course. Students who have not registered with the Disability Resource Centre <u>are not</u> eligible for formal academic accommodation.

Plagiarism/Cheating/Other Academic Misconduct: (see Calendar)

A <u>single</u> offence of cheating, plagiarism, or other academic misconduct is a serious act that will not be tolerated in the Faculty of Kinesiology. Penalties for such acts will be determined by the Dean and may result in a failing grade, probation, suspension, or expulsion. Any student who is uncertain if an action falls into this category should consult the instructor and/or the Calendar.

Midterm Exam Policy:

The Faculty of Kinesiology policy is that all students are expected to write midterm exams on the dates listed on the course outline. Special accommodation may be granted by the instructor in <u>exceptional circumstances only</u> which include illness, participation in athletic events (varsity, national or international), domestic affliction, and religious conviction. It is the student's responsibility to supply proper documentation and/or notification <u>prior</u> to the originally scheduled midterm to support their circumstance. Personal travel plans and arrangements are <u>not</u> valid reasons for requesting a special accommodation for a midterm exam. Failure to comply with this policy will result in a grade of zero for the midterm and possible failure in the course.

FOIP Policy:

Please note that the University is under the jurisdiction of the provincial Freedom of Information and Protection of Privacy (FOIP) Act. Please refer to the website for details: http://www.ucalgary.ca/secretariat/privacy

Internet and Electronic Communication Device Information:

Any surfing of the Internet during lectures that is not directly related to the class discussion is distracting and strictly forbidden. Additionally, the use of any electronic devices (e.g., cellular phones, Blackberrys) for e-mailing, texting, etc. is strictly prohibited. Please turn OFF your phone before the beginning of each lecture.

Instructors have the authority, at the discretion of the dean of their faculty, to require that specific course assignments, term papers and academic exercises be submitted in an electronic format. Instructors cannot require that multiple copies of an assignment be submitted.

Emergency Evacuation/Assembly Points:

For classes in the Kinesiology buildings Primary assembly point is the MacEwan Student Centre - North Courtyard and the Alternate assembly point is University Theatres Lobby

Safewalk Information:

Safewalk volunteers walk people safely to their destination on campus (including Health Sciences, Children's Hospital, McMahon Stadium, and University LRT station). This service is free and available to students, staff and campus visitors. Call 403-220-5333 (24 hours a day/7 days a week/365 days a year).

Student's Union:

The Kinesiology Representative is Calindy Ramsden - E-mail: kinesrep@su.ucalgary.ca.