

Instructor: Brad Kilb
Phone: 403-220-7350
Email: kilb@ucalgary.ca
Office: KNB 270
Office Hours: Office hours or by appointment

Room: KNB 130
Days: Mondays/Wednesdays/Fridays
Time: 14:00 – 14:50
Course Website: Blackboard

Course Objectives:

Students will:

- Discuss philosophical and social-psychological aspects of coaching with a view to having the student identify and develop his/her philosophy.
- Develop a solid understanding of the mechanical analysis of volleyball skills: serve, overhead pass, forearm pass, attack, block.
- Become familiar with various progressions, lead up drills, and correction techniques that could be used in teaching and developing skills.
- Develop a solid understanding of offense, defense, and serve receive systems.
- Become familiar with the utilization of coaching forms: statistics, scouting, and game plan.
- Understand the rules from a coaching standpoint.
- Become aware of various coaching styles and practice organization through observation.
- Become acquainted with books, films, and other resources that are available on volleyball.

Reference Reading Materials:

1. CVA Rule Book
2. "The Coaches Manual, Level I & 2", NCCP
3. "Interactive Volleyball" (Vol. 1&2)

Contacting the Instructor:

Students requiring assistance are encouraged to speak with their instructor during class or office hours. Should you wish to meet with the instructor outside of office hours, please phone or email the instructor to make an appointment.

Email, while commonly used, does limit the effectiveness of communications and may not be the best way for instructors to answer student questions. Therefore, the instructor may request a telephone call or personal meeting. Your instructor will inform you as to his/her expectations about emails.

Evaluation of Course Content:

Observation Report: Due Oct. 10: (10%)
Test #1: Oct. 15 (15%)
Test #2: Nov. 7 (15%)
Skill Acquisition Video: Due Nov. 14 (20%)
Scouting Report: Due Nov. 28 (10%)
Game Plan: Due Nov. 28 (10%)
Student Skills Group Presentation: Nov. 14-Dec. 3 (10%)
Test #3: Dec. 5 (10%)

Late Policy:

Late Penalty: Any assignment, which fails to meet the respective due date during class time is penalized by 2% per day and not accepted after 2 days past the due date, unless there are extenuating circumstances. All assignments must be handed in during class, or into office B270 (**NOT** the drop box).

Examinations:

All exams will take place during the semester.

Grading Scale:

Grade	Percent	Grade Point Value	Description
A+	96.0-100.0	4.00	Outstanding
A	92.0-95.9	4.00	Excellent - superior performance, showing comprehensive understanding of subject matter.
A-	88.0-91.9	3.70	
B+	84.0-87.9	3.30	
B	80.0-83.9	3.00	Good-clearly above average performance with knowledge of subject matter generally complete.
B-	76.0-79.9	2.70	
C+	72.0-75.9	2.30	
C	68.0-71.9	2.00	Satisfactory – basic understanding of the subject matter. Grade point average below 2.00 is not sufficient for promotion.
C-	64.0-67.9	1.70	Minimum grade required if needed as a prerequisite course.
D+	60.0-63.9	1.30	
D	56.0-59.9	1.00	Minimal pass – marginal performance; generally insufficient preparation for subsequent courses in the same subject.
F	Below 56.0	0	Fail – unsatisfactory performance or failure to meet course requirements.

Additional Course Information:

Successful students may become certified with the Coaching Association of Canada, Technical (Volleyball) Level 1 or 2. There will be an additional cost for becoming certified. Certification is entirely optional.

The demands of this activity can be harmful to a student with physical limitations. It is the student's responsibility to inform the instructor of any physical limitations (including a recent positive PAR-Q) **prior to** participating in any activity class. Appropriate activity modifications will be made to accommodate these students.

Course Content:

- **Foundations of Coaching:** Personal Coaching Inventory, Coaching Philosophy
- **Fundamental Skills:** Skill Acquisition (Explanation, Demonstration, Error Detection & Correction) Team Systems
- **Competition Management:** Statistics, Scouting Report, Game Plan, Competition Match-ups
- **Team Systems:** Offense, Defense, & Serve Receive

Supplementary Course Information*In accordance with the University of Calgary Calendar*

**Academic
Accommodation
Awareness Information:**

It is the student's responsibility to request academic accommodation. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 220-8237. You are also required to discuss your needs with your instructor no later than fourteen (14) days after the commencement of this course. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation.

Plagiarism/Cheating/Other Academic Misconduct:

(see Calendar)

A single offence of cheating, plagiarism, or other academic misconduct is a serious act that will not be tolerated in the Faculty of Kinesiology. Penalties for such acts will be determined by the Dean and may result in a failing grade, probation, suspension, or expulsion. Any student who is uncertain if an action falls into this

Midterm Exam Policy:

category should consult the instructor and/or the Calendar.

The Faculty of Kinesiology policy is that all students are expected to write midterm exams on the dates listed on the course outline. Special accommodation may be granted by the instructor in **exceptional circumstances only** which include illness, participation in athletic events (varsity, national or international), domestic affliction, and religious conviction. It is the student's responsibility to supply proper documentation and/or notification **prior** to the originally scheduled midterm to support their circumstance. Personal travel plans and arrangements are **not** valid reasons for requesting a special accommodation for a midterm exam. Failure to comply with this policy will result in a grade of zero for the midterm and possible failure in the course.

FOIP Policy:

Please note that the University is under the jurisdiction of the provincial Freedom of Information and Protection of Privacy (FOIP) Act. Please refer to the website for details: <http://www.ucalgary.ca/secretariat/privacy>

**Internet and Electronic
Communication Device
Information:**

Any surfing of the Internet during lectures that is not directly related to the class discussion is distracting and strictly forbidden. Additionally, the use of any electronic devices (e.g., cellular phones, Blackberrys) for e-mailing, texting, etc. is strictly prohibited. Please turn OFF your phone before the beginning of each lecture.

Instructors have the authority, at the discretion of the dean of their faculty, to require that specific course assignments, term papers and academic exercises be submitted in an electronic format. Instructors cannot require that multiple copies of an assignment be submitted.

**Emergency
Evacuation/Assembly
Points:**

For classes in the Kinesiology buildings Primary assembly point is the MacEwan Student Centre - North Courtyard and the Alternate assembly point is University Theatres Lobby

Safewalk Information:

Safewalk volunteers walk people safely to their destination on campus (including Health Sciences, Children's Hospital, McMahon Stadium, and University LRT station). This service is free and available to students, staff and campus visitors. Call 403-220-5333 (24 hours a day/7 days a week/365 days a year).

Student's Union:

The Kinesiology Representative is Calindy Ramsden - Phone: 220-2913 or E-mail: kinesrep@su.ucalgary.ca.