

<p>Instructor: Brad Kilb Phone: 403-220-7350 Email: kilb@ucalgary.ca Office: KNB 270 Office Hours: Office hours or by appointment</p>	<p>Room: KNB 270 Days: Mondays Time: 11:00-11:50 or 13:00 – 13:50 Course Website: Blackboard Student: Hayley Wickenheiser 00978903</p>
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Course Objectives:

This Directed Study is designed to provide the student with a “hands-on” experience in a coaching setting. The student will be given the opportunity to be involved in an experiential coaching scenario with community hockey players at the youth developmental stage, under the guidance of a qualified mentor coach.

The objectives of the experiential learning & associated assignments include:

- To utilize critical thinking skills to analyze current training methods & techniques within the youth developmental coaching paradigm.
- To have the opportunity to experientially train youth hockey players.
 - To develop interpretative & assessment coaching skills (observation/report/ program design/evaluation)
- To provide the student with the ability to develop practice plans that are designed for the age & skill level of the athletes. The plans will include drills for specific skill progressions.
- To provide the student with an understanding of the importance of clear, concise & ‘need-to-know’ information which could be utilized by players to develop their skill acquisition level.
- To allow the student to give video feedback to individual athletes as they execute various hockey skills on ice.
- To provide the student with the opportunity to share competition strategies that are appropriate to the age & skill level of the athletes.
- To provide the student with the ability to evaluate the effectiveness of various communication styles when disseminating information to individual players.
- To provide the student with the ability to develop a dryland conditioning program that is designed for the age & skill level of the athletes.
- To observe master coaches in training and competitive scenarios.

Reference Reading Materials:

The Coaching Association of Canada (1991). Coaching theory level 2 (3rd ed.). Gloucester, Ontario, CAN: Coaching Association of Canada.

The Coaching Association of Canada (1993). Coaching theory level 1 (3rd ed.). Hockey Canada Skills Development Programs. www.hockeycanada.ca

Renney, T. and Johnston, M. (1996), 40 of the Best: Canadian National Team Drill Manual, Ottawa, Canadian Hockey Resource Centre

Patterson, C. and Miller, J. (1994), Initiation Program Lesson Manual, Ottawa, Canadian Amateur Hockey Association

Contacting the Instructor:

Students requiring assistance are encouraged to speak with their instructor during class or office hours. Should you wish to meet with the instructor outside of office hours, please phone or email the instructor to make an appointment.

Email, while commonly used, does limit the effectiveness of communications and may not be the best way for instructors to answer student questions. Therefore, the instructor may request a telephone call or personal meeting. Your instructor will inform you as to his/her expectations about emails.

Grading Scale:

Grade	Percent	Grade Point Value	Description
A+	96.0-100.0	4.00	Outstanding
A	92.0-95.9	4.00	Excellent - superior performance, showing comprehensive understanding of subject matter.
A-	88.0-91.9	3.70	
B+	84.0-87.9	3.30	
B	80.0-83.9	3.00	Good-clearly above average performance with knowledge of subject matter generally complete.
B-	76.0-79.9	2.70	
C+	72.0-75.9	2.30	
C	68.0-71.9	2.00	Satisfactory – basic understanding of the subject matter. Grade point average below 2.00 is not sufficient for promotion.
C-	64.0-67.9	1.70	
D+	60.0-63.9	1.30	
D	56.0-59.9	1.00	Minimal pass – marginal performance; generally insufficient preparation for subsequent courses in the same subject.
F	Below 56.0	0	Fail – unsatisfactory performance or failure to meet course requirements.

Evaluation of Course Content:

Evaluation criteria will be discussed with the instructor.

1. Practice Planning Skills: 30% (Due Date: October 1)
 - Plan Practices, with drills that are progressive & age-appropriate: 15%
 - Plan a Dryland Conditioning Program: 15%
2. Practice Management Skills: 45% (Due Date: October 29)
 - Coaching Skill Progressions: 15%
 - Ability to Follow Practice Plans: 15%
 - On-Ice Instruction: 15%
3. Video Review Skills: 10% (Due Date: November 19)
 - Skill Development: 10%
4. Competition Management Skills: 15% (Due Date: December 3)
 - Game Plans: 5%
 - Individual Tactics: 5%
 - Team Tactics: 5%

Late Policy:

Late Penalty: Any assignment, which fails to meet the respective due date during class time is penalized by 2% per day and not accepted after 2 days past the due date, unless there are extenuating circumstances. All assignments must be handed in during class, or into office B270 (**NOT** the drop box).

**Examinations:
Additional Course
Information:**

All exams will take place during the semester.

The demands of this activity can be harmful to a student with physical limitations. It is the student's responsibility to inform the instructor of any physical limitations (including a recent

positive PAR-Q) **prior to** participating in any activity class. Appropriate activity modifications will be made to accommodate these students.

Course Content:

This directed study is designed to provide the student with a “hands-on” experience in a hockey coaching setting, utilizing previously learned coaching concepts & principles.. The student will be given the opportunity to develop & direct specific training techniques as an on-ice coach.

Students will:

- Prepare practice plans
- Assist with the on-ice instruction of players at practices and competitions
- Lead progressive drills to teach ice hockey skills
- Lead video playback sessions with error detection/correction
- Prepare competition strategies which are age-appropriate
- Prepare a dryland conditioning program
- Lead a dryland conditioning program

Supplementary Course Information

In accordance with the University of Calgary Calendar

**Academic
Accommodation
Awareness Information:**

It is the student’s responsibility to request academic accommodation. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 220-8237. You are also required to discuss your needs with your instructor no later than fourteen (14) days after the commencement of this course. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation.

Plagiarism/Cheating/Other Academic Misconduct:

(see Calendar)

A single offence of cheating, plagiarism, or other academic misconduct is a serious act that will not be tolerated in the Faculty of Kinesiology. Penalties for such acts will be determined by the Dean and may result in a failing grade, probation, suspension, or expulsion. Any student who is uncertain if an action falls into this category should consult the instructor and/or the Calendar.

Midterm Exam Policy:

The Faculty of Kinesiology policy is that all students are expected to write midterm exams on the dates listed on the course outline. Special accommodation may be granted by the instructor in **exceptional circumstances only** which include illness, participation in athletic events (varsity, national or international), domestic affliction, and religious conviction. It is the student’s responsibility to supply proper documentation and/or notification **prior** to the originally scheduled midterm to support their circumstance. Personal travel plans and arrangements are **not** valid reasons for requesting a special accommodation for a midterm exam. Failure to comply with this policy will result in a grade of zero for the midterm and possible failure in the course.

FOIP Policy:

Please note that the University is under the jurisdiction of the provincial Freedom of Information and Protection of Privacy (FOIP) Act. Please refer to the website for details: <http://www.ucalgary.ca/secretariat/privacy>

**Internet and Electronic
Communication Device
Information:**

Any surfing of the Internet during lectures that is not directly related to the class discussion is distracting and strictly forbidden. Additionally, the use of any electronic devices (e.g., cellular phones, Blackberrys) for e-mailing, texting, etc. is strictly prohibited. Please turn OFF your phone before the beginning of each lecture.

Instructors have the authority, at the discretion of the dean of their faculty, to

require that specific course assignments, term papers and academic exercises be submitted in an electronic format. Instructors cannot require that multiple copies of an assignment be submitted.

**Emergency
Evacuation/Assembly
Points:**

For classes in the Kinesiology buildings Primary assembly point is the MacEwan Student Centre - North Courtyard and the Alternate assembly point is University Theatres Lobby

Safewalk Information:

Safewalk volunteers walk people safely to their destination on campus (including Health Sciences, Children's Hospital, McMahon Stadium, and University LRT station). This service is free and available to students, staff and campus visitors. Call 403-220-5333 (24 hours a day/7 days a week/365 days a year).

Student's Union:

The Kinesiology Representative is Calindy Ramsden - Phone: 220-2913 or E-mail: kinesrep@su.ucalgary.ca.