

Instructors: Brad Kilb, Janice Cook
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Office: KNB 270, KNB 252
Office Hours: Office hours or by appointment

Room: KNB 130 or Assigned Site
Days: Tuesdays/Thursdays
Time: 10:00 – 11:50
Course Website: Blackboard

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| Course Description: | <p>Fundamental principles of creating an effective learning environment in the school Physical Education Alternative Environments setting (K to Grade 12). The course is designed to provide a basic knowledge & skills related to the effective teaching & delivery of physical education content in a variety of alternative activity environments. Since there will be sessions involving participation in a variety of physical activities appropriate clothing should be worn.</p> |
| Course Objectives: | <p>The student will:</p> <ol style="list-style-type: none"> 1. be conversant with information related to the philosophy, terminology, concepts & scope of physical education activity in alternative environments. 2. be conversant with the concept of risk, with methods for appropriately analyzing & dealing with risk management scenarios. 3. be conversant with skill analysis related to effective skill performance, including related biomechanical principles, & effective error detection & correction feedback strategies related to a variety of student learning stages. 4. be conversant with integrating physical activity skills into effective annual, unit, & daily lesson plans. 5. be conversant with appropriate alternative environment performance assessment techniques. 6. have the opportunity to participate in canoeing classes, as a model teaching scenario. |
| Reference Reading Materials: | <p>Gilbertson, Bates, et al (2006). <u>Outdoor Education - Methods & Strategies</u>. Champaign, IL: Human Kinetics. http://books.google.ca/books Kirchner, G. & Fishburne, G. (1998). <u>Physical Education for Elementary School Children – 10th Edition</u>. Dubuque, IA: Wm C. Brown Communications. Harrison, J., Blakemore, C, & Buck, M. (2001). <u>Instructional Strategies for Secondary School Physical Education – 5th edition</u>. New York, New York: McGraw-Hill Higher Education. Alberta Learning. <u>K-12 Physical Education Curriculum & Guide to Implementation</u>: (1999). Edmonton, Alberta. Government of Alberta. Wuest, D. & Lombardo, B. (1994). <u>Curriculum & Instruction: the Secondary School Physical Education Experience</u>. St. Louis: Mosby. Miles, John C. & Simon Priest (1999). <u>Adventure Programming</u>. Venture Publishing, Inc. Pennsylvania: State College.</p> |
| Contacting the Instructor: | <p>Electronic Resources: http://www.med.ualberta.ca/acicr/ Select: >> Revised Safety Guidelines for Physical Activity in Alberta Schools. (Updated 03.October, 2000). http://pelinks4u.org/ http://capherd.ca/e/index.htm http://www.aapherd.org/ http://www.mcmaster.ca/learning/pospedindex.html http://www.awesomelibrary.org/Classroom/Health PE/Physical Education/Physical Education.html</p> <p>Students requiring assistance are encouraged to speak with their instructor during class or office hours. Should you wish to meet with the instructor outside of office hours, please phone or email</p> |

the instructor to make an appointment.

Email, while commonly used, does limit the effectiveness of communications and may not be the best way for instructors to answer student questions. Therefore, the instructor may request a telephone call or personal meeting. Your instructor will inform you as to his/her expectations about emails.

Grading Scale:

| Grade | Percent | Grade Point Value | Description |
|-------|------------|-------------------|---|
| A+ | 96.0-100.0 | 4.00 | Outstanding |
| A | 92.0-95.9 | 4.00 | Excellent - superior performance, showing comprehensive understanding of subject matter. |
| A- | 88.0-91.9 | 3.70 | |
| B+ | 84.0-87.9 | 3.30 | |
| B | 80.0-83.9 | 3.00 | Good-clearly above average performance with knowledge of subject matter generally complete. |
| B- | 76.0-79.9 | 2.70 | |
| C+ | 72.0-75.9 | 2.30 | |
| C | 68.0-71.9 | 2.00 | Satisfactory – basic understanding of the subject matter. Grade point average below 2.00 is not sufficient for promotion. |
| C- | 64.0-67.9 | 1.70 | Minimum grade required if needed as a prerequisite course. |
| D+ | 60.0-63.9 | 1.30 | |
| D | 56.0-59.9 | 1.00 | Minimal pass – marginal performance; generally insufficient preparation for subsequent courses in the same subject. |
| F | Below 56.0 | 0 | Fail – unsatisfactory performance or failure to meet course requirements. |

Evaluation of Course Content:

| | | |
|-----------------------------------|------------------|------|
| A.E. Activity Planning Checklist | Due October 9 | 10 % |
| A.E. Effective Teaching Checklist | Due October 18 | 10 % |
| A.E. Assessment Tool Examination | Due November 1 | 15 % |
| | November 8 | 30 % |
| A.E. Peer Teaching | Nov. 15 – Dec. 4 | 20 % |
| A.E. Risk Management Analysis | Due December 6 | 15 % |

Late Policy:

The specific requirements for each assignment are discussed in class and communicated on Blackboard. All assignments must be handed into the instructor's office (NOT the drop box). **Late Penalty:** Any assignment, which fails to meet the respective due date during class time is penalized by 10% per day and not accepted after 2 days past the due date, unless there are extenuating circumstances discussed with the instructor **prior** to the due date.

Examination: Additional Course Information:

All exams will take place during the semester. The demands of this activity can be harmful to a student with physical limitations. It is the student's responsibility to inform the instructor of any physical limitations (including a recent positive PAR-Q) **prior** to participating in any activity class. Appropriate activity modifications will be made to accommodate these students.

Course Content:

SEPTEMBER

11 (B130) JC/BK

13 (B130) JC

Course intro, expectations, outline, assignments

UNIT I: Foundations of Activities in Alternative Environments (3 days)

Establishing the context for alternative environments. Adventure Foundations & Concepts. Founders. Terminology.

18 (B130) JC

UNIT I: (cont'd)

20 (B130) JC

UNIT I: (cont'd)

25 (B130) JC

UNIT II: Alternative Environments Teaching Principles (2 days)

Scope of Alternative Environment Activities. What activities should I teach?

Logistical planning. Activity Planning Checklist.

UNIT II: (cont'd)

27 (B130) JC

OCTOBER

2 (B130) BK

UNIT III: Effective Alternative Environments Teaching (2 days)

Alternative environments teaching. Developing a teaching hierarchy.

Effective Teaching Checklist.

4 (B130) BK

UNIT III: (cont'd)

AE Assessment Techniques

9 (B130) BK

UNIT IV: Risk Management in Alternative Environments (1 day)

Risk in Alternative Environments.

A.E. Activity Planning Checklist Due (10%)

Risk management analysis. EAP.

11 (B130) BK

UNIT V: Skill Acquisition in Alternative Environments (1 day)

Skill Acquisition

16 (Pool) BK

UNIT VI: Model Teaching in Alternative Environments (7 days)

18 (Pool) BK

UNIT VI: (cont'd)

A.E. Effective Teaching Checklist Due (10%)

23 (Pool) BK

UNIT VI: (cont'd)

25 (Pool) BK

UNIT VI: (cont'd)

30 (Pool) JC

UNIT VI: (cont'd)

NOVEMBER

1 (Pool) JC

UNIT VI: (cont'd)

A.E. Assessment Tool Due (15%)

6 (Pool) JC

UNIT VI: (cont'd)

8 (B130) JC

EXAM (30%)

Exam (30%)

13

NO CLASS Reading Day

15 (Pool) JC/BK

UNIT VII: Peer Teaching in Alternative Environments Activities (6 days)

20 (Pool) JC/BK

UNIT VII: (cont'd)

22 (Pool) JC/BK

UNIT VII: (cont'd)

27 (Pool) JC/BK

UNIT VII: (cont'd)

29 (Pool) JC/BK

UNIT VII: (cont'd)

December

4 (Pool) JC/BK

UNIT VII: (cont'd)

A.E. Peer Teaching (20%)

6 (B130) JC/BK

Course feedback & evaluation

A.E. Risk Management Analysis Due (15%)

Supplementary Course Information

In accordance with the University of Calgary Calendar

Academic Accommodation Awareness Information:

It is the student's responsibility to request academic accommodation. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 220-8237. You are also required to discuss your needs with your instructor no later than fourteen (14) days after the commencement of this course. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation.

Plagiarism/Cheating/Other Academic Misconduct:

(see Calendar)

A single offence of cheating, plagiarism, or other academic misconduct is a serious act that will not be tolerated in the Faculty of Kinesiology. Penalties for such acts will be determined by the Dean and may result in a failing grade, probation, suspension, or expulsion. Any student who is uncertain if an action falls into this category should consult the instructor and/or the Calendar.

Midterm Exam Policy:

The Faculty of Kinesiology policy is that all students are expected to write midterm exams on the dates listed on the course outline. Special accommodation may be granted by the instructor in exceptional circumstances only which include illness, participation in athletic events (varsity, national or international), domestic

affliction, and religious conviction. It is the student's responsibility to supply proper documentation and/or notification **prior** to the originally scheduled midterm to support their circumstance. Personal travel plans and arrangements are **not** valid reasons for requesting a special accommodation for a midterm exam. Failure to comply with this policy will result in a grade of zero for the midterm and possible failure in the course.

FOIP Policy:

Please note that the University is under the jurisdiction of the provincial Freedom of Information and Protection of Privacy (FOIP) Act. Please refer to the website for details: <http://www.ucalgary.ca/secretariat/privacy>

**Internet and Electronic
Communication Device
Information:**

Any surfing of the Internet during lectures that is not directly related to the class discussion is distracting and strictly forbidden. Additionally, the use of any electronic devices (e.g., cellular phones, Blackberrys) for e-mailing, texting, etc. is strictly prohibited. Please turn OFF your phone before the beginning of each lecture.

Instructors have the authority, at the discretion of the dean of their faculty, to require that specific course assignments, term papers and academic exercises be submitted in an electronic format. Instructors cannot require that multiple copies of an assignment be submitted.

Emergency

Evacuation/Assembly

Points:

For classes in the Kinesiology buildings Primary assembly point is the MacEwan Student Centre - North Courtyard and the Alternate assembly point is University Theatres Lobby

Safewalk Information:

Safewalk volunteers walk people safely to their destination on campus (including Health Sciences, Children's Hospital, McMahon Stadium, and University LRT station). This service is free and available to students, staff and campus visitors. Call 403-220-5333 (24 hours a day/7 days a week/365 days a year).

Student's Union:

The Kinesiology Representative is Calindy Ramsden - Phone: 220-2913 or E-mail: kinesrep@su.ucalgary.ca.