

1. Calculate

$$\begin{aligned} & \int \frac{e^x + e^{-x}}{e^x - e^{-x}} dx \Big|_{du=[e^x+e^{-x}]dx} = \\ &= \int \frac{1}{u} du = \ln|u| + C = \ln[e^x - e^{-x}] + C. \end{aligned}$$

2. Calculate

$$\begin{aligned} \int_0^{\frac{\pi}{2}} \sin^4(u) du &= \int_0^{\frac{\pi}{2}} [\sin^2(u)]^2 du = \int_0^{\frac{\pi}{2}} \left[\frac{1 - \cos(2u)}{2} \right]^2 du = \\ &= \int_0^{\frac{\pi}{2}} \left[\frac{1 - 2\cos(2u) + \cos^2(2u)}{4} \right] du = \\ &= \frac{1}{4} [u - \sin(2u)] \Big|_0^{\frac{\pi}{2}} + \frac{1}{4} \int_0^{\frac{\pi}{2}} \frac{1 + \cos(4u)}{2} du = \\ &= \frac{\pi}{8} + \frac{1}{2} \left[u + \frac{\sin(4u)}{4} \right] \Big|_0^{\frac{\pi}{2}} = \frac{\pi}{8} + \frac{\pi}{4}. \end{aligned}$$

3. Calculate $\int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} \tan^3(r) \sec(r) dr = 0$, since the integrand is odd and the interval is symmetric. However it is o.k. to carry out the calculation in the standard way:

$$\begin{aligned} &= \int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} \tan^2(r) \tan(r) \sec(r) dr = \\ &= \int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} [\sec^2(r) - 1] \tan(r) \sec(r) dr \Big|_{du=\sec(r)\tan(r)dr} = \\ &= \int_{\sqrt{2}}^{\sqrt{2}} [u^2 - 1] du = [\frac{u^3}{3} - u] \Big|_{\sqrt{2}}^{\sqrt{2}} = 0. \end{aligned}$$

Note that $\sec(x) = \frac{1}{\cos(x)}$ is an even function, so we end up with $\int_{\sqrt{2}}^{\sqrt{2}}$ which is automatically zero, since the upper and lower limits are the same.