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Psychology 201 - L01 Principles of Psychology II Summer 2021

**Instructor:** Dr. Peter van der Velde **Lecture Location:** Web Based

**Phone:** Lecture Days/Time: M/W 9:00-11:45 am

**Email:** pvander@ucalgary.ca

Office: (AD155B)

**Office Hours:** via Zoom, by appointment

## **Course description**

This course provides a general introduction to the study of basic psychological processes. At the end of the course, you will be able to evaluate psychological information in accordance with the scientific method and will have introductory-level knowledge of:

- The diverse sub-fields of psychology, such as Developmental and Social Psychology, Intelligence, Motivation, Emotion, Personality, Stress, as well as Psychological Disorders and their Treatment.
- Understanding current psychological theories focusing on basic processes
- Basic concepts and terminology used in different areas of psychology

Lectures are intended to highlight and extend, rather than summarize, assigned text readings. You will benefit most from the posted lecture notes if you read the assigned book chapters *prior* to the corresponding lecture. Class PowerPoints as well as accompanying audio and/or video files will be made available on the course D2L site. The Power Points are provided to assist you in organizing and understanding the material and are not a substitute for the full lectures.

#### **Course Learning Outcomes**

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see <a href="https://live-arts.ucalgary.ca/psychology/about#program-learning-outcomes">https://live-arts.ucalgary.ca/psychology/about#program-learning-outcomes</a>), and the expected level of achievement.

Course Learning Outcomes	Assessment	PLO(s)	Level(s)
	Methods		
Differentiate between the diverse sub-fields of Psychology	MC Exams	1	I
Define the terminology used in different areas of Psychology	MC Exams	1	I
Define psychology as a biological and social science, and	MC Exams	3	I
Define/Apply the key theories and research methods in			
Psychology			
Critically Think about psychological issues	MC Exams	2, 6	I

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles, 7 = apply psychological knowledge and skills, 8 = demonstrate multicultural competence and awareness of issues related to equity, diversity and inclusion. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

## **Acknowledgments and Respect for Diversity**

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

#### **Course Format**

This course will use a hybrid format. Class materials will be posted to the course D2L page by the day/time of each scheduled class as per the course schedule. I will make myself available every Wednesday (between 10-11:30 am) via scheduled Zoom meetings to answer questions or clarify the material. Zoom meetings will be recorded and will be made available via weblink to students after class.

# **Prerequisites**

There are no prerequisites to this course.

## **Required Text**:

Comer, Ronald; Gould, Elizabeth; Ogden, Nancy and Boyes, Mike (2018): **Psychology Around Us, Third Canadian Edition**, Wiley Canada, Toronto. Available at the University of Calgary Bookstore. Electronic copies are available at:

https://www.wiley.com/en-ca/Psychology+Around+Us%2C+3rd+Canadian+Edition-p-9781119348610



#### **Desire2Learn for PSYC 201**

There is an area on the general campus Desire 2Learn site set aside for this course.

THIS SITE SHOULD BE YOUR FIRST STOP FOR QUESTIONS ABOUT COURSE TOPICS, DATES, ETC.

### **Assessment Methods**

Two on-line Mid-Term Exams (July 12, July 28) and a Final Exam (date set by the Registrar: Aug 13-17) are scheduled. You will be allowed to start a mid-term exam any time within the scheduled 24-hour

period, and from that point in time onwards you will have **90 minutes** to complete it (following UofC guidelines for on-line courses: normally you would have been allowed 1 hour to complete the test, but you will receive 50% of added time to be able to deal with eventual technical problems such as internet connection issues, etc.). I will also regularly check my email throughout most of the day in case that you need help to deal with unexpected problems during the quiz.

All exams are web-based, non-cumulative multiple-choice tests based on **both** textbook and lecture material (including films and other demonstrations). Not all exam material will be covered in class, and some exam material covered in the lectures will not be covered in the text, so paying attention to the (published) lectures is important for success in this course. Note that you are responsible for **all** assigned readings from the text even if the specific content has not been covered in lectures. Many exam questions will involve critical thinking, a skill you will be given practice developing in class, so again it's to your advantage to pay attention to the lectures.

Exams in this course are **open book**. For this course, an open book exam means that the use of class notes, the textbook and calculators is permitted. **The use of online resources is not permitted.**Students may not communicate with others about course material or the exam either in person or electronically during exams.

Your course grade will be computed as the average of your three exam % scores (converted to a score out of 98) PLUS your Experiential Learning score (2%) (see section below). In other words, each exam is worth 32.67 % of your final mark: the "missing" 2 points can be earned via the SONA/Experiential learning program.

"Test-Taking Advice: Especially for the Multiple-Choice Challenged":

https://psyc.ucalgary.ca/sites/psyc.ucalgary.ca/files/Test\_Taking\_Advice.pdf

This is a useful document with all sorts of tips about how to prepare for exams more effectively!

## **University of Calgary Academic Integrity Policy**

Academic integrity is the foundation of the development and acquisition of knowledge and is based on values of honesty, trust, responsibility, and respect. We expect members of our community to act with integrity. Research integrity, ethics, and principles of conduct are key to academic integrity. Members of our campus community are required to abide by our institutional code of conduct and promote academic integrity in upholding the University of Calgary's reputation of excellence. It is your responsibility to ensure that you have read and are familiar with the student academic misconduct policy: <a href="https://www.ucalgary.ca/policies/files/policies/student-academic-misconduct-policy.pdf">https://www.ucalgary.ca/policies/files/policies/student-academic-misconduct-policy.pdf</a>.

# **Department of Psychology Criteria for Letter Grades**

Psychology professors use the following criteria when assigning letter grades:

A+ grade: *Exceptional Performance*. An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: Excellent Performance. Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance*. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: Satisfactory Performance. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards*. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: Course standards not met. Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

#### **Grading Scale**

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
Α	90-95%	В	76-79%	С	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, *final* percentage grades will be rounded up to the nearest whole percentage (e.g., 89.50% will be rounded up to 90% = A, but 89.49% will be rounded down to 89% = A-).

# Tentative Lecture Schedule NOTE: While Exam Dates are FIXED, topic dates may shift a bit.

DATE	Topics	Readings
Mon Jun 28	First Day of Classes	
Mon Jun 28 *	Course Overview / Human Development (Zoom meeting!)	Ch. 4
Jun 30	Human Development	Ch. 4

Thu Jul 1	Canada Day; No Classes!		
Fri Jul 2	Last day to drop classes without penalty. Last day to add or swap classes		
Jul 5	Motivation and Emotion	Ch. 11	
Jul 7	Motivation and Emotion / Intelligence	Ch. 11, 10	
Mon Jul 12	Exam #1	Ch 4, 11	
Jul 12	Intelligence	Ch. 10	
Jul 14	Intelligence / Personality	Ch. 10, 12	
Jul 19	Personality	Ch. 12	
Jul 21	Social Psychology	Ch. 13	
Jul 26	Social Psychology, Stress, Coping and Health	Ch. 13, 14	
Jul 28	Exam #2	Ch 10, 12, 13	
Jul 28	Stress, Coping and Health	Ch. 14	
Mon Aug 2	Heritage Day; No Classes!		
Aug 4	Psychological Disorders	Ch 15	
Aug 9	Treatment of Psychological Disorders	Ch 15, 16	
Aug 11	Treatment of Psychological Disorders	Ch 16	
Wed Aug 11	End of Spring Lectures and last day to withdraw from a course.		
Aug 13-17 (TBA)	Final Exam Period (and our final [3 <sup>rd</sup> ] exam)!	Ch 14, 15, 16	

## **Course Credits for Research Participation (Max 2% of final grade)**

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation. The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <a href="http://ucalgary.sona-systems.com">http://ucalgary.sona-systems.com</a>. The last day to participate in studies and to assign or reassign earned credits to courses is <a href="August 11">August 11</a>, 2021 (i.e., you must have this finalized before 11:59 pm on that day).

### **Seating During Exams**

Instructors and exam invigilators are free to ask students to move seats before an exam begins or even during an exam. Students must comply with this request and refusal to do so may warrant a charge of academic misconduct.

## **Absence From A Test/Exam**

Makeup tests/exams are **NOT** an option without the approval of the instructor. A student may be asked to provide supporting documentation for an exemption/special request for a make-up exam <a href="https://www.ucalgary.ca/pubs/calendar/current/m-1.html">https://www.ucalgary.ca/pubs/calendar/current/m-1.html</a>. Students who miss a test/exam have up to 24 hours to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. Students who do not schedule a makeup test/exam with the instructor within this 24-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Once approved by the instructor a makeup test/exam must be written within 1 week of the missed test/exam during exam make-up hours provided by the department <a href="http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues">http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues</a>. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <a href="https://www.ucalgary.ca/registrar/exams/deferred-exams">https://www.ucalgary.ca/registrar/exams/deferred-exams</a>.

## **Travel During Exams**

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official June and August examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <a href="https://www.ucalgary.ca/registrar/exams/deferred-exams.">https://www.ucalgary.ca/registrar/exams/deferred-exams.</a>
Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology (psycugrd@ucalgary.ca).

Reappraisal of Graded Term Work <a href="http://www.ucalgary.ca/pubs/calendar/current/i-2.html">http://www.ucalgary.ca/pubs/calendar/current/i-2.html</a>

Reappraisal of Final Grade http://www.ucalgary.ca/pubs/calendar/current/i-3.html

#### **Academic Accommodations**

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit www.ucalgary.ca/access/. Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor. The full policy on Student Accommodations is available at <a href="http://www.ucalgary.ca/policies/files/policies/student-accommodation-policy.pdf">http://www.ucalgary.ca/policies/files/policies/student-accommodation-policy.pdf</a>.

#### **Academic Misconduct**

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <a href="http://www.ucalgary.ca/pubs/calendar/current/k.html">http://www.ucalgary.ca/pubs/calendar/current/k.html</a>

# **Instructor Intellectual Property**

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

# **Copyright Legislation**

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright (<a href="www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf">www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf</a>) and requirements of the copyright act (<a href="https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html">https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html</a>) to ensure they are aware of the consequences of unauthorized sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

#### Freedom OF Information and Protection of Privacy

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary

#### **Student Support and Resources**

https://www.ucalgary.ca/registrar/registration/course-outlines

## **Important Dates**

The last day to drop this course with no "W" notation and still receive a tuition fee refund is Friday, July 2<sup>nd</sup>, 2021. Last day for registration/change of registration is Friday, July 2<sup>nd</sup>, 2021. The last day to withdraw from this course is Wednesday, August 11<sup>th</sup>, 2021.