

| PSYCH 201 | Principles of Psychology II | Winter 2020 |
|----------------------|-----------------------------|--------------------------------------------|
| Phone: | 403-220-6002 | Lecture Days/Time: T/R 9:30 – 10:45 |
| Email: | Adam.murry@ucalgary.ca | |
| Office: | AD 131D | |
| Office Hours: | R 14:00-15:00 or By appt. | |

Course Description and Goals

As part II of the Principles in Psychology segment, this course continues the survey of psychology's major topics and sub-disciplines. We discuss more of the major topics and sub-disciplines of psychology, scientific methods used to investigate respective phenomena of interest, and contemporary theories used in each field. In particular, we cover development, intelligence, motivation and emotion, personality, social, stress and health, psychological disorders, and treatments of psychological disorders. Through exposure and engagement with each field throughout the semester, you will gain an appreciation for the expansiveness of psychology, an understanding of the discipline's innovative development, and an introductory level of scientific psychological knowledge.

Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see psyc.ucalgary.ca/undergraduate/program-learning-outcomes), and the expected level of achievement.

| Course Learning Outcomes | Assessment Methods | PLO(s) | Level(s) |
|-----------------------------------------------------------------------------------|----------------------|------------|----------|
| Identify and compare different sub-fields of psychology | Multiple Choice exam | 1, 2, 7 | I |
| Apply terminology in psychology to specific, concrete examples | Multiple Choice exam | 1, 2, 5, 7 | I |
| Recognize basic knowledge of key theories, experiments, and figures in psychology | Multiple Choice exam | 1 | I |
| Interpret and apply theories and ideas in psychology to one's own life | Multiple Choice exam | 5, 7 | I |
| Classify psychological issues and translate their implications | Multiple Choice exam | 2, 5, 6 | I |

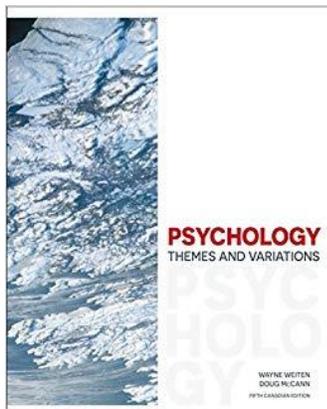
Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles, 7 = apply psychological knowledge and skills. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

Prerequisites

Psychology 200 (Principles of Psychology I)

Required Text

Weiten, W. & McCann, D. (2019). *Psychology: Themes and variations*. Nelson Thomson Learning: Boston, MA.



The text can be purchased through the university's bookstore or other venues (but make sure if you buy it online that it will arrive in time for class). Electronic versions are acceptable if that is a platform that is desirable to you, but the book store will buy the book back from you at %50 of their listed price.

In addition to our main text, we will be using chapter 13 from the below open source textbook on psychology. It is free and available to download at: <https://openstax.org/details/books/psychology>.

Spielman, R.M., Dumper, K., Jenkins, W., Lacombe, A., Lovett, M., & Perlmutter, M. (2017). *Psychology*.

Openstax, Rice University: Houston, TX.



Assessment Methods

Exams

There are 4 exams in this course. The first 3 will be held on **January 30th**, **Mar 3rd**, and **March 24st**, the fourth will serve as our final exam, the date of which is determined by the registrar (TBD). **Each exam is worth 22% of your grade. Exams, including the final, are not cumulative; questions are comprised of the material between each exam.** Exams will cover content from the text and from the lectures. Not all content from the lectures will be in the text and vice versa. Consequently, listening to the lectures is important. Exams 1 and 2 were delivered in-class. **Exams 3 and 4 (the final) will be delivered via tophat.**

Table 1. Breakdown of assignment weights

| Date | Assignment category | Percentage of total grade |
|----------|-------------------------------------|---------------------------|
| T 30-Jan | Exam #1 | 22% |
| R 3-Mar | Exam #2 | 22% |
| R 24-Mar | Exam #3 | 22% |
| TBD | Exam #4: Final Exam | 24% |
| On-going | Participation in class (via tophat) | 8% |
| Separate | Research participation (RPS) | 2% |
| | TOTAL | 100% |

In-class participation

To assess student experience, opinion, engagement, participation, and attendance, we will be using Tophat in this course during the lectures. To receive participation credit for using Top Hat, you will have to register for a Top Hat account online. Participation is worth 8% of your grade. Top Hat participation marks will be broken down as follows:

- At least 80% of Top Hat questions answered = 8%
- At least 60% of Top Hat questions answered = 6%
- At least 40% of Top Hat questions answered = 4%
- At least 20% of Top Hat questions answered = 2%
- Less than 20% of Top Hat questions answered = 0%

As of March 17th, 2020, all courses at the UofC are to transition from in-class to online platforms. Tophat questions will continue to be distributed but as homework, to be completed the same day as our normal class would be held. Tophat questions expired at mid-night the day of class.

Course Credits for Research Participation for 201

Experiential-Learning/Article-Evaluation Course Component (2% bonus)

This experiential-learning/article-evaluation component provides enriched learning opportunities in this introductory course. You can complete this component by participating in research studies (Option 1: Research Participation), by completing 1-page article evaluations from a designated list (Option 2: Article Evaluations), or by a combination of the two options. Thus, you will learn more about psychology by taking part in research studies and/or by reading and evaluating articles from a psychological perspective. There are 4 RPS credits available through options 1 and 2 below. Two credits are worth 2% bonus added to your grade in this class, anything else is extra credit that results in course bonus points.

Option 1: Research Participation. Students can complete this course component by creating an account and participating in Departmentally approved research studies at <http://ucalgary.sona-systems.com>. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation up to a 2% bonus. Each study will be followed by an educational debriefing experience. The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. **The last day to participate in research and allocate credits is April 15, 2020.**

Option 2: Article Evaluations. Students can complete this course component by reading and evaluating articles. Students earn 1% (1 credit) for each acceptable evaluation. Students can submit only one evaluation per due date (**January 24, February 7, March 6, March 27, 2020**), late submissions will not be accepted. Please consult the Blackboard for this course for more information about this option.

Option 3: Combinations of Options 1 and 2. Students can complete this course component through any combination of Options 1 and 2. As mentioned under Option 2, students can only submit one article evaluation per due date, late submissions will not be accepted. Thus, students who opt to combine Options 1 and 2 must plan ahead carefully.

Tentative Lecture Schedule

Table 2. Tentative Classroom Schedule – Winter 2020

| Day | Date | Term classroom schedule | Reading due | Exam | Per Cent |
|-----|--------|-----------------------------------------------------------------------------|-------------|-----------------|----------|
| T | 14-Jan | Unit 0: Introduction to the course | | | |
| R | 16-Jan | Unit 1: Intelligence | Ch 9 | | |
| T | 21-Jan | Unit 1: Intelligence | Ch 9 | | |
| R | 23-Jan | Unit 2: Motivation | Ch 10 | | |
| T | 28-Jan | Unit 2: Emotion | Ch 10 | | |
| R | 30-Jan | Mid-term Exam #1 | | #1 | 23% |
| T | 4-Feb | Unit 3: Personality | Ch 12 | | |
| R | 6-Feb | Unit 3: Personality | Ch 12 | | |
| T | 11-Feb | Unit 4: Psychological disorders | Ch 15 | | |
| R | 13-Feb | Unit 4: Psychological disorders | Ch 15 | | |
| T | 18-Feb | Mid-Term Break | | | |
| R | 20-Feb | Mid-Term Break | | | |
| T | 25-Feb | Unit 5: Treatment of psychological disorders | Ch 16 | | |
| R | 27-Feb | Unit 5: Treatment of psychological disorders | Ch 16 | | |
| T | 3-Mar | Mid-term Exam #2 | | #2 | 23% |
| R | 5-Mar | Unit 6: Stress & Health | Ch 14 | | |
| T | 10-Mar | Unit 6: Stress & Health | Ch 14 | | |
| R | 12-Mar | Unit 7: I-O psychology | Ch 13* | *Spielman et al | |
| T | 17-Mar | Unit 7: I-O psychology | Ch 13* | | |
| R | 19-Mar | Unit 7: I-O psychology | Ch 13* | | |
| T | 24-Mar | Mid-term Exam #3 | | #3 | 23% |
| R | 26-Mar | Unit 8: Social psychology | Ch 13 | | |
| T | 31-Mar | Unit 8: Social psychology | Ch 13 | | |
| R | 2-Apr | Unit 9: Human development | Ch 11 | | |
| T | 7-Apr | Unit 9: Human development | Ch 11 | | |
| R | 9-Apr | Unit 9: Human development | Ch 11 | | |
| T | 14-Apr | Last class – final review | | | |
| W | 15-Apr | End of classes | | | |
| T | 21-Apr | Finals week – Final date to be determined | | #4 | 23% |
| R | 23-Apr | Finals week | | | |
| | | Sub-total w/o research participation (4%) or in class participation (4%) | | | 92% |
| | | TOTAL w/ research participation | | | 100% |

Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

A+ grade: Exceptional Performance. An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: Excellent Performance. Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: Good Performance. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: Satisfactory Performance. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: Marginally meets standards. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: Course standards not met. Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

| | | | | | | | |
|----|---------|----|--------|----|--------|----|--------|
| A+ | 96-100% | B+ | 80-84% | C+ | 67-71% | D+ | 54-58% |
| A | 90-95% | B | 76-79% | C | 63-66% | D | 50-53% |
| A- | 85-89% | B- | 72-75% | C- | 59-62% | F | 0-49% |

To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.45% will be rounded up to 90% = A, but 89.44% will be rounded down to 89% = A-).

Seating During Exams

Instructors and exam invigilators are free to ask students to move seats before an exam begins or even during an exam. Students must comply with this request and refusal to do so may warrant a charge of academic misconduct.

Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without the approval of the instructor. A student may be asked to provide supporting documentation for an exemption/special request for a make-up exam <https://www.ucalgary.ca/pubs/calendar/current/n-1.html>. Students who miss a test/exam have up to 48 hours to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they

will allow a make-up exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Once approved by the instructor a makeup test/exam must be written within 2 weeks of the missed test/exam during exam make-up hours provided by the department

<http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues>. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam

<https://www.ucalgary.ca/registrar/exams/deferred-exams>. Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology (psyugrd@ucalgary.ca).

Reappraisal of Graded Term Work <http://www.ucalgary.ca/pubs/calendar/current/i-2.html>

Reappraisal of Final Grade <http://www.ucalgary.ca/pubs/calendar/current/i-3.html>

Academic Accommodations

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit www.ucalgary.ca/access/. Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor. The full policy on Student Accommodations is available at

<http://www.ucalgary.ca/policies/files/policies/student-accommodation-policy.pdf>.

Academic Misconduct

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <http://www.ucalgary.ca/pubs/calendar/current/k.html>

Instructor Intellectual Property

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is

prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

Copyright Legislation

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright (www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf) and requirements of the copyright act (<https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html>) to ensure they are aware of the consequences of unauthorized sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

Freedom OF Information and Protection of Privacy

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary

Student Support and Resources

<https://www.ucalgary.ca/registrar/registration/course-outlines>

Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 130 and may be contacted at 403-220-5567.

Student Union VP Academic: Phone: 403-220-3911 suvpaca@ucalgary.ca

Student Union Faculty Rep.: arts1@su.ucalgary.ca

Important Dates

The last day to drop this course with no "W" notation and **still receive a tuition fee refund** is **January 23, 2020**. Last day for registration/change of registration is **January 24, 2020**. The last day to withdraw from this course is **April 15, 2020**.