

# **Department of Psychology**

## Psychology 205 (L10) – Principles of Psychology)

#### Winter 2006

**Lecture Day/Time:** MWF, 11:00 (50 min) **Location:** SB 103 **Instructor:** Julie Quinn **Office:** Admin 263

Office Hours: Monday, 1-2:30 OR E-mail: jeaquinn@ucalgary.ca

by appointment

#### **Course Description and Goals:**

This course provides a general introduction to the fascinating field of psychology. By the end of the course, students will have a better understanding of the fundamental procedures, findings, terminology, and theories in the major areas of psychology. Students are encouraged to participate in class discussions, and to learn to think critically when considering explanations of psychological phenomena.

Please note that the lectures are meant to highlight and expand upon the material in each chapter. In order to do well in this course, students are responsible for material covered in lectures, textbook readings and media presentations. In the case of absenteeism, it is the student's responsibility to make arrangements with another student to cover missed class information.

**Required Text:** (available at the University Bookstore)

Nairne, J.S., Lindsay, S., Paulhus, D.L., & Smith, M.S. (2004). *Psychology: The adaptive mind*. Second Canadian Edition. Scarborough, Ontario: Nelson.

### **Auxiliary Materials:**

Burns, S.M. (2004). Study *guide for use with Psychology: The adaptive mind, Second Canadian edition*. Scarborough, Ontario: Nelson. (available at the University Bookstore)

InfoTrac® College Edition: <a href="www.adaptivemind2e.nelson.com">www.adaptivemind2e.nelson.com</a>

**Blackboard:** Class outlines, discussion groups and important announcements will be posted on Blackboard at the instructor's discretion. To log onto Blackboard, follow the links through "My UofC", or type in the following web address:

https://blackboard.ucalgary.ca/webapps/login

#### **Communicating with the Instructor**

Students are welcome to contact me in person after class, during office hours, or by email. If sending an email, please indicate the class title (Psych 205) clearly in the subject heading.

### **Evaluation:**

Midterm Exam #1	Jan. 30	CH 1, 2, 3, 4	24%
Midterm Exam #2	Feb.17	CH 6, 7, 10	24%
Midterm Exam #3	Mar. 20	CH 5, 10, 11, 12	24%
Final Exam	TBA	CH 14, 15, 16	24%
Experiential-Learning/Articl	ourse Component	4%	

<u>Exams</u>: Four (4) non-cumulative multiple choice exams covering assigned readings and all lecture materials (including guest speakers, media presentations, etc...).

<u>Experiential-Learning/Article-Evaluation:</u> Students are required to earn 4% of their grade by participating in research studies and/or writing one page article evaluations (refer to "options" described below.

## **Lecture Schedule**

DATE	TOPIC	READING	
Jan. 9 (M)	What is Psychology?	Ch. 1	
Jan. 11	Psychology: Then & Now	Ch. 1	
Jan. 13	Research Methods	Ch. 2	
Jan. 16 (M)	Research Methods (cont'd)	Ch. 2	
Jan. 18	Biological Processes	Ch. 3	
Jan. 20	Biological Processes (cont'd)	Ch. 3	
Jan. 23 (M)	Biological Processes (cont'd)	Ch. 3	
Jan. 25	Sensation & Perception	Ch. 4	
Jan. 27	Sensation & Perception (cont'd)	Ch. 4	
	Article evaluations may be passed in on this		
	date.		
Jan 30 (M)	Midterm 1	Ch. 1,2,3,4	
Feb. 1	Learning & Experience	Ch. 6	
Feb. 3	Learning (cont'd)	Ch. 6	
Feb. 6 (M)	Human Development	Ch. 10	
Feb. 8	Human Development (cont'd)	Ch. 10	
Feb. 10	Human Development (cont'd)	Ch. 10	
Feb. 13 (M)	Memory	Ch. 7	
Feb. 15	Memory (cont'd)	Ch. 7	
Feb. 17	Midterm 2	Ch. 6,7,10	
	Article evaluations may be passed in on this		
	date.		
FEB. 19-26	NO CLASSES – READING WEEK		
Feb. 27 (M)	Consciousness	Ch. 5	
March 1	Consciousness (cont'd)	Ch. 5	
March 3	Motivation	Ch. 11	
March 6 (M)	Emotion	Ch. 11	
March 8	Theories of Personality	Ch. 12	
March 10	Personality (cont'd)	Ch. 12	
	Article evaluations may be passed in on this		
	date.		

March 13 (M)	Behavior in Social Context	Ch. 10		
March 15	Social Psych	Ch. 10		
March 17	Social Psych (cont'd)	Ch. 10		
March 20 (M)	Midterm 3	Ch. 5, 10, 11, 12		
March 22	Psychological Disorders	Ch. 14		
March 24	Psychological Disorders (cont'd)	Ch. 14		
March 27 (M)	Psychological Disorders (cont'd)	Ch. 14		
March 29	Treatment & Therapy	Ch. 15		
March 31	Treatment & Therapy (cont'd)	Ch. 15		
	Article evaluations may be passed in on this			
	date.			
April 3 (M)	Treatment & Therapy (cont'd)	Ch. 15		
April 5	Health, Stress, & Coping	Ch. 16		
April 7	Health (cont'd)	Ch. 16		
April 10 (M)	Health (cont'd)	Ch. 16		
April 12	Catch up and review			
<b>April 17-28</b>	Final Exam to be scheduled by the	Ch. 14, 15, 16		
	Registrar's office			

#### **Important Dates**

- Jan. 20 ~ Last day for Winter registration and change of registration. No fee refunds for withdrawals after this date.
- Jan 27, Feb 17, Mar 10, Mar 31 ~ Article evaluation due dates. Please note that *only one* article evaluation may be submitted per due dates.
- April 13 ~ Last day of lectures for Winter Session. Last day to withdraw from full courses and Winter Session half courses.

## **Experiential-Learning/Article-Evaluation Course Component (4%)**

This experiential-learning/article-evaluation component provides enriched learning opportunities in this introductory course. You can complete this component by participating in research studies (Option 1: Research Participation), by completing 1-page evaluations of journal articles from a designated list (Option 2: Article Evaluations), or by a combination of the two options. Thus, you will learn more about research in psychology by taking part in research studies and/or by reading and evaluating published research articles.

Option 1: Research Participation. Students can complete this course component by participating in Departmentally approved research studies. Information about current studies is on the Experimetrix website at <a href="http://experimetrix.com/uc">http://experimetrix.com/uc</a>. The read.me link at that site provides a guide to using the system and assigning earned credits. The last day to participate in research and to ASSIGN YOUR CREDITS TO THIS COURSE is April 12, 2006. Students earn 0.5% (0.5 credits) for each 30 minutes of participation. There are seven research area groups within the department (Behavioural Neuroscience; Clinical Psychology; Cognition and Cognitive Development; Industrial/Organizational Psychology; Perception, Aging, and Cognitive Ergonomics; Social Psychology and Social Development; Theoretical Psychology). Students are encouraged to participate in studies in as many of those areas as possible, according to their interests and contingent on research study availability. Each educational hands-on learning experience will be followed by an educational debriefing experience. Students who attempt to complete this course requirement solely through Option 1 should be able to do so, provided they are persistent and do not wait until the end of term to participate. Students who leave their

participation until the end of term may not find enough research opportunities available. Thus, students are encouraged to plan ahead carefully.

Option 2: Article Evaluations. Students can complete this course component by reading and evaluating journal articles to learn more about research in psychology. Students earn 1% (1 credit) for each acceptable evaluation. Students can submit only one evaluation per due date (Due dates: Jan 27, Feb 17, Mar 10, Mar 31), and only one evaluation per research area group per term. Consult the document "ArticleEvaluationForm.doc" on Blackboard for more information about this option.

Option 3: Combinations of Options 1 and 2. Students can complete this course component through any combination of Options 1 and 2. For example, a student could complete 3.0% through research participation and 1.0% through article evaluations, or vice versa. Given that article evaluations count for 1.0%, students who complete, for example, 2.5% through research studies would have to complete two article evaluations to successfully complete all of the 4.0% course component. As mentioned under Option 2, students can only submit one article evaluation per due date. Thus, students who opt to combine Options 1 and 2 must plan ahead carefully.

## **Grading Scale:**

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	В	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (i.e., 89.5% will be rounded up to 90%; 89.4% will be rounded down to 89%, etc.).

#### **University of Calgary Curriculum Objectives:**

This course addresses the following core competencies:

- critical and creative thinking
- analysis of problems
- effective oral and written communication
- abstract reasoning and its applications
- insight and intuition in generating knowledge
- interpretive and assessment skills

This course addresses the following curriculum redesign features:

- integration of research
- an experiential learning component relevant to the program objectives
- an international component

### Reappraisal of Grades

A student who feels that a piece of graded term work (term paper, essay, test, etc.) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within fifteen days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Head of

the department offering the course, who will arrange for a reassessment of the work within the next fifteen days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same.

If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within fifteen days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

#### Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

#### **Academic Accommodation**

It is a student's responsibility to request academic accommodation. If you are a student with a disability who may require academic accommodation and **have not** registered with the Disability Resource Centre, please contact their office at 220-8237. If you are seeking academic accommodation, please notify your instructor no later than fourteen (14) days after the commencement of the course. Note that the lecturer must approve any tape recordings of lectures.

#### **Absence From A Test**

Make-up exams are NOT an option without an official University medical excuse (see the University Calendar). You must contact the instructor <u>before</u> the scheduled examination or you will have forfeited any right to make up the exam. At the instructor's discretion, a make-up exam may differ significantly (in form and/or content) from a regularly scheduled exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup exam is written within two (2) weeks of the missed exam.

A completed Physician/Counselor Statement will be required to confirm absence from a test for health reasons. The student will be required to pay any cost associated with the Physician Counselor Statement.

### **Student Organizations**

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in the Administration building, room 170 or may be contacted at 220-5567.

**Student Union VP Academic:** Phone: 220-3911 suvpaca@ucalgary.ca

Student Union Faculty Rep.: Phone: 220-3913 socialscirep@su.ucalgary.ca

The last day to drop this course and **still receive a fee refund** is January 20, 2006. The last day to withdraw from this course is April 13, 2006.