

PSYC 373	Motivation and Emotion	Fall 2020
Instructor:	Dr. Tavis Campbell, Ph.D.	Lecture Location: Online; D2L
Phone:	403-998-0706	Lecture Days/Time: MW: 9:30-10:45
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Course Description

This course will provide a broad survey of the motivational and emotional factors involved in human behaviour with an emphasis on the various perspectives and theories pertaining to physiological, cognitive, and social needs. This course addresses key questions about what motivates people, why they feel the way they do, and how one person can motivate another. The material will also address topics such as understanding what motivation is, where it comes from, how and why it changes over time, and how motivation can be increased and enhanced. Motivational incentives and theories of emotion will also be explored.

Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see <https://live-arts.ucalgary.ca/psychology/about#program-learning-outcomes>), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Contrast multiple theories proposed to explain given phenomena within the field of motivation and emotion	Exams	1,2	I
Describe both philosophical and research approaches to the study of motivation and emotion	Exams	1,2,3	I
Critically evaluate research reports, comparing and contrasting findings, and identifying gaps in the literature, in written format	Exams	2,4,5	C
Communicate research findings and ideas effectively, using clear and concise arguments. Disregard or challenge flawed sources of information or reasoning.	Exams	2,3,4,5	C
Reflect, organize, and apply theories and ideas in from Motivation to problems in everyday life	Exams	2,4,5,7	I,C

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles in a diverse world, 7 = apply psychological knowledge and skills, 8 = Demonstrate multicultural competence and awareness of issues related to equity, diversity,* and inclusion. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

Course Format

Class materials will be posted to the course D2L page by the day/time of each scheduled class as per the course schedule below.

Prerequisites

Psyc 200 – Principles of Psychology

Required Text – Available at University Bookstore

1. Grant Halverson, H. (2012). Succeed: How we can reach our goals. Plume.
2. Dweck, C. S. (2016). Mindset. The new psychology of success. Ballantine Books.
3. Ericsson, K. A., & Pool, R. (2017). Peak: Secrets from a new science of expertise. Eamon Dolan.

Assessment Methods

Exams (100% of course grade)

There will be 1 mid-term exam (50% of final grade; October 26) during the regular semester and a final exam (50% of final grade) scheduled during the final exam period. The exams are multiple-choice and short-answer. Tests will cover information from both lectures and text chapters. The mid-term exam will cover all of the material on goal setting and developing expertise from lectures up to October 26 and books by Grant-Halvorson and Ericsson. Students will be given 90 minutes to complete this exam once it is accessed within the 24-hour period following the start time of the class (from 9:30am on October 26th to 9:30am on October 27th). The Final Exam will be non-cumulative and cover all lecture material after the midterm and the Dweck book. Students will be given 3 hours to complete the final exam. Exams in this course are closed book. The use of resources, including class notes, the textbook, online resources, and calculators is prohibited during the exams in this course. Students may not communicate with others about course material or the exam either in person or electronically during exams.

University of Calgary Academic Integrity Policy

Academic integrity is the foundation of the development and acquisition of knowledge and is based on values of honesty, trust, responsibility, and respect. We expect members of our community to act with integrity.

Research integrity, ethics, and principles of conduct are key to academic integrity. Members of our campus community are required to abide by our institutional code of conduct and promote academic integrity in upholding the University of Calgary's reputation of excellence. It is your responsibility to ensure that you have read and are familiar with the student academic misconduct policy: <https://www.ucalgary.ca/policies/files/policies/student-academic-misconduct-policy.pdf>.

Department of Psychology Criteria for Letter Grades

Psychology course instructors use the following criteria when assigning letter grades:

A+ grade: *Exceptional Performance*. An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: *Excellent Performance*. Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance*. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: *Satisfactory Performance*. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards*. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met*. Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. In this course there will be no rounding up of final grades, especially in light of the opportunities students have to increase their final grade via research participation.

Tentative Lecture Schedule

Date	Topic/Activity/Readings/Due Date
W Sep 9	University Lectures begin. Goals; Grant-Halvorson
M Sep 14	Goals; Grant-Halvorson
W Sep 16	Goals; Grant-Halvorson

R Sep 17	Last day to drop a class without a penalty
F Sep 18	Last day to add or swap a course
M Sep 21	Goals; Grant-Halvorson
W Sep 23	Goals; Grant-Halvorson
F Sep 25	Fee payment deadline for Fall Term full and half courses.
M Sep 28	Goals; Grant-Halvorson
W Sep 30	Developing Expertise; Ericsson
M Oct 5	Developing Expertise; Ericsson
W Oct 7	Developing Expertise; Ericsson
M Oct 12	Thanksgiving Day, University closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.
W Oct 14	Developing Expertise; Ericsson
M Oct 19	Developing Expertise; Ericsson
W Oct 21	Developing Expertise; Ericsson
M Oct 26	Mid-Term Exam
W Oct 28	Motivating Ourselves and Others; Dweck
M Nov 2	Motivating Ourselves and Others; Dweck
W Nov 4	Motivating Ourselves and Others; Dweck
Nov 8-14	Term Break No Classes
W Nov 11	Remembrance Day (Observed). University Closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.
M Nov 16	Motivating Ourselves and Others; Dweck
W Nov 18	Motivating Ourselves and Others; Dweck
M Nov 23	Motivating Ourselves and Others; Dweck
W Nov 25	Motivating Ourselves and Others; Dweck
M Nov 30	Motivating Ourselves and Others; Dweck
W Dec 2	Motivating Ourselves and Others; Dweck
M Dec 7	Motivating Ourselves and Others; Dweck
W Dec 9	Fall Term Lectures End. Last day to withdraw with permission from Fall Term half courses. Motivating Ourselves and Others; Dweck
Dec 12-23	Fall Final Exam Period

Extra Research Participation Course Credit is Not Offered for this Course.

Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without the approval of the instructor. Students who miss a test/exam have up to 48 hours to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. **Once approved by the instructor a makeup test/exam must be written within 2 weeks of the missed test/exam on a day/time scheduled by the instructor. If a student cannot**

write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>. Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology (psyugrd@ucalgary.ca).

Reappraisal of Graded Term Work <http://www.ucalgary.ca/pubs/calendar/current/i-2.html>

Reappraisal of Final Grade <http://www.ucalgary.ca/pubs/calendar/current/i-3.html>

Academic Accommodations

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit www.ucalgary.ca/access/. Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor. The full policy on Student Accommodations is available at <http://www.ucalgary.ca/policies/files/policies/student-accommodation-policy.pdf>.

Academic Misconduct

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <http://www.ucalgary.ca/pubs/calendar/current/k.html>

Instructor Intellectual Property

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

Copyright Legislation

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright (www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-

[by-copyright.pdf](#)) and requirements of the copyright act (<https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html>) to ensure they are aware of the consequences of unauthorized sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

Freedom OF Information and Protection of Privacy

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary

Student Support and Resources

<https://www.ucalgary.ca/registrar/registration/course-outlines>

Important Dates

The last day to drop this course with no "W" notation and **still receive a tuition fee refund is Thursday, September 17, 2020**. Last day add/swap a course is **Friday, September 18, 2020**. The last day to withdraw from this course is **Wednesday, December 9, 2020**.

<https://www.ucalgary.ca/pubs/calendar/current/academic-schedule.html>