

# Department of Psychology Psychology 385 (L01) – Abnormal Psychology Winter 2010 – Course Outline

Instructor: Vina Goghari, Ph.D. Lecture Location: A142

Phone: 403-210-7344 Lecture Days/Time: MWF 12-12:50 Email: vina.m.goghari@ucalgary.ca TA: Yvonne Tieu

Office: A214 TA Email: ytieu@ucalgary.ca

Office Hours: MWF 11:30-12pm or by appt TA Office: A233D

**TA Office Hours:** M 14:00-16:00

## **Course Description and Goals**

This course surveys the field of psychopathology. It reviews the history of psychopathology and covers symptoms (what the disorders look like), diagnosis (how we classify disorders), etiology (what causes disorders), assessment (how we measure disorders), treatment (how we intervene), and social implications (the effects that disorders have on the individual, their family and society) of behavioural disorders. By the end of this course, students will be able to discuss the characteristic symptoms of each major mental disorder, as well as related psychological theories, research findings, and treatment strategies. Class exercises, videos, and guest speakers will attempt to be incorporated into the lectures.

#### **Prerequisites**

PSYC 205- Principles of Psychology

#### **Required Text**

Barlow, Durand, & Stewart. (2009). *Abnormal Psychology: An Integrative Approach (2<sup>nd</sup> Edition)*. Nelson Publishing. Available in University Bookstore.

### **Evaluation**

There will be **three exams** in this class (70% of grade). Midterms will consist of multiple choice questions. Textbook chapters and lecture material prior to the exam date are eligible to appear on the exam. Exams will be non-cumulative from previous exams. Exams if missed can only be made up with Physician/Counsellor Statements, otherwise a grade of 0 will be assigned for that exam.

Exam 1: Fri Feb 5<sup>th</sup> – 20% Exam 2: Mon Mar 15<sup>th</sup> – 20%

Exam 3: Scheduled by registrar - 30%

There will be **three thought papers** in this class (30% of grade). Thought papers are to be minimum 3 pages in length and not to exceed 4 pages in length (typed, double spaced, 12-point font). The paper should reflect students' own thoughts on or reactions to the topics, references – empirical papers or books are welcome – internet resources should not be used. APA formatting is

required. Papers will be due at the beginning of the class and given to the instructor/TA. Late assignments will be accepted and should be put in the green box outside of A275, however, the penalty will be 10% per day, including weekends. E-mailed thought papers will not be accepted. More specific details regarding grading and expectations will be discussed in class and posted on Blackboard. Thought papers if missed can only be made up with Physician/Counsellor Statements, otherwise a grade of 0 will be assigned for the paper.

Thought Paper 1: Mon Feb 1<sup>st</sup> – 10% Thought Paper 2: Wed Mar 10<sup>th</sup> - 10% Thought Paper 3: Fri Apr 9<sup>th</sup> – 10%

## **Grading Scale**

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
Α	90-95%	В	76-79%	С	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

#### **Tentative Lecture Schedule**

Date	Topic/Activity/Readings/Due Date			
M Jan 11	Introduction to course and expectations; Abnormal Behaviour in Historical			
	Context; Chapter 1			
W Jan 13	Abnormal Behaviour in Historical Context; Chapter 1			
F Jan 15	An Integrative Approach to Psychopathology; Chapter 2			
M Jan 18	An Integrative Approach to Psychopathology; Chapter 2			
W Jan 20	Clinical Assessment and Diagnosis; Chapter 3			
F Jan 22	Clinical Assessment and Diagnosis; Chapter 3			
	Last day to drop a course with no W grade and tuition refund.			
M Jan 25	Clinical Assessment and Diagnosis; Chapter 3			
T Jan 26	Last day for registration/change of registration.			
W Jan 27	Research Methods; Chapter 4			
F Jan 29	Research Methods; Chapter 4			
M Feb 1	THOUGHT PAPER #1 DUE			
	Mental Health Service: Legal and Ethical Issues; Chapter 16			
W Feb 3	Mental Health Service: Legal and Ethical Issues; Chapter 16			
F Feb 5	MIDTERM EXAM #1: Chapters 1-4 and 16			
M Feb 8	Anxiety Disorders; Chapter 5			
W Feb 10	Anxiety Disorders; Chapter 5			
F Feb 12	Anxiety Disorders; Chapter 5			
M Feb 15	Reading Days. No lectures.			
W Feb 17	Reading Days. No lectures.			
F Feb 19	Reading Days. No lectures.			
M Feb 22	Somatoform and Dissociative Disorders; Chapter 6			
W Feb 24	Somatoform and Dissociative Disorders; Chapter 6			
F Feb 26	Mood Disorders; Chapter 7			

M Mar 1	Mood Disorders; Chapter 7			
W Mar 3	Mood Disorders; Chapter 7			
F Mar 5	Eating and Sleeping Disorders; Chapter 8			
M Mar 8	Eating and Sleeping Disorders; Chapter 8			
W Mar 10	THOUGHT PAPER #2 DUE			
	Physical Disorders and Health Psychology; Chapter 9			
F Mar 12	Physical Disorders and Health Psychology; Chapter 9			
M Mar 15	MIDTERM EXAM #2: Chapters 5-9			
W Mar 17	Sexual Disorders and Gender Identity Disorder; Chapter 10			
F Mar 19	Sexual Disorders and Gender Identity Disorder; Chapter 10			
M Mar 22	Substance-Related Disorders; Chapter 11			
W Mar 24	Substance-Related Disorders; Chapter 11			
F Mar 26	Personality Disorders; Chapter 12			
M Mar 29	Personality Disorders; Chapter 12			
W Mar 31	Schizophrenia and Other Psychotic Disorders; Chapter 13			
F Apr 2	Good Friday. No lectures. University closed.			
M Apr 5	Schizophrenia and Other Psychotic Disorders; Chapter 13			
W Apr 7	Schizophrenia and Other Psychotic Disorders; Chapter 13			
F Apr 9	THOUGHT PAPER #3 DUE			
	Developmental Disorders; Chapter 14			
M Apr 12	Developmental Disorders; Chapter 14			
W Apr 14	Developmental Disorders; Chapter 14 & Cognitive Disorder; Chapter 15			
R Apr 15	Last day to participate in research and allocate research credits			
F Apr 16	Cognitive Disorders; Chapter 15			
	Winter Session Lectures end. Last day to withdraw.			
Apr 19 –29	FINAL EXAM (scheduled by the Registrar); Chapters 10-15			

#### **Reappraisal of Grades**

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

#### **Plagiarism and Other Academic Misconduct**

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the

University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

#### **Academic Accommodation**

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 403-220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

#### Absence From A Test/Exam

Makeup tests/exams are NOT an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam.

#### **Course Credits for Research Participation (Max 2% of final grade)**

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. A maximum of two (2) credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation. The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <a href="http://ucalgary.sona-systems.com">http://ucalgary.sona-systems.com</a> The last day to participate in studies and to assign or reassign earned credits to courses is April 15, 2010.

#### **Evacuation Assembly Point**

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at http://www.ucalgary.ca/emergencyplan/assemblypoints

Please check this website and note the nearest assembly point for this course.

#### **Student Organizations**

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 403-220-5567.

Student Union VP Academic: Phone: 403-220-3911 <a href="mailto:suvpaca@ucalgary.ca">suvpaca@ucalgary.ca</a>

Student Union Faculty Rep.: Phone: 403-220-3913 socialscirep@su.ucalgary.ca

# **Important Dates**

The last day to drop this course with no "W" notation and **still receive a tuition fee refund** is **Jan 22<sup>nd</sup>**, **2010**. Last day for registration/change of registration is **Jan 26<sup>th</sup>**, **2010**. The last day to withdraw from this course is **Apr 16<sup>th</sup>**, **2010**.