

PSYC 433
Clinical Psychology
Fall 2016

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|----------------------|-------------------------|----------------------------|---|
| Instructor: | Kristin Newman | Lecture Location: | KNB 131 |
| Phone: | 403- 220-4667 | Lecture Days/Time: | MWF 11-11:50am |
| Email: | krchampa@ucalgary.ca | Lab and/or TA info: | W 15:00-16:15 ST027a F 15:00-16:15 SS117 |
| Office: | A06 | | |
| Office Hours: | Contact for appointment | | |

Course Description

This course is designed to introduce students to the knowledge base, ethical orientation, practical skills and research focus required of clinical psychologists. Students will learn about the professional components of the field, including training models, codes of conduct, and regulatory aspects of the profession. The course will cover applied skills involved in assessment, diagnosis, and therapy. A number of theoretical models of therapy will be discussed. Students will also be introduced to empirical research on topics discussed. This course has both a lecture and lab component.

Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see psyc.ucalgary.ca/undergraduate/program-learning-outcomes), and the expected level of achievement.

| Course Learning Outcomes | PLO(s) | Level(s) |
|--|---------|----------|
| Describe knowledge as related to the broad field of clinical psychology (e.g., assessment, intervention, ethics, evidence based practices) | 1, 5 | A |
| Complete an integrative and applied take home exam | 1, 2, 7 | C, A |
| Critically evaluate a research article in lab and in written format | 2, 4 | C, A |
| Deliver an effective oral presentation on assessment or treatment of a disorder | 1, 2, 4 | A |
| Practice and discuss specific assessment and intervention skills in lab group | 4, 5, 7 | I |

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles, 7 = apply psychological knowledge and skills. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

Prerequisites

Psychology 312 – Experimental Design and Quantitative Methods for Psychology, and
 Psychology 385 – Abnormal Psychology

Required Text

Hunsley, J., & Lee, C.M. (2013). Introduction to Clinical Psychology: An Evidence-based Approach (3rd Edition). New York: J. Wiley and Sons.

Available at University Bookstore. Also available through John Wiley, as an e- Book. (go to <http://ca.wiley.com/WileyCDA/WileyTitle/productCd-EHEP003073.html?filter=TEXTBOOK>).

Evaluation

Course Evaluation

| Component | % of Grade | Material | Date |
|-----------------|------------|--|-----------------------|
| Test 1 | 15% | Chapters 1-3 & Lecture Material | October 5, 2016 |
| Test 2 | 15% | Chapters 5-9 & Lecture Material | October 28, 2016 |
| Test 3 | 15% | Chapters 10, 11, 12, 14, 15 & Lecture Material | December 9, 2016 |
| Take home final | 25% | Cumulative integration of all course material | Due December 16, 2016 |

Each test will consist of multiple choice, short answer, and long answer written questions. Only assigned textbook chapters and lecture material prior to the exam date are eligible to appear on the exam. If a test is missed it can only be made up following the provision of a Physician/ Counselor Statement, otherwise a grade of 0 will be assigned for that exam. iPods, iPads, computers, phones, books or notes are not allowed during in-class tests.

There will be a cumulative take home final exam, posted on D2L that will be due December 16, 2016 at 11:59pm by email to the instructor. Late take home exams will penalized at 10% off, per day late, including weekends, and will not be accepted after December 19, 2016.

Lab Evaluation:

| Component | % of Grade | Date |
|-------------------------|------------|----------------------------------|
| Individual Presentation | 15% | Date TBD determined in lab |
| Participation | 5% | All lab dates |
| Article review | 10% | Due in lab November 2 or 4, 2016 |

The lab component is worth 30% of the final grade. You will be provided with a lab syllabus with TA contact information, office hours, tentative schedule, and assignment information. Presentations will be given individually during the last 4 lab sessions and will last approximately 20 minutes. The purpose of these presentations is to develop an understanding of a disorder's features, assessment, and treatment, and will involve presenting on a specific assessment or therapy for a particular disorder. Detailed information on the presentation content will be provided in the lab outline. The presentation is required for the lab, it is not an option. If missed, presentations can only be made up with Physician/Counselors Statements, otherwise a grade of 0 will be assigned for the presentation.

The article review will consist of an APA style paper between 5-7 pages which describes and discusses the methodology, strengths and limitations of an original *research* (not a theoretical article) article, and concludes with a discussion of "next steps" in the development of the research described in the article.

Students are expected to participate in lab discussions and activities. For every lab, each student will receive marks for participation in class exercises and discussion. More specific details regarding grading and expectations will be discussed in class and posted on D2L. Students must achieve a passing grade on both the class and lab components to pass this course.

Department of Psychology Grade Distribution Policy

The distribution of grades in Psychology courses (the percentage of A grades, B grades, etc.) will be similar to the distribution of grades in other courses in the Faculty of Arts. The Department monitors the grade distributions of 200-, 300-, and 400-level courses in the Faculty to ensure that the grade distributions in Psychology courses are comparable. Based on these reviews, students can expect that 1) up to 30% of grades in 200- and 300-level psychology courses will be "A" grades (A+, A, and A-), and 2) up to 40% of grades 400-level psychology courses will be "A" grades.

Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

A+ grade: *Exceptional Performance.* An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: *Excellent Performance.* Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance.* Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: *Satisfactory Performance.* Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards.* Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met.* Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

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|----|---------|----|--------|----|--------|----|--------|
| A+ | 96-100% | B+ | 80-84% | C+ | 67-71% | D+ | 54-58% |
| A | 90-95% | B | 76-79% | C | 63-66% | D | 50-53% |
| A- | 85-89% | B- | 72-75% | C- | 59-62% | F | 0-49% |

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

Tentative Lecture Schedule

**Note: Topic dates are subject to change depending on changing schedules of guest lecturers, advance notice will be provided*

| Date | Topic/Activity/Readings/Due Date |
|----------|---|
| M Sep12 | Lecture begins. Course Introduction |
| W Sep 14 | Chapter 1 The History of Clinical Psychology |
| F Sep 16 | Chapter 2 Contemporary Clinical Psychology |
| M Sep 19 | Chapter 2 Contemporary Clinical Psychology Chapter 2 Professional Issues and Ethics |
| W Sep 21 | Chapter 2 Professional Issues and Ethics |
| F Sep 23 | Chapter 3 Classification and Diagnosis <i>Last day to drop full courses (Multi-term) and Fall Term half courses. No refunds for full courses (Multi-term) or Fall Term half courses after this date.</i> |
| M Sep 26 | Chapter 3 Classification and Diagnosis <i>Last day to add or swap full courses (Multi-term) and Fall Term half courses. Last day for change of registration from audit to credit or credit to audit.</i> |
| W Sep 28 | Chapter 3 Classification and Diagnosis |
| F Sep 30 | Science and Pseudoscience (Reading: Olatunji et al., 2005, on D2L) <i>Fee payment deadline for Fall Term full and half courses.</i> |
| M Oct 3 | Science and Pseudoscience (Reading: Olatunji et al., 2005, on D2L) |
| W Oct 5 | Test 1 (Chapter 1-3; pseudoscience reading, lecture material) |
| F Oct 7 | Chapter 5 Assessment Overview |
| M Oct 10 | <i>Thanksgiving Day, University closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.</i> |
| W Oct 12 | Chapter 5 Assessment Overview Chapter 6 Assessment Interviewing and Observation |
| F Oct 14 | Chapter 6 Assessment Interviewing and Observation |
| M Oct 17 | Chapter 7 Assessment Intellectual and Cognitive Measures |
| W Oct 19 | Chapter 7 Assessment Intellectual and Cognitive Measures Chapter 8 Assessment Self report and Projective Measures |
| F Oct 21 | Chapter 8 Assessment Self report and Projective Measures |
| M Oct 24 | Chapter 9 Assessment Integration and Clinical Decision Making |
| W Oct 26 | Chapter 9 Assessment Integration and Clinical Decision Making |
| F Oct 28 | Test 2 (Chapters 5-9, lecture material) 60 minutes |

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| M Oct 31 | Chapter 10 Prevention |
| W Nov 2 | Chapter 11 Theories of Psychotherapy |
| F Nov 4 | Chapter 11 Theories of Psychotherapy Adult Psychotherapy- Cognitive Behavioral Therapy |
| M Nov 7 | Adult Psychotherapy- Cognitive Behavioral Therapy |
| W Nov 9 | Adult Psychotherapy- Treatment of behavioral addictions/gambling Guest Lecture: Jennifer Swann |
| Nov 10--13 | <i>Reading Days. No lectures.</i> |
| F Nov 11 | <i>Remembrance Day (Observed). University Closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.</i> |
| M Nov 14 | Third Wave Therapies |
| W Nov 16 | Third Wave Therapies |
| F Nov 18 | Adult Psychotherapy- - Evidence Based Treatment of PTSD- part 1 Guest Lecture: Dr. Charmaine Thomas |
| M Nov 21 | Adult Psychotherapy- - Evidence Based Treatment of PTSD- part 2 Guest Lecture: Dr. Charmaine Thomas |
| W Nov 23 | Adult Psychotherapy - Evidence Based Treatment of OCD |
| F Nov 25 | Chapter 12 Adult Psychotherapy (pgs 429-451), Chapter 14 Psychotherapy Research/Key Elements of Change |
| M Nov 28 | Chapter 14 Psychotherapy Research/Key Elements of Change |
| W Nov 30 | Stigma and mental illness |
| F Dec 2 | Chapter 15 Specialty Areas in Clinical Psychology: Clinical Neuropsychology Guest Lecture: Briana Cassetta |
| M Dec 5 | Chapter 15 Specialty Areas in Clinical Psychology: Forensic Psychology topic |
| W Dec 7 | Chapter 15 Specialty Areas in Clinical Psychology: Forensic Psychology topic |
| F Dec 9 | Test 3 (Chapters 10-12, 14, 15; guest lectures, lecture material) 60 minutes <i>Fall Term Lectures End.</i> <i>Last day to withdraw with permission from Fall Term half courses.</i> |
| Dec 12-22 | <i>Fall Term Exam Period.</i> |

Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class; no reappraisal of term work is permitted after the 15 days. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

Academic Accommodation

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services ; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit www.ucalgary.ca/access/.

Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor.

The full policy on Student Accommodations is available at http://www.ucalgary.ca/policies/files/policies/student-accommodation-policy_0.pdf.

Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have up to 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam during exam make-up hours provided by the department <http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues>. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam http://www.ucalgary.ca/registrar/exams/deferred_final. Under no circumstances will this be accommodated by the department.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam http://www.ucalgary.ca/registrar/exams/deferred_final. Under no circumstances will this be accommodated by the department.

Freedom of Information and Protection of Privacy (FOIP) Act

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

Course Credits for Research Participation (Max 2% of final grade)

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. **A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation.** The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <http://ucalgary.sona-systems.com>. The last day to participate in studies and to assign or reassign earned credits to courses is **Dec 9, 2016**.

Evacuation Assembly Point

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at <http://www.ucalgary.ca/emergencyplan/assemblypoints>. Please check this website and note the nearest assembly point for this course.

Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 130 and may be contacted at 403-220-5567.

Student Union VP Academic: Phone: 403-220-3911 [suvpaca@ucalgary.ca](mailto:suypaca@ucalgary.ca)

Student Union Faculty Rep.: arts1@su.ucalgary.ca

Student Ombudsman's Office

The Office of the Student Ombudsmen provides independent, impartial and confidential support for students who require assistance and advice in addressing issues and concerns related to their academic careers. The office can be reached at 403-220-6420 or ombuds@ucalgary.ca (<http://www.ucalgary.ca/provost/students/ombuds>)

Safewalk

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year. Call 403-220-5333.

Important Dates

The last day to drop this course with no “W” notation and **still receive a tuition fee refund** is **September 23, 2016**. Last day for registration/change of registration is **September 26, 2016**. The last day to withdraw from this course is **December 9, 2016**.