

PSYC 449	Social-Personality Development		Fall 2023
<b>Instructor:</b>	Dr. Veronica Lai	<b>Lecture Location:</b>	Hybrid
<b>Phone:</b>	N/A	<b>Lecture Days/Time:</b>	TR 14:00-15:15
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<b>Office:</b>	N/A		
<b>Office Hours:</b>	By appointment		

### Course Description

This course introduces the general aspects of personality science. These may include (a) theories of personality, (b) personality assessment from a psychometric perspective; and (c) past and present research on personality processes and individual differences. Students should gain a good understanding of how the methods and findings of correlational and experimental research contribute to the study of personality from a natural science approach. The course will cover most but not necessarily all these topics.

### Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see <https://live-arts.ucalgary.ca/psychology/about#program-learning-outcomes>), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Understand, synthesize, and apply major theoretical explanations of personality development	Written Assignments, and Research Proposal Project	1, 2, 4	A, C, C
Critically evaluate and apply personality theories	Written Assignments, Research Proposal Project, and Individual Presentation	2, 4, 5, 6, 7, 8	A, A, C, C, A, I
Collect information from various sources, provide critical reflection and summary of previous works	Written Assignments, and Research Proposal Project	1, 2, 4, 5	I, A, C, C
Review an empirical finding and provide an applied interpretation of this work for general (non-academic) audiences	Written Assignments, Research Proposal Project, and Individual Presentation	2, 4, 6, 7	C, C, I, C
Present, discuss, and communicate main components of a research proposal and application of a scholarly study	Written Assignments, Research Proposal Project, and Individual Presentation	1, 2, 4, 7	A, C, C, C

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles in a diverse world, 7 = apply psychological

knowledge and skills, 8 = Demonstrate multicultural competence and awareness of issues related to equity, diversity,\* and inclusion. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

### Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

### Course Format

This course will be delivered using an online hybrid (synchronous/asynchronous) format. Synchronous classes are noted on the tentative lecture schedule below.

### Prerequisites

PSYC 300 & 301; and three units from PSYC 351, 352, or 353.

### Required Text

Twenge, J.M., Campbell, W.K., & Matsuba, K. (2022). *Personality Psychological: Understanding Yourself and Others: 1<sup>st</sup> Canadian Edition*. The book is available through online retailers (e.g. Amazon), and digital copies are available through the U of C bookstore.

### Assessment Methods

	Components	Due Date	Chapters covered	Value of Final Grade	Format
1.	Individual Assignment 1	Oct 3 <sup>rd</sup> , 2023	1-5	25%	Upload File to D2L by 5pm*
2	Individual Assignment 2	Nov 2nd, 2023	6-9	25%	Upload File to D2L by 5pm*
3	Research Proposal Project	November 21st, 2023	1-15	25%	Upload File to D2L by 5pm*
4	Individual Presentation	Submission of PowerPoint slides one day before your presentation scheduled  Presentation: Nov 23, Nov 28, Nov 30, and Dec 5, 2023	1-15	25%	Zoom presentation
<b>Total:</b>				100%	

\*Note: Late assignments will not be accepted without instructor's approval.

### Individual Assignments

- Objective: Each assignment will consist of different discussion questions, requiring you to demonstrate your understanding of the required readings and underlying concepts. You are expected to answer each question with evidence and research, integrating outside resources, relevant work experience, or prior coursework as needed.
- Task: Each individual assignment will contain several discussion questions based on the required readings and course content. You are required to write 800-1,000 words (excluding references) for each assignment, answering each question thoroughly.
- Deadline: Individual assignments must be uploaded to D2L by 5pm on the assigned due dates.
- Format: Each assignment must be text processed, with your name and student number on the cover page. Use APA 7th edition style for all citations and the reference list.
- Grading: Each assignment contributes 25% to the final course grade.
- Rubric:
  - Content Understanding (30%): Demonstrates an understanding of the required readings and corresponding book chapters, including the correct use of terminology.
  - Evidence and Research (30%): Supports responses with evidence and research. This may include the integration of outside resources, relevant research, or specific real-life application.
  - Writing Quality (20%): The response is well-written and generally free of grammatical, spelling, or punctuation errors. The style of writing facilitates effective communication.
  - APA Style (10%): Adheres to APA 7th edition style for all citations and the reference list.
  - Respect and Sensitivity (10%): Demonstrates respect and sensitivity to peers' gender, cultural and linguistic background, sexual orientation, political and religious beliefs in the responses.

### **Research Proposal Project**

- Objective: Develop a detailed research proposal that applies the theoretical and methodological knowledge acquired from Chapters 1-9 to a specific area of interest derived from Chapters 10-15.
- Task: Your task is to propose an original research study in the field of personality psychology. This proposal should clearly identify a relevant research question or formulate a testable hypothesis, provide a thorough review of the literature, propose a rigorous research design to answer the research question or test the hypothesis, and discuss the potential significance and impact of your proposed study.
- Length: The final research proposal should be 2,000-2,500 words in length, excluding references.
- Deadline: The final research proposal is due on Tuesday, November 21st, before the presentation sessions.
- Format: Use APA 7th edition style for all citations, the reference list, and manuscript formatting.
- Rubric:
  - Understanding and Application of Theoretical Concepts (20%): Demonstrates deep understanding of key theories and concepts from Chapters 1-9 and applies this knowledge effectively to a specific area of interest in Chapters 10-15.
  - Literature Review and Research Gap (20%): Conducts a comprehensive review of the relevant literature, clearly identifying gaps in the current state of research, and formulates a pertinent research question or hypothesis.
  - Research Design (30%): Proposes a detailed, rigorous, and feasible research design that aligns with the research question or hypothesis, with consideration given to potential limitations and ethical issues.
  - Significance and Impact (20%): Clearly articulates the potential significance of the proposed

- study, discussing its potential contribution to the field of personality psychology, and outlining possible practical applications.
- APA Style and Writing Quality (10%): Manuscript is well-organized, clear, and concise. Adheres to APA 7th edition style and is free of grammatical errors.

### **Individual Presentation**

- Objective: Present your research proposal in a concise, compelling, and professional manner.
- Task: Prepare a 10-minute presentation (in PowerPoint slides) summarizing your research proposal. Your presentation should provide an overview of your literature review, present your research question or hypothesis, detail your proposed research design, and discuss the potential significance and impact of your study.
- Schedule: Presentations will be held on Nov 23, Nov 28, Nov 30, and Dec 5. The exact schedule for individual presentations will be determined and announced in advance. You are required to submit the PowerPoint slides one day before your presentation scheduled.
- Rubric:
  - Content (30%): Presents an overview of the literature review, the research gap, the research question or hypothesis, the proposed research design, and the potential significance and impact clearly and accurately.
  - Understanding and Application of Course Material (20%): Demonstrates a thorough understanding of the theories and concepts covered in Chapters 1-9, and effectively applies these to a specific topic from Chapters 10-15.
  - Professional Presentation Skills (30%): Demonstrates clear and effective delivery, uses visual aids where appropriate, and maintains audience engagement.
  - Time Management (10%): Presentation is within the allocated 10-minute time limit. Presentation longer than 10 minutes will be penalized and will be stopped.
  - Response to Questions (10%): Provides accurate, thoughtful responses to questions posed by the audience.
- Missed presentations will be handled as 0% without instructor approval.

\*Note: Once approved by the course instructor, and at their discretion, alternative arrangements for missed assessments may be considered <https://www.ucalgary.ca/pubs/calendar/current/g-1-2.html>. Students may be asked for documentation <https://www.ucalgary.ca/pubs/calendar/current/m-1.html>.

### **University of Calgary Academic Integrity Policy**

Academic integrity is the foundation of the development and acquisition of knowledge and is based on values of honesty, trust, responsibility, and respect. We expect members of our community to act with integrity.

Research integrity, ethics, and principles of conduct are key to academic integrity. Members of our campus community are required to abide by our institutional code of conduct and promote academic integrity in upholding the University of Calgary's reputation of excellence. It is your responsibility to ensure that you have read and are familiar with the student academic misconduct policy:

<https://www.ucalgary.ca/legal-services/sites/default/files/teams/1/Policies-Student-Academic-Misconduct-Policy.pdf>.

## Department of Psychology Criteria for Letter Grades

Psychology course instructors use the following criteria when assigning letter grades:

**A+ grade: *Exceptional Performance.*** An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

**A, A- Range: *Excellent Performance.*** Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

**B Range: *Good Performance.*** Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

**C Range: *Satisfactory Performance.*** Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

**D range: *Marginally meets standards.*** Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

**F grade: *Course standards not met.*** Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

### Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

It is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

## Tentative Lecture Schedule

Date	Topic/Activity/Readings/Due Date (revise and add columns & rows as necessary)
T Sep 5*	First day of lectures Introduction Ch1. Understanding Yourself and Others
R Sep 7	Ch2. Assessment and Methods
T Sep 12	Ch3. The Big Five Personality Traits
R Sep 14	Ch3. The Big Five Personality Traits
R Sep 14	Last day to drop a class without financial penalty
F Sep 15	Last day to add or swap a course
T Sep 19	Ch4. Biological Underpinnings of Personality
R Sep 21	Ch5. Self-Concept and Self-Processes
F Sep 22	Fee payment deadline for Fall Term full and half courses.
T Sep 26	Ch5. Self-Concept and Self-Processes
R Sep 28	Ch6. Psychodynamic Approaches
S Sep 30	UNIVERSITY CLOSED National Day for Truth and Reconciliation
T Oct 3	Ch6. Psychodynamic Approaches
T Oct 3	Individual Assignment 1 Due
R Oct 5*	Ch7. Motivation
M Oct 9	UNIVERSITY CLOSED Thanksgiving Day
T Oct 10	Ch8. How Learning Shapes Behavior
R Oct 12	Ch8. How Learning Shapes Behavior
T Oct 17	Ch9. Personality Across the Lifespan
R Oct 19	Ch10. Gender and Personality
T Oct 24	Ch11. Culture and Personality
R Oct 26	Ch 12. Personality in the Workplace
T Oct 31	Ch 13. Personality and Relationships
R Nov 2	Ch 14. Personality and Mental Health
R Nov 2	Individual Assignment 2 Due
T Nov 7	Ch 15. Personality and Physical Health
R Nov 9*	Consultation
S Nov 11	UNIVERSITY CLOSED Remembrance Day (Observed Monday Nov 13).
Nov 12-18	Term Break No Classes
T Nov 21*	Consultation
T Nov 21	Research Proposal Due
R Nov 23*	Presentation
T Nov 28*	Presentation
R Nov 30*	Presentation
T Dec 5*	Presentation Fall Term Lectures End.
W Dec 6	Last day to withdraw with permission from Fall Term half courses.
Dec 9-20	Fall Final Exam Period

\*live zoom class, details will be posted at D2L

**Extra Research Participation Course Credit is Not Offered for this Course.**

### **Absence From Assessments**

Makeup assessment are **NOT** an option without the approval of the instructor

<https://www.ucalgary.ca/pubs/calendar/current/g-1-1.html> At the instructor's discretion, a makeup assessment may differ significantly (in form and/or content) from a regularly scheduled assessment.

Once approved by the instructor a makeup assessment must be written within 2 weeks of the missed assessment on a day/time scheduled by the instructor

### **Travel During Exams/ Assessments**

Consistent with University regulations, students are expected to be available to write scheduled exams/ assessments at any time during the official December and April examination periods. Requests to write a make-up exam/assessment because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination/ assessment schedule is posted before making any travel arrangements. If a student cannot write their final exam/

assessments on the date assigned by the Registrar's Office, they need to apply for a deferred exam

[Deferred Final Exams | University of Calgary \(ucalgary.ca\)](#) Students with an exceptional extenuating

circumstance (e.g., a family emergency) should contact the Department of Psychology

[psyugrd@ucalgary.ca](mailto:psyugrd@ucalgary.ca)

**Reappraisal of Graded Term Work** <http://www.ucalgary.ca/pubs/calendar/current/i-2.html>

**Reappraisal of Final Grade** <http://www.ucalgary.ca/pubs/calendar/current/i-3.html>

### **Academic Accommodations**

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit [www.ucalgary.ca/access/](http://www.ucalgary.ca/access/). Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor. The full policy on Student Accommodations is available at <https://www.ucalgary.ca/legal-services/sites/default/files/teams/1/Policies-Student-Accommodation-Policy.pdf>.

### **Academic Misconduct**

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <http://www.ucalgary.ca/pubs/calendar/current/k.html>

### **Instructor Intellectual Property**

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments, and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed, or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

### **Copyright Legislation**

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright

([https://library.ucalgary.ca/services/copyright?\\_gl=1\\*\\_bcjlpn\\*\\_ga\\*OTY1ODc0Njg0LjE2NjkxNTA1NTM.\\*\\_ga\\_X4GN9Y4W7D\\*MTY3Nzc5MjM3Ni4xNy4xLjE2Nzc3OTI4MDYuMC4wLjA](https://library.ucalgary.ca/services/copyright?_gl=1*_bcjlpn*_ga*OTY1ODc0Njg0LjE2NjkxNTA1NTM.*_ga_X4GN9Y4W7D*MTY3Nzc5MjM3Ni4xNy4xLjE2Nzc3OTI4MDYuMC4wLjA)) and requirements of the copyright act (<https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html>) to ensure they are aware of the consequences of unauthorized sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

### **Freedom of Information and Protection of Privacy**

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary

### **Student Support and Resources**

<https://www.ucalgary.ca/registrar/registration/course-outlines>

### **Important Dates**

The last day to drop this course with no "W" notation and **still receive a tuition fee refund is Thursday, September 14<sup>th</sup>, 2023**. Last day add/swap a course is **Friday, September 15<sup>th</sup>, 2023**. The last day to withdraw from this course is **Wednesday, December 6<sup>th</sup>, 2023**.