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PSYC 600b	Professional Development in Psychology	Winter 2021
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Instructors: Andrea Protzner Lecture Location: Web Based

**Lecture Days/Time:** W 12:00 - 13:15

Email: protzner@ucalgary.ca Lab TA: Gwen van der Wijk

Lab TA Email: gwen.vanderwijk@ucalgary.ca

Office Hours: By request

### **Course Description and Goals**

This course is a professional development seminar series tailored to Psychology graduate students that prepares students for diverse careers in Psychology. The goals of the seminars are to build transferable skills relating to three pillars: academic topics (e.g., publishing, applying for ethics, creating a 3 minute thesis), mental health and wellness (e.g., dealing with stress and burnout, work-life balance, supporting students as teaching assistants), and career development (e.g., leadership skills, conflict management, career planning). These workshops will allow students to network with faculty, staff, and other students in Psychology, learn tangible skills, and develop tools that act as the building blocks for their personal and professional development.

### **Acknowledgments and Respect for Diversity**

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

## **Course Format**

Lectures will be taught live via Zoom during each scheduled class as per the course schedule below and will be recorded and posted to D2L after class.

# Prerequisites

Admission to the Graduate Program in Psychology or by permission of the Instructor.

# **Required Texts and Readings**

Assigned readings will be available through the library and/or D2L.

### Evaluation Over Fall and Winter Terms (the final grade will be assigned at the end of the Winter term).

**A. Participation (50%).** You are expected to participate effectively (i.e., in terms of quality and quantity) in class discussions. Your participation will be evaluated based on the following: critical or original response to course material, ability to articulate ideas and opinions, comprehension of course content, and familiarity with course readings when assigned. We will strive to create an open and inclusive environment, so that everyone can share their thoughts and ideas about the material covered. You will receive feedback on your participation at the end of the Fall semester.

If you cannot be in class, please email me prior to class and provide the reason for your absence.

**B. Research Proposal for a Scholarship Application (25%, due on Nov. 05).** Students in our program are required to apply for all external scholarships for which they are eligible. Your research proposal (one or two pages, depending on individual scholarship requirements) from your scholarship application will be evaluated for this course. Scholarships and their terms of reference are detailed on the Faculty of Graduate Studies website (<a href="https://grad.ucalgary.ca/awards">https://grad.ucalgary.ca/awards</a>) and through the searchable Graduate Award Database.

Your research proposal should capture the reviewer's attention, provide an easy to understand description of your project, and instill a belief that the project is worthy of funding. Toward this end, your proposal should address the following questions: 1) what is new and important about your research? 2) what is your key research question and how will you answer this question? 3) what does success look like for your research proposal? And if required by the funding agency, 4) how does your research fit with funding agency priorities? Use language that is easy to understand, even for reviewers whose expertise is outside of your discipline, avoid technical terms, and define all acronyms.

**C. Three Minute Thesis Presentation (25%, due on Feb. 24).** For this project, you will deliver a compelling presentation about your research and its significance in three minutes or less. Presentations will be marked according to the Three Minute Thesis evaluation criteria (<a href="https://www.ucalgary.ca/mygradskills/3MT">https://www.ucalgary.ca/mygradskills/3MT</a>), which focus on communication style, intelligibility, and how well you are able to engage your audience.

### **Faculty of Graduate Studies Grading System.**

### This is a PASS/FAIL course. The grading system below will be used to determine your course outcome.

A+ = Outstanding performance, A = Excellent performance, A- = Very good performance

B+ = Good performance, B = Satisfactory performance, B- = Minimum pass

C+ All grades of "C+" or lower are indicative of failure at the graduate level and cannot be counted toward Faculty of Graduate Studies course requirements. Individual programs may require a higher passing grade.

# **Grading Scale.**

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
Α	90-95%	В	76-79%	С	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

# Description of Course Components for the winter:

Date and Time	Topic	Description
January 13, 2021	3 Minute Thesis Part 1: What you Need to Know to Get Started	Have family or friends ever asked you "what is your research about?" Do you wish you could provide an exciting and quick answer? Learn how to in this workshop dedicated to teaching students how to create a 3-minute thesis.  Students will hear tips from an expert at UCalgary and then begin creating their own 3MT.
January 27, 2021	Foundations for Conducting Research	We will cover the following topics related to conducting research in Psychology:  Research integrity Intellectual property Authorship
February 10, 2021	Equity, diversity and inclusivity in academia	Students will learn about issues around equity, diversity and inclusivity in academia, specifically about the importance of visible and invisible diversity in research, ways research can perpetuate inequalities and how they can contribute to building a more diverse and inclusive scientific community and better scientific practices.  Resources to learn more about these issues and where to find support will be provided.
February 24, 2021	3 Minute Thesis Part 2: Practice, Practice, Practice	Students will bring their 3 minute thesis (3MT) draft.  Students will present their draft and be provided with feedback from faculty and students.  Students will be strongly encouraged to present their final 3MT at the UCalgary 3MT competition.  For more details and full schedule of events visit <a href="https://www.ucalgary.ca/mygradskills/3MT">https://www.ucalgary.ca/mygradskills/3MT</a>

March 10, 2021	The Balancing Act: Managing Life and Grad School	Balancing the demands of graduate school is very difficult. Discussions will center around tips and information for improving students' time managements skills, goal setting, and work-life balance.
March 24, 2021	How to Publish	A panel of faculty members and students from various areas in psychology will provide students with tips on how to publish. Tips will be both general to publishing in Psychology as well as some that are specific to various research areas.  The panel will be followed by a question period to allow students to ask the panel members any questions they might have.
April 7, 2021	Getting Your Work Out There	Hear from faculty members whose research is well known within the academic and lay communities. They will provide tips for how students can get their research "out there". This workshop will include tips on how to write for non-academic audiences as well as how to use social media to promote and disseminate your research.
DATE AND TIME TBA	Non-Academic Careers in Psychology	Students will hear from a panel of non-academic professionals. Panel members will speak about their experiences preparing for and navigating the workplace environment.  Please come prepared with a short pitch about your research and career goals as well as any questions you may have for panel members.  *NOTE: This workshop will take 2 hours.

## Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without the approval of the instructor. Students who miss a test/exam have up to 48 hours to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Once approved by the instructor a makeup test/exam must be written within 2 weeks of the missed test/exam on a day/time scheduled by the instructor. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <a href="https://www.ucalgary.ca/registrar/exams/deferred-exams">https://www.ucalgary.ca/registrar/exams/deferred-exams</a>.

Reappraisal of Graded Term Work <a href="http://www.ucalgary.ca/pubs/calendar/current/i-2.html">http://www.ucalgary.ca/pubs/calendar/current/i-2.html</a>

Reappraisal of Final Grade <a href="http://www.ucalgary.ca/pubs/calendar/current/i-3.html">http://www.ucalgary.ca/pubs/calendar/current/i-3.html</a>

### **Academic Accommodations**

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit www.ucalgary.ca/access/. Students who require an accommodation in relation to their coursework based on a protected ground other than disability should

communicate this need in writing to their Instructor. The full policy on Student Accommodations is available at <a href="http://www.ucalgary.ca/policies/files/policies/student-accommodation-policy.pdf">http://www.ucalgary.ca/policies/files/policies/student-accommodation-policy.pdf</a>.

### **Academic Misconduct**

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <a href="http://www.ucalgary.ca/pubs/calendar/current/k.html">http://www.ucalgary.ca/pubs/calendar/current/k.html</a>

### **Instructor Intellectual Property**

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

#### **Copyright Legislation**

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright (<a href="www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf">www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf</a>) and requirements of the copyright act (<a href="https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html">https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html</a>) to ensure they are aware of the consequences of unauthorized sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

# Freedom OF Information and Protection of Privacy

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary.

## **Student Support and Resources**

https://www.ucalgary.ca/registrar/registration/course-outlines

## **Important Dates**

The last day to drop this course with no "W" notation and still receive a tuition fee refund is **Thursday**, **January 21**, **2020**. Last day add/swap a course is **Friday**, **January 22**, **2021**. The last day to withdraw from this course is **Thursday**, **April 15**, **2021**. <a href="https://www.ucalgary.ca/pubs/calendar/current/academic-schedule.html">https://www.ucalgary.ca/pubs/calendar/current/academic-schedule.html</a>