



Department of Psychology
Psychology 760 and 762.02 (L01) – Specialty Practicum in Clinical Psychology I and II
Fall 2008 – Winter 2009

Instructor:	Dr. David Hodgins	Lecture Location:	A248
Phone:	220 3371	Lecture Days/Time:	Mon 12:00-13:50
Email:	dhodgins@ucalgary.ca		(every fourth week)
Office:	A264	Practicum:	Off campus
Office Hours:			

Course Description and Goals

This course is designed to provide supervised training in an approved community setting, with an emphasis on increasing the breadth and depth of the students' clinical experiences. In addition, students will receive instruction on clinical supervision and will read the following:

Required Text

Falender, C.A., & Shafranske, E. P. (2004). *Clinical supervision: A competency-based approach*.

Washington DC: APA.

Course Requirements:

Students will normally be on-site 1.5 days per week during the months of September through June inclusive. Note that, depending on the setting and students' needs, hours may be somewhat more or less to a maximum of 2 days per week. The expectation is that students will continue to enhance their basic skills in assessment and psychotherapy, particularly with more long-term therapy cases. In addition, students should attempt to round out their training by gaining experience with diverse populations and a variety of assessment techniques and treatment modalities in order to be competitive for internship selection. Other suitable activities include: observation, case conferences, treatment team meetings, seminars, consultation, or library research relevant to a particular case. Consistent with the supervision guidelines developed by the Association of State and Provincial Psychology Boards, at least 25% of students' clinical hours should be direct service. Note that Ph.D. III students may be engaged in a more specialized activity (e.g., specific types of assessment or intervention, specific populations, community consultation, crisis intervention, etc.) in order to better prepare them for the internship application process. Practicum activities should be recorded in the standard APPIC format.

In addition to their off-campus practicum training, students are required to attend a regularly scheduled, two-hour case conference on campus. Each student will present once at the case conference, following the specified format. These presentations will be graded and students will receive written feedback. A mark of 80% is required to achieve a passing grade on the presentation. In addition, students are expected to do the assigned readings on supervision, and be prepared to discuss them in class.

Evaluation

A Pass-Fail grading scheme will be used. Grade assignment is based on meeting student responsibilities throughout the course. These include:

- professional and ethical conduct at all times,

- submission of the required documentation by the specified deadlines (Practicum Agreement Form, Midterm and Final Evaluations – see below)
- a passing grade on the practicum evaluation,
- class attendance and discussion of the reading/case presented,
- case presentation following the specified format (grade of 80% or better) plus periodic two minute case summaries.

Students are expected to discuss expectations and goals for the practicum with their supervisors at the outset of the placement, and to complete and submit the Practicum Agreement Form. Supervisors are expected to provide ongoing feedback to students regarding their performance and will complete two evaluation forms (midterm and final). **It is the student's responsibility to ensure that supervisors have access to the requisite forms and are aware of program deadlines. Students should contact Dr. Hodgins if the documentation will be delayed.** Supervisors will recommend the final grade to the course instructor. Students will also complete and submit an evaluation of their practicum experiences. Students are strongly encouraged to discuss their evaluations of the site and supervisor with their supervisors'; however, they are not required to do so.

Forms can be found on the Dept. of Psychology website:

<http://psychology.ucalgary.ca/graduate/current-students>

Lecture Schedule

During the first three weeks of class we will discuss both the theoretical and practical aspects of clinical supervision so that students will be better equipped to provide supervision when they have the opportunity to do so. The overriding questions to be addressed are:

How, as a supervisee, can I get the most out of supervision?

What can I do to be a better supervisor (when it's my turn)!

Specific topics and associated readings are as follows (specific dates are tentative):

Sept. 22 (Falendar & Shafranske, Chapters 1, 4, 5)

- Introduction
- Theories and models of supervision
- The supervisory relationship

Oct. 27 (Falendar & Shafranske, Chapters 2, 3, 8)

- What does a "competent" supervisor look like?
- Methods and techniques
- Evaluation of the supervisory process

November 17 (Falendar & Shafranske, Chapters 6, 7, and 9)

- Ethical and diversity issues in supervision
- Student presentations

December 1 , January 12, February 9, March 2, March 16, April 20

- Student presentations

Format for student presentations:

The purpose of the case presentation is to integrate clinical practice with the empirical literature. Thus, in presenting your case, please highlight how you conceptualized the case, and how the clinical literature informed your practice.

Presentations should be 30 minutes long with 10 minutes for discussion. Students will be at a variety of practicum placements and will be involved in many different types of clinical activities. The following is a suggested format that may have to be modified, depending on your particular setting:

- 1) Describe the nature of the setting (e.g., community, inpatient, etc.). Describe your role in the setting (e.g., are you part of a multidisciplinary team?).
- 2) Discuss the referral source and presenting problem.
- 3) Discuss the type of assessment that was done. Provide relevant information regarding the client's background and any relevant assessment information (from the clinical interview, psychological testing, etc.).
- 4) Discuss your treatment goals.
- 5) Discuss your treatment strategies, including how you conceptualized the problem(s) and the treatment literature you are drawing upon. Indicate whether there is evidence regarding the efficacy/effectiveness of your treatment?
- 6) Discuss your treatment plan and discuss how treatment has progressed (or not). If not, discuss presenting obstacles and your strategies for overcoming them.
- 7) Discuss your methods for monitoring treatment progress.
- 8) Discuss any legal or ethical issues that arose.
- 9) Discuss any diversity issues that arose.

Note: To maintain confidentiality, do not use names and change any information that might reveal the identity of your client.

Absence from Class

Absence due to illness must be excused in advance by the instructor; otherwise, attendance at all sessions is mandatory for the successful completion of this course. A completed Physician/Counselor Statement may be required to confirm absence from a class for health reasons. The student will be required to pay any cost associated with the Physician Counselor Statement. Other exceptional circumstances should be discussed with the instructor prior to the absence, and will be handled on a case-by-case basis.

Important Dates

The last day to drop this course and still receive a fee refund is **September 19, 2008**. The last day to withdraw from this course is **April 17, 2009**.