



UNIVERSITY OF CALGARY
FACULTY OF ARTS
SCHOOL OF CREATIVE AND PERFORMING ARTS - DANCE
Dance 209: Elementary Contemporary Dance II
Winter 2015

Instructors	Module 1: Melissa Monteros: January 12-February 26, 2015 Module 2: Katri Soini: March 3-April 14, 2015
Office Email	Monteros CH D521/Soini CH D529 monteros@ucalgary.ca katri.soini@nomadi.fi
Office Hours	By appointment
Location and Time of class	Tuesday and Thursday 10:00-11:45AM
Text(s)/Readings	None required
Prerequisites	Dance 207 or equivalent and audition.
Supplementary Fees	This course requires a mandatory supplementary fee of \$52 payable at registration
Course Description	Further elementary study of the techniques of contemporary dance.
Course Objectives	The primary objectives of this class are to increase the individual student's awareness and knowledge of their body, and to begin to develop skill and artistry in contemporary dance technique. Upon the completion of this course the students will: <ul style="list-style-type: none"> • Develop their abilities to perform styles of Contemporary Dance • Become more agile in floor-work and responsive to new movement ideas • Become better aware of their anatomical structure, and how best to utilize it in movement • Produce more readily and easily, specific textures, qualities, and sensations in their bodies as they move • Develop an increased capacity for developing imagery in support of their artistic development • To increase understanding of use of momentum and force in dance • To develop phrasing and musicality • To increase understanding of individual training needs to facilitate development and independence.

<p>Course Activities and Content</p>	<p>Classes will incorporate experiences in a variety of contemporary dance techniques.</p> <p>We will focus on moving, experiencing, analyzing, and establishing a ‘dance practice’. With the goal of dancing with facility, we will explore elements of movement such as weight, coordination, locomotion, rhythm, space, and energy. We will be working on discovering and developing your movement skills and your individual expression in movement. Discussion within class, dialogue outside of class, and general inquiry towards Contemporary dance is required. A part of your traditional preparation for class work should include a pre class warm up of aerobic, strengthening and stretching activities.</p> <p>Monteros</p> <p>The term contemporary dance includes a number of approaches, styles and philosophies in performance, choreography, and training. Each artist/teacher brings his or her history, artistry, philosophy and methodology. My own training is grounded in Limon and Bill Evans technique, with other significant experiences in Horton, Graham, Cunningham and Nikolais/Louis. Gyrokinesis training, long term practice of the Itzush Method (Mitzvah technique), and release techniques such as Alexander and Feldenkrais inform my approach to dance training. Other strong influences are my occasional but intense periods of study in contact improvisation, Gaga, Countertechnique, and the powerful influence of Polish physical theatre. These combinations of influences allow me to embrace both the traditional and new in the approach to contemporary dance training.</p> <p>At this level, the body should be establishing its foundational patterns for more complex work. For many dance students this means reevaluating their understanding of previous training and becoming more aware of the habitual patterns and potential of their own body. My goal in this class work is to help you integrate new ideas, to reevaluate established patterns, and to synthesize this into new understanding of your work as a developing dance artist.</p> <p>Class work will consist of both simple and complex movement sequences that move into and out of the floor, with time committed to warm up, conditioning and release work, center floor work and movement phrases. We will use curves and arches, working into spirals, initiating movement from different points in the body and exploring different qualities of energy and effort. Movement sequences that challenge our sense of vertical alignment and control, and an emphasis on the use of momentum, suspension and weight will be part of our work. An important goal is the development of our kinesthetic awareness to understand how our body is working rather than relying primarily on visual feedback.</p> <p>Students in this class are expected to articulate their understanding of dance through in-class discussions, multidisciplinary responses and written assignments.</p> <p>Soini:</p> <p>The aim of my classes is to understand in practice the functional structure of the body. This leads to efficient, articulated and qualitative physicality. My classes are based on the understanding and experience of pelvis as the centre of the moving body. In my work, with a diverse set of exercises, the pelvis acts as the grounding and centralizing source of being in movement.</p> <p>Through discovering with and working from these principles and through this kind of “bodily realism”, this practice allows a dancing subjectivity to appear and the mind of the student to fly. Classes are technique-oriented, task-based classes consisting of different exercises and combinations which move from floor level to upright position and from centralized work to across the floor. There is a lot of focus on the energy and quality of movement, clarity of the form and shapes, directions of the space and body. The classes grow from strengthening one’s body awareness towards using the knowledge of the body and daring to risk and test the limits of one’s manners when dancing.</p>
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Assessment	<p>1) A significant part of your grade (35%) will be based on your class participation. This includes: attendance, responsiveness to feedback, physical commitment and vitality, participation in discussions, observations and feedback exercises, application to class material, and developing an independent work ethic which includes a pre-class warm up and preparation. Your consistent effort will be noted and the expectation is that you will be fully engaged in the class.</p> <p>If you are feeling unwell during class time, an alternate form of participation may be arranged as a privilege <u>only once</u> during the session. Please remember that classes are considered equivalent to assignments; thus, missing classes will be detrimental to your final grade.</p> <p>If you miss more than 4 classes during the semester, you may fail this course. In addition, if you show up late for class two times (or choose to sit out exercises during 2 classes), this will be counted as an absence.</p> <p>2) Another large portion of your grade (30%) will be based on skill development. This means that we (this instructor and other guest teachers) will be assessing your ability to develop new movement habits and patterns and to see that you are meeting the course objectives. These assessments are ongoing and allow the instructor to ascertain if you are developing the artistry befitting an elementary level dancer.</p> <p style="text-align: center;"># 1 AND #2 WILL BE ASSESSED BY THE INSTRUCTOR FOR EACH MODULE AND WEIGHTED at 50%/50% FOR THE FINAL GRADE IN THESE AREAS.</p> <p>3) All students must attend (5%)</p> <p>a. 2 contemporary dance performances b. 1 Drama, 1 Music and 1 Art event and bring the ticket stubs for these performances with your name clearly written on back of ticket the class following attending the event.</p> <p>4) At midterm, students will be expected to present a verbal and physical self-evaluation of their work to date (10%) Due Date: February 12th, 2015.</p> <p>5) Students will be expected to create a movement assignment at the close of Module 1. To be shown on February 24th, 2015. (10%)</p> <p>6) Students will be expected to complete one prepared movement assignment for Module 2. Due April 9th. (10%)</p> <p>An important note: by enrolling in this class, you are engaging in the course requirements</p>												
Grading Scale	<table border="0" style="width: 100%;"> <tr> <td>A+ 97.6-100</td> <td>A 92.6-97.5</td> <td>A- 90-92.5</td> </tr> <tr> <td>B+ 87.6-89.9</td> <td>B 82.6-87.5</td> <td>B- 80-82.5</td> </tr> <tr> <td>C+ 77.6- 79.9</td> <td>C 72.6-77.5</td> <td>C- 70-72.5</td> </tr> <tr> <td>D+ 67.6-69.9</td> <td>D 62.6-67.5</td> <td>D- 60-62.5</td> </tr> </table> <p>Pass 60% and above Fail 59.9% and below</p>	A+ 97.6-100	A 92.6-97.5	A- 90-92.5	B+ 87.6-89.9	B 82.6-87.5	B- 80-82.5	C+ 77.6- 79.9	C 72.6-77.5	C- 70-72.5	D+ 67.6-69.9	D 62.6-67.5	D- 60-62.5
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Attendance	<p>Due to the experiential nature of the course, classes are equivalent to assignments. Therefore, classes missed will be detrimental to the final grade.</p>												
FACULTY OF ARTS PROGRAM	<ul style="list-style-type: none"> • Have a question, but not sure where to start? The Faculty of Arts Program Information Centre (PIC) is your information resource for everything in Arts! 												

ADVISING AND STUDENT INFORMATION RESOURCES	<p>Visit us for answers about course registration, graduation checks, and the ‘big picture’ on programs and majors. Drop in at SS102, email us at artsads@ucalgary.ca or call us at 403-220-3580. You can also visit the Faculty of Arts website at http://arts.ucalgary.ca/undergraduate which has detailed information on common academic concerns.</p> <ul style="list-style-type: none"> • For academic success support, such as writing support, peer support, success seminars, and learning support, visit the Student Success Centre (formerly the Undergraduate programs Office) on the third floor of the Taylor Family Digital Library (TFDL), email them at success@ucalgary.ca or visit their website at http://www.ucalgary.ca/ssc/ for more information or to book an appointment. • For registration (add/drop/swap), paying fees and assistance with your Student Centre, contact Enrolment Services at 403-210-ROCK [7625], by email at futurestudents@ucalgary.ca or visit them at the MacKimmie Library Block 117.
ACADEMIC ACCOMMODATION	http://www.ucalgary.ca/access
FOIP	http://www.ucalgary.ca/secretariat/privacy
ACADEMIC STANDING	http://www.ucalgary.ca/pubs/calendar/current/f.html
CAMPUS SECURITY	220-5333. Help phones: located throughout campus, parking lots, and elevators. They connect directly to Campus Security; in case of emergency, press the red button.
COURSE OUTLINES FOR TRANSFER CREDIT	It is possible that you will be asked for copies of this outline for credit transfers to other institutions or for proof of work done. It is the student's responsibility to keep these outlines and provide them to employers or other universities when requested. Please ensure that outlines of all the courses you take are kept in a safe place for your future reference. Departments/Programs do not guarantee that they will provide copies.
DEFERRALS OF EXAMS/TERM WORK	It is possible to request a deferral of term work or final examinations for reasons of illness, accident, family or domestic affliction, or religious obligations. Please check with your advisor if any of these issues make it impossible for you to sit an exam or finish term work by stated deadlines.
EMERGENCY EVACUATION	http://www.ucalgary.ca/emergencyplan/assemblypoints
LETTER OF PERMISSION	If you wish to study at another institution while registered at the U of C, you must have a letter of permission. You can submit your request through your Student Centre at MyUofC. Students must have the Letter of Permission before they take the course at another school. Failure to prepare may result in no credit awarded and could result in suspension from the faculty.
PLAGIARISM	Using any source whatsoever without clearly documenting it is a serious academic offense. For details see the University of Calgary Calendar. Consequences include failure on the assignment, failure in the course and possibly suspension or expulsion from the university. You must document not only direct quotations but also paraphrases and ideas where they appear in your text. A reference list at the end is insufficient by itself. Readers must be able to tell exactly where your words and ideas end and other people’s words and ideas begin. This includes assignments submitted in non-traditional formats such as Web pages or visual media, and material taken from such sources. Please consult your instructor or the Student Success Centre (TFDL 3 rd Floor) if you have any questions regarding how to document sources.
SAFEWALK	220-5333 anytime. http://www.ucalgary.ca/security/safewalk
STUDENT MISCONDUCT	http://www.ucalgary.ca/pubs/calendar/current/k.html

STUDENT UNION CONTACT STUDENT OMBUDSPERSON	Faculty of Arts reps: arts1@su.ucalgary.ca ; arts2@su.ucalgary.ca ; arts3@su.ucalgary.ca ; arts4@su.ucalgary.ca
UNDERGRADUATE ASSOCIATIONS	DUS: Drama Undergraduate Society, CH C 005 uofcdus@gmail.com MUS: Music Undergraduate Society, CH F 219 undmusic@ucalgary.ca PIVOT: Dance Undergraduate Society, CH E 211 pivotdancers@gmail.com