

# UNIVERSITY OF CALGARY FACULTY OF ARTS SCHOOL OF CREATIVE AND PERFORMING ARTS DNCE 209 ELEMENTARY CONTEMPORARY DANCE II Winter 2021

Instructor Office Email Office Hours	Heather Ware  heather.ware@ucalgary.ca  By appointment Zoom only
Day(s),time(s) and location of Class	In studio classes: Tuesdays 10.00-11.50, KNA Red gym (exception of Feb.23 and April 6 - these classes will be synchronous via ZOOM)  Synchronous classes via ZOOM: Thursdays 10.00-11.50  Break week, no classes: February 16,18  Individual Assessment meetings: February 23 & 25 via zoom - if it is not your time slot class time will be used to work independently on your midterm assignment.  Movement Analysis presentations - April 6 & 8 via zoom
Learning resources: required readings, textbooks and materials	None required

#### **Learning Technologies** There is a D2L site for this course which contains required readings and other and Requirements relevant class resources and materials (see d2L.ucalgary.ca). In order to successfully engage in their learning experiences at the University of Calgary, students taking online, remote and blended courses are required to have reliable access to the following technology: A computer with a supported operating system, as well as the latest security, and malware updates; A current and updated web browser; Webcam (built-in or external); Microphone and speaker (built-in or external) or headset with microphone; Current antivirus and/or firewall software enabled; Broadband internet connection. Most current laptops will have a built-in webcam, speaker and microphone. Students should also arrange access to a space in which they are able to focus and move for the synchronous classes. A space that is large enough to move without fear of injury and has an appropriate floor to dance in bare feet. Space should also be a place where the student can be uninterrupted for the duration of class time. Dance 207. Audition required if Dance 207 was not completed in the previous Prerequisites term. See the SCPA Auditions website for further details: <a href="https://arts.ucalgary.ca/">https://arts.ucalgary.ca/</a> creative-performing-arts/future-students/undergraduate-dance

#### Course description

Further elementary study of the techniques of contemporary dance.

This is an elementary level technique class, aimed to build the dancers physical awareness as a starting place to building a strong technical foundation. Emphasis will be put on technical skills of the dancers, particularly in relation to the role which dance can play within today's changing society.

The class starts with understanding functional human movement patterns, and helps train dancers to recognise healthy movement habits and let go of unnecessary ones for their individual bodies. As a portion of the learning is online where physical communication is restricted, the emphasis on building healthy movement patterns is highlighted. We will focus on the ability to co-ordinate and conversely deconstruct the body's natural co-ordination. The exercises and combinations are created to trigger the connection between mind and body and to understand the different muscle tensions possible within our dance. The relation of the body to the space in which we move plays a crucial role, both within the studio as well as relating to the different spaces which dance can occupy outside of the studio. Anchored in contemporary dance technique there is focus on weight and momentum, curving and twisting the spine, finding a balance between release and stability. We will progress through a series of simple floor and standing exercises through more complex combinations that move in and out of the floor. The musicality of the dancing body is brought strongly to focus. Breath and somatic awareness play an integral role, and the dancers are encouraged to listen to the dance they and their fellow dancers create.

The classwork will aim to awaken our senses, enlivening both internal and external awareness. It will allow us to explore, through movement and discussion, the idea of technique as something which connects to our imagination, as well as physicality and spatial presence.

In the context of a hybrid online/live studio course, the class will also include a component of written analytical work which we will then translate into practical physical components, and self-reflection. Creative tasks will be brought into the classwork as we together discover how to implement dance technique into a more than ever digital world.

Students must attend five events - live or virtually -from a variety of disciplines. Online links will be made available to the students on the D2L site. See Assessment Components for Details.

## Course learning outcomes

By the completion of this course, successful students will have:

- 1. continued building a foundation in their study of contemporary dance
- 2. built a foundation of self-motivation towards their own dance practise
- 3. refined their understanding of the human body in motion;
- 4. furthered their understanding of how their own bodies can function in a useful and healthy way, moving from simple to more complex technical material;
- 5. furthered their abilities to co-ordinate and conversely deconstruct the body's natural co-ordination;
- 6. built a base understanding of balance between tension and release;
- 7. built a base understanding of how to relate to gravity in multiple ways, including the use of arms as weight bearers
- 8. experimented with their application of phrasing and musicality;
- 9. interacted and worked cooperatively with peers, in a spirit of play, to push physical and artistic boundaries.
- 10.deepened their appreciation of the role dance can play within a functioning society.

#### Course schedule

Faculty will make continuous in-studio assessment throughout the course to ascertain that the student is developing the movement patterns and artistry befitting a dancer in progression through the elementary level.

**In studio classes:** Tuesdays 10.00-11.50, KNA Red gym (exception of Feb.23 and April 6 - these classes will be synchronous via ZOOM)

**Synchronous classes via ZOOM:** Thursdays 10.00-11.50

Break week, no classes: February 16,18

**Individual Assessment meetings:** February 23 & 25 via zoom - if it is not your time slot class time will be used to work independently on your mid-term assignment.

**Movement Analysis** - presentations via zoom April 6 & 8 / 2021.

#### **Deadlines:**

Performance Attendance – submission deadline: April 15th / 2021.

**Performance Review** - within one week of viewing the performance, final submission date April 15 /2021.

Midterm Movement Assignment – submission deadline March 4/2021

**Movement Analysis** - presentations April 6 & 8 / 2021.

#### Assessment components

- 1. 40% Skill -ongoing\*-
- -Technical Proficiency, Clarity, Artistry, and Presentation-

The student will be assessed on their technical development in class on an ongoing basis, based upon the live in-studio classes.

\*Ware will hold individual meetings on February 23 & 25/2021 during class time via ZOOM to discuss progress.

- 2. 40% Learning Approach and Participation -ongoing-
- Attitude, Commitment, Progress, Ability to Assimilate Information, Attendance— A significant part of the grade will be based on participation. By participating, we mean not only showing up for class, either in person or online, but attending to the material at hand. Participation will also be gauged by the effort put into learning any asynchronous (online) material offered. Students demonstrating self-motivation have the possibility to excel in this course. Effort shows and we will be sure to take note of those fully engaged in the class. If for some reason you are feeling unwell during class time, a substitute form of participation may be arranged; however, do not expect to obtain this privilege more than once.
- 3. 5% Performance Attendance submission deadline: April 15/2021

All students must (virtually) attend/view: 2 contemporary dance performances, as well as 1 drama performance, 1 music performance and 1 art event. A selection of links will be provided to the students for online performance events on D2L, as well as a selection of possible live performance events once it is clear what is possible. Students must submit either a screen shot of the video screen for each online performance/event in photo format or a photo of the ticket stub for live events, to the appropriate D2L Dropbox. Submissions must include their name, date of viewing, title of performance, as well as category of performance, clearly written with each submission. These photos must be submitted before or on April 15 /2021

- 4. 5% Performance Review To be discussed in class at the beginning of the term. For the 2 contemporary dance performances attended (see above), all students will write a short (300 word) response to each of the works. Response should include why you selected this performance, if and/or why you consider it to be a contemporary dance performance and should attempt to place the work in relation to today's society. Responses must be submitted in the appropriate D2L Dropbox within one week of viewing the performance, final submission date April 15/2021
- 5. 5% Midterm Movement Assignment To be discussed in class, and assignment details will be posted on D2L. Assignment will focus on self-reflection and creative incorporation of dance into daily life. Assignments will be submitted in video form in the appropriate D2L Dropbox after break week, deadline March 4/2021
- 6. 5% Movement Analysis students will be given a movement analysis assignment which will focus on self-reflection and understanding of learned outcomes of the course. This will include a written component. Assignment details will also be posted on D2L.To be presented during class times via ZOOM, April 6 & 8 /2021

#### Assessment expectations

#### FOR GRADED DANCE STUDIO COURSES

A significant part of your grade is based on participation. Participation means not only showing up for class, but also attending to the material at hand with effort and engagement.

With regard to participation, classes are considered equivalent to assignments. Thus, more than 2 absences per term will have an adverse effect on your final grade. If you miss more than one week of classes, your final grade will begin to drop by as much as 10% per missed class. If you miss more than two weeks of classes, you have the potential to fail the course. If you show up late for or leave early from class, this will be counted as half an absence.

If for some reason **other than potential COVID-19 symptoms** you are feeling unwell during class time, a substitute form of participation may be arranged; however, you may not obtain this privilege more than once.

For studio courses, if you opt out of full participation and choose to sit for a portion of the class, this will be counted as non-participation and will be marked as half an absence.

Students are responsible for any and all material missed during an absence. In the event of a COVID-19 diagnosis and/or required isolation, arrangements for remote access to missed material will be made.

If you sustain a significant injury during the term that will impact your participation for longer than a week's worth of classes and if this injury is verified by a medical practitioner's note, your case will be submitted to the Dance Division Committee to address your situation.

#### **Guidelines for Submitting Assignments:**

Assignments should be submitted via the appropriate D2L Dropbox

#### Missed or Late Assignments:

Late assignments will only be accepted in exceptional circumstances.

#### **Expectations for Writing:**

Writing skills are important to academic study across all disciplines. Consequently, instructors may use their assessment of writing quality as a factor in the evaluation of student work. Please refer to the Undergraduate Calendar E. 2 Writing Across the Curriculum policy for details.

#### Grading scale

For the course as a whole, letter grades should be understood as follows, as outlined in the section F.1.1 Undergraduate Grading System of the Calendar: <a href="https://www.ucalgary.ca/pubs/calendar/current/f-1.html">https://www.ucalgary.ca/pubs/calendar/current/f-1.html</a>.

- A grade of "C-" or below may not be sufficient for promotion or graduation, see specific faculty regulations.
- The number of "D" and "D+" grades acceptable for credit is subject to specific undergraduate faculty promotional policy.

### FOR DANCE COURSES:

The following numerical rubric will be applied:

A+ 97.6-100 A 92.6-97.5 A- 90-92.5
B+ 87.6-89.9 B 82.6-87.5 B- 80-82.5
C+ 77.6- 79.9 C 72.6-77.5 C- 70-72.5
D+ 67.6-69.9 D 62.6-67.5
F 0-62.5

#### Guidelines for Zoom Sessions

Zoom is a video conferencing program that will allow us to meet at specific times for a "live" video conference, so that we can have the opportunity to meet each other virtually and discuss relevant course topics as a learning community.

To help ensure Zoom sessions are private, do not share the Zoom link or password with others, or on any social media platforms. Zoom links and passwords are only intended for students registered in the course. Zoom recordings and materials presented in Zoom, including any teaching materials, must not be shared, distributed or published without the instructor's permission.

The use of video conferencing programs relies on participants to act ethically, honestly and with integrity; and in accordance with the principles of fairness, good faith, and respect (as per the <a href="Code of Conduct">Code of Conduct</a>). When entering Zoom or other video conferencing sessions (such as MS Teams), you play a role in helping create an effective, safe and respectful learning environment. Please be mindful of how your behaviour in these sessions may affect others. Participants are required to use names officially associated with their UCID (legal or preferred names listed in the Student Centre) when engaging in these activities. Instructors/moderators can remove those whose names do not appear on class rosters. Non-compliance may be investigated under relevant University of Calgary conduct policies (e.g <a href="Student Non-Academic Misconduct Policy">Student Non-Academic Misconduct Policy</a>). If participants have difficulties complying with this requirement, they should email the instructor of the class explaining why, so the instructor may consider whether to grant an exception, and on what terms. For more information on how to get the most out of your zoom sessions visit: <a href="https://elearn.ucalgary.ca/guidelines-for-zoom/">https://elearn.ucalgary.ca/guidelines-for-zoom/</a>.

If you are unable to attend a Zoom session, please contact your instructor to arrange an alternative activity for the missed session (e.g., to review a recorded session). Please be prepared, as best as you are able, to join class in a quiet space that will allow you to be fully present and engaged in Zoom sessions. Students will be advised by their instructor when they are expected to turn on their webcam (for group work, presentations, etc.).

The instructor may record online Zoom class sessions for the purposes of supporting student learning in this class – such as making the recording available for review of the session or for students who miss a session. Students will be advised before the instructor initiates a recording of a Zoom session. These recordings will be used to support student learning only and will not be shared or used for any other purpose.

#### Academic Accommodation

It is the student's responsibility to request academic accommodations according to the University policies and procedures listed below. The Student Accommodations policy is available at <a href="https://ucalgary.ca/student-services/access/prospective-students/academic-accommodations">https://ucalgary.ca/student-services/access/prospective-students/academic-accommodations</a>.

Students needing an accommodation based on disability or medical concerns should contact Student Accessibility Services (SAS) in accordance with the Procedure for Accommodations for Students with Disabilities (<a href="https://www.ucalgary.ca/policies/files/policies/procedure-for-accommodations-for-students-with-disabilities.pdf">https://www.ucalgary.ca/policies/files/policies/procedure-for-accommodations-for-students-with-disabilities.pdf</a>). Students who require an accommodation in relation to their coursework based on a protected ground other than Disability should communicate this need in writing to their Instructor. SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit <a href="https://www.ucalgary.ca/access/">www.ucalgary.ca/access/</a>.

Academic integrity, plagiarism	Academic Misconduct refers to student behavior which compromises proper assessment of a student's academic activities and includes: cheating; fabrication; falsification; plagiarism; unauthorized assistance; failure to comply with an instructor's expectations regarding conduct required of students completing academic assessments in their courses; and failure to comply with exam regulations applied by the Registrar.  For information on the Student Academic Misconduct Policy and Procedure please visit: <a href="https://ucalgary.ca/policies/files/policies/student-academic-misconduct-policy.pdf">https://ucalgary.ca/policies/files/policies/student-academic-misconduct-policy.pdf</a> and <a href="https://ucalgary.ca/policies/files/policies/student-academic-misconduct-procedure.pdf">https://ucalgary.ca/policies/files/policies/student-academic-misconduct-procedure.pdf</a> . Additional information is available on the Academic Integrity Website at <a href="https://ucalgary.ca/student-services/student-success/learning/academic-integrity">https://ucalgary.ca/student-services/student-success/learning/academic-integrity</a> .
Internet and electronic communication device	The use of laptop and mobile devices is acceptable when used in a manner appropriate to the course and classroom activities. Please refrain from accessing websites and resources that may be distracting to you or for other learners during class time. Students are responsible for being aware of the University's Internet and email use policy, which can be found at <a href="https://www.ucalgary.ca/policies/files/policies/electronic-communications-policy.pdf">https://www.ucalgary.ca/policies/files/policies/electronic-communications-policy.pdf</a>
Intellectual Property	Course materials created by instructors (including presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the instructor. These materials may NOT be reproduced, redistributed or copied without the explicit consent of the instructor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.
Copyright	All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright ( <a href="www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf">www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf</a> ) and requirements of the copyright act ( <a href="https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html">https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html</a> ) to ensure they are aware of the consequences of unauthorised sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy <a href="https://www.ucalgary.ca/pubs/calendar/current/k.html">https://www.ucalgary.ca/pubs/calendar/current/k.html</a> .
Freedom of Information and Protection of Privacy	Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary.
Student Support	Please visit this link for important information on UCalgary's student wellness and safety resources: <a href="https://www.ucalgary.ca/registrar/registration/course-outlines">https://www.ucalgary.ca/registrar/registration/course-outlines</a>