



**UNIVERSITY OF CALGARY**  
**COURSE OUTLINE**  
**FACULTY OF ARTS**  
**SCHOOL OF CREATIVE AND PERFORMING ARTS- DANCE**  
**Course Title: DNCE 221 – Ballet 1**  
**Session: Fall 2013**

<b>Instructor</b>	Amanda Vanessa Tyndall
<b>Office</b>	
<b>Email</b>	<a href="mailto:avtyndal@ucalgary.ca">avtyndal@ucalgary.ca</a>
<b>Office Hours</b>	By appointment
<b>Location and Time of class</b>	Monday and Wednesday 8:00 – 9:50 am KN Auxiliary Gymnasium
<b>Text(s)/Readings</b>	See blackboard for course materials – written and video materials will be periodically posted
<b>Prerequisites</b>	None
<b>Supplementary Fees</b>	This course requires a mandatory Supplementary Fee of \$52.00 required
<b>Course Description</b>	An introductory study of the techniques of ballet.
<b>Course Objectives</b>	To establish basic understanding of terminology and technique to build a solid technical foundation in ballet using correct postural alignment. To learn to work to build artistry and musicality to become an expressive dancer and performer.
<b>Course Activities</b>	This will be an experiential learning course requiring active participation. Each class will involve physical practice, direction, observation, and constructive feedback from both the instructor and peers.
<b>Course Content</b>	The course is designed to begin with the basic instruction of posture and placement of the body and progresses through understanding of the basic steps and exercises involved in a typical ballet class. Stretching and strengthening exercises for classical ballet will also be covered. Each class will be composed of warm-up, barre, and centre practice.
<b>Written Assignments</b>	<p>Mini in-class quizzes will be periodically administered to review basic terminology. All course material will be posted on blackboard and there will be no “surprises” on the quizzes.</p> <p>It is also encouraged to keep a dance journal to track your progress through the course, questions you encounter each class, and reflections or insights during class. Please feel free being your journal to class, and make notes if you need to.</p> <p><b>Assignment: Due date September 18, 2013</b> In your dance journal or notebook, describe your goals in this course (i.e., Why do you want to take this course? What do you want to take away from this course?), your previous dance history/knowledge (i.e., Where have you taken class? What kind of style of dance? How many years of dance and/or ballet?), and lastly list any previous injuries that your instructor needs to know about and if these have resolved or are reoccurring. Please indicate if you have sought medical attention (including physiotherapy or massage therapy) for the affected area.</p>

<b>Assessments</b>	<p><b>This is a Pass/Fail course.</b></p> <p>To achieve a passing grade <i>you must complete all the requirements:</i></p> <ol style="list-style-type: none"> <li>1. Attend and participate in all classes. <b>Four absences will result in failure.</b></li> <li>2. Beyond being present, you must be <b>committed</b> to improvement and change. Explore the class work intelligently, and join discussions expressing your understanding of the ideas and concepts presented in class.</li> <li>3. Full, active participation is required. <b>You must arrive on time</b>, dressed to dance, having reviewed previous class material. You are accountable for learning all presented material and demonstrating comprehension of the material through in class participation.</li> <li>4. You must contribute in your energy and focus to the goals of the class. Positively encourage your peers and learn from them too through observation.</li> </ol>
<b>Grading Scale</b>	<b>Credit / Fail – Not included in GPA</b>
<b>Attendance</b>	<p>Due to the experiential nature of the course, classes are equivalent to assignments. Therefore classes missed will be detrimental to the final grade. An injury or illness lasting 2 or more weeks that prevents you from participating in class may require either a grade deferral or a medical withdrawal from the course. Please discuss further with your course instructor and the Associate Dean for Students in the PIC office SS102.</p>
<b>FACULTY OF ARTS PROGRAM ADVISING AND STUDENT INFORMATION RESOURCES</b>	<ul style="list-style-type: none"> <li>• Have a question, but not sure where to start? The new Faculty of Arts Program Information Centre (PIC) is your information resource for everything in Arts! Drop in at SS102, call us at 403-220-3580 or email us at <a href="mailto:picarts@ucalgary.ca">picarts@ucalgary.ca</a>. You can also visit the Faculty of Arts website at <a href="http://arts.ucalgary.ca/undergraduate">http://arts.ucalgary.ca/undergraduate</a> which has detailed information on common academic concerns.</li> <li>• For program planning and advice, contact the Student Success Centre (formerly the Undergraduate programs Office) at (403) 220-5881 or visit them in their new space on the 3<sup>rd</sup> Floor of the Taylor Family Digital Library.</li> <li>• For registration (add/drop/swap), paying fees and assistance with your Student Centre, contact Enrolment Services at (403) 210-ROCK [7625] or visit them at the MacKimmie Library Block.</li> </ul>
<b>ACADEMIC ACCOMMODATION</b>	<a href="http://www.ucalgary.ca/access">http://www.ucalgary.ca/access</a>
<b>FOIP</b>	<a href="http://www.ucalgary.ca/secretariat/privacy">http://www.ucalgary.ca/secretariat/privacy</a>
<b>ACADEMIC STANDING</b>	<a href="http://www.ucalgary.ca/pubs/calendar/current/f.html">http://www.ucalgary.ca/pubs/calendar/current/f.html</a>
<b>CAMPUS SECURITY</b>	403-220-5333. Help phones: located throughout campus, parking lots, and elevators. They connect directly to Campus Security; in case of emergency, press the red button.
<b>COURSE OUTLINES FOR TRANSFER CREDIT</b>	It is possible that you will be asked for copies of this outline for credit transfers to other institutions or for proof of work done. It is the <b>student's</b> responsibility to keep these outlines and provide them to employers or other universities when requested. Please ensure that outlines of all the courses you take are kept in a safe place for your future reference. Departments/Programs do not guarantee that they will provide copies.

<b>DEFERRALS OF EXAMS/TERM WORK</b>	It is possible to request a deferral of term work or final examinations for reasons of illness, accident, family or domestic affliction, or religious obligations. Please check with your advisor if any of these issues make it impossible for you to sit an exam or finish term work by stated deadlines.
<b>EMERGENCY EVACUATION</b>	<a href="http://www.ucalgary.ca/emergencyplan/assemblypoints">http://www.ucalgary.ca/emergencyplan/assemblypoints</a>
<b>LETTER OF PERMISSION</b>	If you wish to study at another institution while registered at the UofC, you must have a letter of permission. You can submit your request through your Student Centre at MyUofC. Students must have the Letter of Permission <b>before</b> they take the course at another school. Failure to prepare may result in no credit awarded and could result in suspension from the faculty.
<b>PLAGIARISM</b>	Using any source whatsoever without clearly documenting it is a serious academic offense. For details see the University of Calgary Calendar. Consequences include failure on the assignment, failure in the course and possibly suspension or expulsion from the university. You must document not only direct quotations but also paraphrases and ideas where they appear in your text. A reference list at the end is insufficient by itself. Readers must be able to tell exactly where your words and ideas end and other people's words and ideas begin. This includes assignments submitted in non-traditional formats such as Web pages or visual media, and material taken from such sources. Please consult your instructor or the Writing Centre (3 <sup>rd</sup> floor TFDL) if you have any questions regarding how to document sources.
<b>SAFEWALK</b>	<b>220-5333 anytime.</b> <a href="http://www.ucalgary.ca/security/safewalk">http://www.ucalgary.ca/security/safewalk</a>
<b>STUDENT MISCONDUCT</b>	<a href="http://www.ucalgary.ca/pubs/calendar/current/k.html">http://www.ucalgary.ca/pubs/calendar/current/k.html</a>
<b>STUDENT UNION CONTACT</b> <b>STUDENT OMBUDSPERSON</b>	Faculty of Arts reps: <a href="mailto:arts1@su.ucalgary.ca">arts1@su.ucalgary.ca</a> , <a href="mailto:arts2@su.ucalgary.ca">arts2@su.ucalgary.ca</a> , <a href="mailto:arts3@su.ucalgary.ca">arts3@su.ucalgary.ca</a> , <a href="mailto:arts4@su.ucalgary.ca">arts4@su.ucalgary.ca</a>
<b>UNDERGRADUATE ASSOCIATIONS</b>	DUS: Drama Undergraduate Society CH C 005 <a href="mailto:dusuofc@hotmail.com">dusuofc@hotmail.com</a> MUS: Music Undergraduate Society CH F 219 UofC Mus Group on Facebook PIVOT: Dance Undergraduate Society CH E 211 <a href="mailto:pivot@ucalgary.ca">pivot@ucalgary.ca</a>

Revised June 2013 in accordance with policy: <http://www.ucalgary.ca/pubs/calendar/current/e-1.html>