

UNIVERSITY OF CALGARY FACULTY OF ARTS SCHOOL OF CREATIVE AND PERFORMING ARTS – DIVISION OF DANCE

DNCE 221: Ballet I Winter 2014

INSTRUCTOR:	Terra Michele Niehaus
EMAIL:	tniehaus@ucalgary.ca
OFFICE HOURS:	By Appointment
office from s.	25 Appointment
LOCATION:	KN Auxiliary Gymnasium
TIME OF CLASS:	Tuesday & Thursday 8:00am – 9:50am
TEXT(S)/READINGS:	See blackboard for course materials. Written and video materials will be posted periodically.
PREREQUISITES:	None
SUPPLEMENTARY	This course has a mandatory supplementary fee of \$52.00.
FEES:	
COURSE	An introduction to the basic technique of classical ballet.
DESCRIPTION:	
COURSE	To establish an understanding of the correct technique and terminology of classical ballet. To
OBJECTIVES:	build the foundations of correct postural alignment, musicality and artistry of an expressive dancer and performer.
COURSE ACTIVITIES:	This will be an experiential learning course requiring active participation. Each class will
	involve physical practice, direction, observation, and constructive feedback from both the
	instructor and peers.
COURSE CONTENT:	This course is designed to begin with the basic instruction of posture and placement of the body
COURSE CONTENT:	and progresses through an understanding of the basic steps and exercises involved in a typical
	ballet class. Stretching and strengthening exercises for classical ballet will also be covered.
	Each class will be composed of warm-up, barre and centre practice.
ASSIGNMENTS:	In-class quizzes will be periodically administered to review basic terminology, basic steps and
	technique. Quizzes will be based on the technique and terminology reviewed in class. It is
	encouraged to keep a dance journal to track your progress throughout the course, including
	making notes regarding corrections, questions you encounter and reflections or insights during
	class. Please feel free to bring your journal to class, and make notes if you need to.
	Assignment 1: Course objectives and personal dance history
	Due date: January 16, 2014
	Details: Submit a paper describing:
	a) Your goals in this course (i.e., Why do you want to take this course? What do you
	want to take away from this course?)
	b) Your previous dance history/knowledge (i.e., What kind of dance style? How
	many years of dance and/or ballet? Where have you taken class?)
	c) List any current or previous injuries that your instructor needs to know about and
	whether they have resolved or are reoccurring. Please indicate whether you have
	sought medical attention (including physiotherapy or massage therapy) for the
	affected area.
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ASSESSMENT:	This is a Pass/Fail course.
	To achieve a passing grade you must complete all the requirements:
1	1. Attend and participate in all classes. Four absences will result in failure.
1	2. Beyond being present, you must be committed to improvement and change. Explore the class work intelligently, and join discussions expressing your understanding of the
1	ideas and concepts presented in class.
<u> </u>	3. Full, active participation is required. You must arrive on time, dressed to dance, having
ı	reviewed previous class material. You are accountable for learning all presented material and demonstrating comprehension of the material through in class
	participation.
	4. You must contribute in your energy and focus to the goals of the class. Positively encourage your peers and learn from them too through observation.
	5. Timely completion of Assignment 1.
1	6. Passing grade on all quizzes.
GRADING SCALE:	Credit/Fail – Not included in GPA
ATTENDANCE:	Due to the experiential nature of the course, classes are equivalent to assignments. Therefore,
	classes missed will be detrimental to the final grade. An injury or illness lasting 2 or more weeks that prevents you from participating in class may require a medical withdrawal from the course. Please discuss further with your course instructor and the Associate Dean for Students in the PIC office SS102.
FACULTY OF ARTS	Have a question, but not sure where to start? The new Faculty of Arts Program
PROGRAM ADVISING	Information Centre (PIC) is your information resource for everything in Arts! Drop in
AND STUDENT	at SS102, call us at 403-220-3580 or email us at picarts@ucalgary.ca. You can also
INFORMATION DESCRIPCES.	visit the Faculty of Arts website at http://arts.ucalgary.ca/undergraduate which has
RESOURCES:	detailed information on common academic concerns.
	• For program planning and advice, contact the Student Success Centre (formerly the Undergraduate programs Office) at (403) 220-5881 or visit them in their new space on the 3 rd Floor of the Taylor Family Digital Library.
	 For registration (add/drop/swap), paying fees and assistance with your Student Centre, contact Enrolment Services at (403) 210-ROCK [7625] or visit them at the MacKimmie Library Block.
ACADEMIC ACCOMMODATION:	http://www.ucalgary.ca/drc/node/46
FOIP:	http://www.ucalgary.ca/secretariat/privacy
ACADEMIC STANDING:	http://www.ucalgary.ca/pubs/calendar/current/f.html
CAMPUS SECURITY:	220-5333. Help phones: located throughout campus, parking lots, elevators. They connect directly to Campus Security; in case of emergency, press the red button.
COURSE OUTLINES	It is possible that you will be asked for copies of this outline for credit transfers to other
	institutions or for proof of work done. It is the student's responsibility to keep these outlines and
CREDIT:	provide them to employers or other universities when requested. Please ensure that outlines of
	all the courses you take are kept in a safe place for your future reference. Departments/Programs do not guarantee that they will provide copies.
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DEFERRALS OF	It is possible to request a deferral of term work or final examinations for reasons of finess.
	It is possible to request a deferral of term work or final examinations for reasons of illness, accident, family or domestic affliction, or religious obligations. Please check with your advisor
EXAMS/TERM WORK:	accident, family or domestic affliction, or religious obligations. Please check with your advisor if any of these issues make it impossible for you to sit an exam or finish term work by stated
EXAMS/TERM WORK:	accident, family or domestic affliction, or religious obligations. Please check with your advisor if any of these issues make it impossible for you to sit an exam or finish term work by stated deadlines.
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LETTER OF PERMISSION:	If you wish to study at another institution while registered at the U of C, you must have a letter of permission. You can submit your request through your Student Centre at MyUofC. Students must have the Letter of Permission before they take the course at another school. Failure to prepare may result in no credit awarded and could result in suspension from the faculty.
PLAGIARISM:	Using any source whatsoever without clearly documenting it is a serious academic offense. For details see the University of Calgary Calendar. Consequences include failure on the assignment, failure in the course and possibly suspension or expulsion from the university. You must document not only direct quotations but also paraphrases and ideas where they appear in your text. A reference list at the end is insufficient by itself. Readers must be able to tell exactly where your words and ideas end and other people's words and ideas begin. This includes assignments submitted in non-traditional formats such as Web pages or visual media, and material taken from such sources. Please consult your instructor or the Writing Centre (3 rd floor TFDL) if you have any questions regarding how to document sources.
SAFEWALK:	220-5333 anytime. http://www.ucalgary.ca/security/safewalk
STUDENT MISCONDUCT:	http://www.ucalgary.ca/pubs/calendar/current/k.html
STUDENT UNION CONTACT STUDENT OMBUDSPERSON:	Faculty of Arts reps: arts1@su.ucalgary.ca, arts2@su.ucalgary.ca, arts3@su.ucalgary.ca, arts4@su.ucalgary.ca
UNDERGRADUATE ASSOCIATIONS:	DUS: Drama Undergraduate Society CH C 005 <u>dusuofc@hotmail.com</u> MUS: Music Undergraduate Society CH F 219 UofC Mus Group on Facebook PIVOT: Dance Undergraduate Society CH E 211 <u>pivot@ucalgary.ca</u>

Revised June 2013 in accordance with policy: http://www.ucalgary.ca/pubs/calendar/current/e-1.html