

## UNIVERSITY OF CALGARY FACULTY OF ARTS

#### SCHOOL OF CREATIVE AND PERFORMING ARTS - DANCE

# Dance 405 Intermediate Contemporary Dance II Dance 505 Advanced Contemporary Dance I Fall 2014

Instructor	Module 1: Sasha Ivanochko: September 8-Oct 22
	Module 2: James Graham: October 22-November 13th
	Module 3: Charles Slender November 19-December 5th
Office	CH D519
Email	sashaivanochko@gmail.com
	jamesgrahamdancetheatre@gmail.com
	cslender@factsf.org
Office II	
Office Hours	By appointment
Location and	MTTh 12-13:30 Aux Gym
Time	
of class	
Text(s)/Readings	None required
Proroquisitos	DNCE 307 or 407 or equivalent; by audition only
Prerequisites	bree 507 of 407 of equivalent, by addition only
Supplementary	Mandatory Supplementary Course Fee of \$78 Required
Fees	
Course	405: Further intermediate study of the techniques of contemporary dance.
Description	505: Advanced study of the techniques of contemporary dance.
<b>Course Objectives</b>	Our primary objectives are to increase the individual dancer's awareness and
	knowledge of her/his body, and to build skill in contemporary dance technique.
	The objectives for this course will be to develop an intermediate and/or
	intermediate/advanced skill level with regard to coordination, articulation,
	presentation, strength, flexibility, alignment, phrase comprehension, quality
	differentiation, spatial and kinesthetic awareness, focus, transition, initiation, and
	rhythmic clarity. For many dance students this means reevaluating her/his
	understanding of previous training and becoming more aware of the capabilities,
	habits, and the potential of his/her own body.
	Upon the completion of this course the students will:
	<ul> <li>Develop their abilities to perform styles of Contemporary Dance</li> </ul>
	Become more agile in floor-work and inversions
	Go into and out of the floor with grace and ease
	Improve their musicality in relation to phrasing, tempo, and mood
	Develop their improvisational skills
	Become aware of their anatomical structure, and how best to utilize it in this movement
	• Produce more readily and easily, specific textures, qualities, and sensations in their
	bodies as they move

### **Course Activities** and Content

Activities: This course will include a warm-up, centre standing and floor exercises, and in some cases, basic acrobatics and across-the-floor phrase material all with a focus on developing our artistic abilities as dancers. Besides working on artistic presentation and technical skills in relation to an understanding of the function of aesthetics, we will be engaging in basic improvisational strategies and the use of imagery to expand our understanding of intention and interpretation. Students in this class are expected to articulate their understanding of dance through in-class discussions, multidisciplinary responses and written assignments.

#### Ivanochko

My own fundamental training was in gymnastics, Graham-based technique and Cecchetti Ballet. Through the development of my pedagogy, I have retained a corecentric focus to promote a relaxed, athletic and sensual approach to working within the body. I aim to focus the students towards inner and outer spatial awareness, kinetic and kinesthetic alignment and on an embodied presence. A dynamic and efficient postural alignment is initiated when students are asked to consider the pelvis and thoracic cage as the two central axises of the body working in continuous relationship to each other. Limb placement is carefully addressed working within anatomical realities. Students are asked to attend to the specifics of the entry and exit points of movement, pathways of the body through space, and to work with the reality of gravity. As sophistication with movement principals develops, exercises are strung together to create a continuous flowing sequence from the beginning to the end of class. As exercises are mastered, more subtle details of coordination are introduced, including the relationship of fingers, eyes and toes to core. Students taking this class will practice physical and mental integration while building precise, nuanced, efficient and musical movement abilities.

#### Graham

Gaga is the movement language developed by Ohad Naharin/ Batsheva in Tel Aviv, Israel. Gaga movement classes are a guided movement experience of images, ideas, directions, and prompts. We move (however large or small) for the entire class adding layer upon layer. We will float our flesh, pull our bones, experience physical climaxes, challenge what we think are our limits, become aware of our habits and change them, and take pleasure moving and dancing in a welcoming studio. We work at your own volume, so whether you have never moved or move every day, you can connect to Gaga. We allow no mirrors, and no observers.

#### Slender

I find dancing to be one of the most thrilling and invigorating physical activities. It can be simple or complex, carefree or intentional, emotional or aesthetic. In class, we can have fun, work, and explore without worrying about being perfect or right. I think of dancing as an opportunity, not an obligation, and I have found that perspective to be quite liberating.

For me, Countertechnique has provided a safe, supportive, fun, and sustainable approach to dancing. It offers an alternative to chronic pain and grinding joints, and allows for students to gain a better awareness of their moving bodies. It requires dancers to think and to train their brain while they train their muscles – this is invaluable. It prepares the mind and body for rehearsal, but also for the day...becoming practiced in reducing unnecessary tension, seeing what's around you, and making informed choices.

#### Assessment

1) A significant part of your grade (35%) will be based on participation. By participating, we mean not only showing up for class, but attending to the material at hand. Effort shows and we will be sure to take note of those fully engaged in the class. If for some reason you are feeling unwell during class time, a substitute form of participation may be arranged;

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	however, do not expect to obtain this privilege more than once. With regard to participation, classes are considered equivalent to assignments; thus, missing classes will be detrimental to your final grade. If you show up late for class three times, this will be counted as an absence.
	2) Another large portion of your grade (35%) will be based on skill development. What this means is that we will be looking for change or progress over the course of the term to see that you are meeting the course objectives. We will be making assessments throughout the course to ascertain if you are responsive to feedback and are developing the new movement patterns and artistry befitting an elementary/intermediate level dancer. Students will be assessed on an ongoing basis in class and they will also be videotaped periodically for the purposes of assessing technical and skill development.  # 1 AND #2 WILL BE ASSESSED BY THE INSTRUCTOR FOR EACH MODULE AND WEIGHTED 50/25/25 FOR THE FINAL GRADE IN THESE AREAS.
	3) a. All students will create a detailed personal movement development chart, tracking their physical and artistic journey through our 6 weeks together and reflecting on a strategy forward. We will discuss the details of the assignment in class. These will be presented in class and are due October 10 <sup>th</sup> . (10% of your grade)  b. You will be expected to complete a final movement assignment for Module 1, due at the midterm. (10% of your grade)
	c. You will be expected to complete a written assignment based on two options posted on D2L for <b>Module 2</b> . Due November 6 <sup>th</sup> , 2014. (5%) d. You will be expected to complete a final movement assignment for <b>Module 3</b> . Due December 2 <sup>nd</sup> and December 4 <sup>th</sup> , 2014. (5%)
	Two important notes: by enrolling in this class, you are engaging in the course requirements listed above. Please keep up with the syllabus requirements so that you are not caught in a bind at the end of the quarter. Also, any assignments that are emailed instead of provided in hard copy on the due date will not be handed back with comments; you must see me to obtain your letter grade.
Grading Scale	A+ 97.6-100 A 92.6-97.5 A- 90-92.5
Grauing Stait	B+ 87.6-89.9 B 82.6-87.5 B- 80-82.5
	C+ 77.6-79.9 C 72.6-77.5 C- 70-72.5
	D+ 67.6-69.9 D 62.6-67.5 D- 60-62.5
	Pass - 60% and above
Attendance	Fail – 59.9% and below  Due to the experiential nature of the course, classes are equivalent to assignments.
Attendance	Therefore, classes missed will be detrimental to the final grade.
FACULTY OF ARTS	Have a question, but not sure where to start? The Faculty of Arts Program
PROGRAM	Information Centre (PIC) is your information resource for everything in Arts!
ADVISING AND STUDENT	Visit us for answers about course registration, graduation checks, and the 'big
INFORMATION	picture' on programs and majors. Drop in at SS102, email us at
RESOURCES	artsads@ucalgary.ca or call us at 403-220-3580. You can also visit the Faculty of
	Arts website at <a href="http://arts.ucalgary.ca/undergraduate">http://arts.ucalgary.ca/undergraduate</a> which has detailed information on common academic concerns.
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ACADEMIC ACCOMMODATION	<ul> <li>For academic success support, such as writing support, peer support, success seminars, and learning support, visit the Student Success Centre (formerly the Undergraduate programs Office) on the third floor of the Taylor Family Digital Library (TFDL), email them at <a href="success@ucalgary.ca">success@ucalgary.ca</a> or visit their website at <a href="http://www.ucalgary.ca/ssc/">http://www.ucalgary.ca/ssc/</a> for more information or to book an appointment.</li> <li>For registration (add/drop/swap), paying fees and assistance with your Student Centre, contact Enrolment Services at 403-210-ROCK [7625], by email at <a href="futurestudents@ucalgary.ca">futurestudents@ucalgary.ca</a> or visit them at the MacKimmie Library Block 117.</li> <li><a href="http://www.ucalgary.ca/access">http://www.ucalgary.ca/access</a></li> </ul>
FOIP	http://www.ucalgary.ca/secretariat/privacy
ACADEMIC STANDING	http://www.ucalgary.ca/pubs/calendar/current/f.html
CAMPUS SECURITY	220-5333. Help phones: located throughout campus, parking lots, and elevators. They connect directly to Campus Security; in case of emergency, press the red button.
COURSE OUTLINES FOR TRANSFER CREDIT	It is possible that you will be asked for copies of this outline for credit transfers to other institutions or for proof of work done. It is the <b>student's</b> responsibility to keep these outlines and provide them to employers or other universities when requested. Please ensure that outlines of all the courses you take are kept in a safe place for your future reference. Departments/Programs do not guarantee that they will provide copies.
DEFERRALS OF EXAMS/TERM WORK	It is possible to request a deferral of term work or final examinations for reasons of illness, accident, family or domestic affliction, or religious obligations. Please check with your advisor if any of these issues make it impossible for you to sit an exam or finish term work by stated deadlines.
EMERGENCY EVACUATION	http://www.ucalgary.ca/emergencyplan/assemblypoints
LETTER OF PERMISSION	If you wish to study at another institution while registered at the U of C, you must have a letter of permission. You can submit your request through your Student Centre at MyUofC. Students must have the Letter of Permission before they take the course at another school. Failure to prepare may result in no credit awarded and could result in suspension from the faculty.
PLAGIARISM	Using any source whatsoever without clearly documenting it is a serious academic offense. For details see the University of Calgary Calendar. Consequences include failure on the assignment, failure in the course and possibly suspension or expulsion from the university. You must document not only direct quotations but also paraphrases and ideas where they appear in your text. A reference list at the end is insufficient by itself. Readers must be able to tell exactly where your words and ideas end and other people's words and ideas begin. This includes assignments submitted in non-traditional formats such as Web pages or visual media, and material taken from such sources. Please consult your instructor or the Student Success Centre (TFDL 3 <sup>rd</sup> Floor) if you have any questions regarding how to document sources.
SAFEWALK	220-5333 anytime. http://www.ucalgary.ca/security/safewalk
STUDENT MISCONDUCT	http://www.ucalgary.ca/pubs/calendar/current/k.html
STUDENT UNION CONTACT STUDENT OMBUDSPERSON	Faculty of Arts reps: arts1@su.ucalgary.ca; arts2@su.ucalgary.ca; arts3@su.ucalgary.ca; arts4@su.ucalgary.ca

UNDERGRADUATE	DUS: Drama Undergraduate Society, CH C 005 uofcdus@gmail.com
ASSOCIATIONS	MUS: Music Undergraduate Society, CH F 219 undmusic@ucalgary.ca
	PIVOT: Dance Undergraduate Society, CH E 211 <u>pivotdancers@gmail.com</u>