



Instructor: Dale Butterwick
Phone: 403-220-7546
Email: butterwi@ucalgary.ca

Room: KNA 160
Days: Mon -Friday
Time: 7:30am-3:30 pm

Office Hours: By appointment

Website: www.kin.ucalgary.ca/courses/knes471

Course Description:

Current techniques to help athletes safely compete or return to competition.

Course Objectives:

1. Understand theory and gain practical experience in:
 - a. Application of basic and advanced taping, splinting, and wrapping
 - b. Application of joint stabilization and protective techniques to aid the athlete in performance following injury (ie padding, protection)
 - c. Principles of joint injury support and protection
 - d. Practical situations to apply above mentioned techniques

Supplementary Reading Materials:

Wright KE and Whitehill WR (1991). The Comprehensive Manual of Taping and Wrapping Techniques, Cramer Products Inc.

Contacting the Instructor:

Students requiring assistance are encouraged to speak with their instructor during class or office hours. Should you wish to meet with the instructor outside of office hours, please phone or email the instructor to make an appointment.

Email, while commonly used, does limit the effectiveness of communications and may not be the best way for instructors to answer student questions. For personal communication e-mail will be used to establish a meeting time and place if a meeting is necessary. Usually there is ample time during the course each day for any questions to be answered immediately.

Grading Scale:

Grade	Percent	Grade Point Value	Description
A+	90-100	4.00	Outstanding
A	87-89	4.00	Excellent - superior performance, showing comprehensive understanding of subject matter.
A-	84-86	3.70	
B+	80-83	3.30	
B	75-79	3.00	Good-clearly above average performance with knowledge of subject matter generally complete.
B-	70-74	2.70	
C+	65-69	2.30	
C	60-64	2.00	Satisfactory – basic understanding of the subject matter. Grade point average below 2.00 is not sufficient for promotion.
C-	58-59	1.70	Minimum grade required if needed as a prerequisite course.
D+	55-57	1.30	
D	50-54	1.00	Minimal pass – marginal performance; generally insufficient preparation for subsequent courses in the same subject.
F	0-49	0	Fail – unsatisfactory performance or failure to meet course requirements.

Evaluation of Course Content:

Peer assessment using General TSAI	15 % Tues
Peer assessment using 2 of 3 Specific TSAIs	15% Wed
Professional assessment of 1 of 2 Joints, using TSAI	25% Wed/Thurs
Pass/Fail ankle taping on Friday	15% must pass to continue
October assessment 1 of 3 TSAIs	15% October date TBA
Written exam based on website learning	15% October 30 (Tue)

You must pass the ankle taping to continue in the major. Remedial skill development may be required for some students.

Late Policy:

NA

Final Examination:

October 30, time and place TBA

Additional Course Information:

The demands of this activity can be harmful to a student with physical limitations. It is the student's responsibility to inform the instructor of any physical limitations (including a recent positive PAR-Q) **prior to** participating in any activity class. Appropriate activity modifications will be made to accommodate these students.

Course Content:

Monday Aug 27

Introduction
BAT, Formation of Teams
Taping Adherence; Allergies, Heel Locks, Ankle LAW, Basic Ankle Taping, Individualizing BAT, Ankle Taping, Achilles Tendon Taping, High Strapping

Tuesday Aug 28 Review Day 1 Material (30 Min)
Tape and Exercise, Team Preparation
Knee Collateral Support, Derotation, Anteromedial Support, Hyperextension Devices,
ACL, Groin (hip flexor, hip adductor)
Introduction to TSAIs for Ankle, Thumb, and Elbow
Using General TSAI
TSAI assessment by 1 Rater, assessing 1 joint (General TSAI)

Wed /Thurs Aug 29-30 Review
HEEL LOCKS by Mark Lafave
Upper Extremity (Elbow collateral, HXT, continuous, fan)
Wrist (F, E, U, R, san splint)
Thumb (HXT, Tear Drops, San splint, valgus, linebacker Wrist/thumb)
Fingers (mallet finger, splints, tape splinting)
TSAI assessment by 1 Rater, assessing 2 joints (Specific TSAI)

Friday, Aug 31 Continue TSAI assessment by 1 Rater if required
Practical Timed Ankle Taping Exam pass/fail
Website introduction, information on written exam

Guest Instructors of ATTH 471 Mark Lafave, PhD, CATA (C) (mlafave@mtroyal.ca)

Alana Dyrland, CAT(C) 403-220-7036 (adyrland@ucalgary.ca)

Supplementary Course Information

In accordance with the University of Calgary Calendar

It is the student's responsibility to request academic accommodation. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 220-8237. You are also required to discuss your needs with your instructor no later than fourteen (14) days after the commencement of this course. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation.

Academic Accommodation Awareness Information:

Plagiarism/Cheating/Other Academic Misconduct: (see Calendar)

A single offence of cheating, plagiarism, or other academic misconduct is a serious act that will not be tolerated in the Faculty of Kinesiology. Penalties for such acts will be determined by the Dean and may result in a failing grade, probation, suspension, or expulsion. Any student who is uncertain if an action falls into this category should consult the instructor and/or the Calendar.

Midterm Exam Policy:

The Faculty of Kinesiology policy is that all students are expected to write midterm exams on the dates listed on the course outline. Special accommodation may be granted by the instructor in exceptional circumstances only which include illness, participation in athletic events (varsity, national or international), domestic affliction, and religious conviction. It is the student's responsibility to supply proper documentation and/or notification prior to the originally scheduled midterm to support their circumstance. Personal travel plans and arrangements are not valid reasons for requesting a special accommodation for a midterm exam. Failure to comply with this policy will result in a grade of zero for the midterm and possible failure in the course.

FOIP Policy:

Please note that the University is under the jurisdiction of the provincial Freedom of Information and Protection of Privacy (FOIP) Act. Please refer to the website for details:
<http://www.ucalgary.ca/secretariat/privacy>

Internet and Electronic Communication Device Information:

Any surfing of the Internet during lectures that is not directly related to the class discussion is distracting and strictly forbidden. Additionally, the use of any electronic devices (e.g., cellular phones, Blackberrys) for e-mailing, texting, etc. is strictly prohibited. Please turn OFF your phone before the beginning of each lecture.

Instructors have the authority, at the discretion of the dean of their faculty, to require that specific course assignments, term papers and academic exercises be submitted in an electronic format. Instructors cannot require that multiple copies of an assignment be submitted.

Emergency Evacuation/Assembly Points: Safewalk Information:

For classes in the Kinesiology buildings Primary assembly point is the MacEwan Student Centre - North Courtyard and the Alternate assembly point is University Theatres Lobby

Safewalk volunteers walk people safely to their destination on campus (including Health Sciences, Children's Hospital, McMahon Stadium, and University LRT station). This service is free and available to students, staff and campus visitors. Call 403-220-5333 (24 hours a day/7 days a week/365 days a year).

Student's Union:

The Kinesiology Representative is Calindy Ramsden - E-mail: kinesrep@su.ucalgary.ca.