



# N 207 Nursing Inquiry: Clinical Inquiry & Reflective Practice

BACHELOR OF NURSING ACCELERATED TRACK PROGRAM

**COURSE OUTLINE** 

Spring 2010

Class Times: Mondays & Tuesdays 0900-1150 hrs

May 3- June 15, 2010

Room EDC 388

Course Instructor: Sylvia Loewen, RN, MN

sloewen@ucalgary.ca

Office: PF 2289

Office Phone: 403 210-6763

# N 207 Nursing Inquiry: Clinical Inquiry & Reflective Practice

# COURSE DESCRIPTION

Building on your work and learning in previous courses in the program, this course affords opportunity for further development of a conceptual framework for nursing practice, and for acquisition of a theoretic base to understand various human responses to health and illness. The use of inquiry skills in clinical practice is emphasized. The goal of the course is to facilitate you to use a focused way of thinking in nursing practice.

The curriculum framework for this course is based on the foundation of theory-guided, evidence-based, reflective practice. Reflective practice requires an understanding of many human health experiences; the use of critical thinking; the use of multiple ways of knowing; the integration of philosophy, theory, and research in the development of responsive nursing practice; and reflection on one's own practice.

The learning strategies that will be used include large class format, and processes of questioning, case study, simulation, and research. N207 is designed to draw on, and be integrated with, N311pathophysiology and N209 Clinical Practice.

# COURSE PRE- and CO-REQUISITES

Nursing 201, 203, and 205 are pre-requisites for this course. Nursing 209 and 311 are co-requisites.

#### LEARNING OBJECTIVES

- To learn to use a theoretical framework to shape a nursing perspective of responses in health and illness experiences.
- To further develop a theoretical base for understanding selected human health experiences and responses.
- To achieve beginning expertise in nursing inquiry and clinical reasoning
  - knowing what to look for and knowing how to look for it
  - engaging in systematic clinical reasoning
  - making hypotheses and analyses about what you see
  - making good nursing practice decisions based on understanding, knowledge, and assessment
  - appreciating reflective practice as a way of being a nurse and building nursing knowledge
- To integrate theoretical and experiential learning (classroom and clinical)

### COURSE PHILOSOPHY

The focus of Nursing 207 is to develop the skills which will lead to a deeper understanding of clinical nursing situations and sound approaches to nursing practice. The course offers a framework for understanding human health experiences and the nurse's role in health and healing. In other words, the course offers the opportunity to explore the relationships between health/illness experiences, evidence-based nursing practices, and contemporary conceptualizations of nursing, health, and illness.

Understanding clinical nursing situations requires strong nursing inquiry skills. Inquiry-based nursing practice is the process of coming to a critical understanding about a problem, issue, concept, or phenomenon (e.g. loss, fatigue, pain, uncertainty, transition, aging). Inquiry is a continuous feedback process in which questions are formulated and potential answers are investigated, leading in turn to new, challenging, and relevant questions. The skills and abilities of inquiry include knowing how to:

- formulate good questions
- identify sources of information
- critically assess and use information *primarily* from nursing literature
- evaluate evidence
- draw reasoned conclusions
- communicate the process, conclusions, and emergent questions to others

Nursing inquiry allows students to make the connections between what they **see** in practice and how they make decisions about what to **do** in practice. The knowledge that links assessment and action is gained from multiple sources and means. The search for this knowledge is referred to as nursing inquiry.

What is unique about this course is the consideration that the *process of learning* is as crucial as the mastering of any particular body of knowledge. In other words, though there will be substantive content covered in the course which is important nursing knowledge, there is also attention to "knowing how we know" or "learning how we learn." This course embodies a *participatory approach* to learning and acknowledges that teaching/learning (like nursing) is a relational process that happens in-between and is reciprocal and mutual.

# **COURSE READINGS AND RESOURCES**

# Required Texts (available in the bookstore):

Edson, M. (1998). Wit. New York: Faber.

Tomey, AM, Alligood, MR. (2006). *Nursing theorists and their work.* St. Louis:Mosby.

Lum, G. (1997). Prisoner of Pain. In J. Young-Mason (Ed.), *The Patient's Voice* (pp 63-71). Philadelphia: F.A. Davis.

See Daily Class Schedule for Blackboard Linked Required Readings

# **COURSE REQUIREMENTS**

In order to be successful in N207, students will complete the following requirements. This is a tentative schedule. There may be some modifications which will be announced on the first day of class.

Assignments will be given letter grade and after a quiz or exam is written, the letter grade equivalent will be what is entered into the Blackboard grade book.

	Points possible	Date Due
Mini-assignments announced in class.	40	Dates TBA
Assignments may be group or individual		
<ul> <li>Each assignment valued between 5 - 10%</li> </ul>		
<ul> <li>Some assignments will be completed in class time.</li> </ul>		
Details TBA		
Mid-term exam		
<ul> <li>Multiple choice and true/false questions</li> </ul>		
<ul> <li>Questions based on class discussion and</li> </ul>	10	May 25, 2010
presentations, and readings.		
Part A: Theory application annotated bibliographies	15	June 1, 2010
Two articles		
<ul> <li>Articles will be application of selected theory to</li> </ul>		
practice		
<ul> <li>Individual</li> </ul>		
More details will be given in class		
PART B	10	May 17, 2010
<ul> <li>Identification of the major components of a nursing</li> </ul>		
theory (from text)		
o Point form		
Group		
More details will be given in class		
Part C: The questions, answers and application	45	
Theory Inquiry Presentation (Group)	15	June 8 & 14, 2010
Application of theory to a case		
o Details TBA in class		15,0010
Final exam	10	June 15, 2010
TOTAL	100	

<sup>\*</sup> Writing the final exam is a requirement to pass the course. Students who do not write it will receive an automatic fail.

Course timetable will be made available on the first day of class, and updated throughout the course.

# **COURSE GRADING**

# **Undergraduate Grading Scale**

If the percentage on your assignment is:	The grade on your assignment is:	The weighted grade points will be taken from:	If the total for all assignment s is:	Your final grade will be:	And the GPA for the course will be:
98.0 – 100	A+	4.0	3.95-4.00	A+	4.0 Outstanding exceptional analysis and synthesis of subject matter.
93.0 – 97.9	A	3.9	3.85-3.94	А	4.0 Excellent superior performance, showing comprehensive understanding of subject matter.
88.0 – 92.9	A-	3.7	3.50-3.84	A-	3.7
83.5 – 87.9	B+	3.3	3.15-3.49	B+	3.3
78.0 – 83.4	В	3.0	2.85-3.14	В	3.0 Good clearly above average performance with knowledge of subject matter generally complete.
73.5 – 77.9	B-	2.7	2.50-2.84	B-	2.7
69.0 – 73.4	C+	2.3	2.15-2.49	C+	2.3
63.5 – 68.9	C*	2.0	1.85-2.14	*C	2.0 Satisfactory - basic understanding of the subject matter.
59.0 – 63.4	C-	1.7	1.50-1.84	C-	1.7 Fail - unsatisfactory performance or failure to meet clinical course requirements.
54.5 – 58.9	D+	1.3	1.15-1.49	D+	1.3
50.0 – 54.4	D	1.0	0.50-1.14	D	1.0
49.9 or less	F	0	0.00-0.49	F	0.0

# Minimum grade for pass in this course is D

# WITHDRAWAL DATE The last date for withdrawal from this course without penalty is June 03, 2010

# STUDENT MISCONDUCT

Plagiarism is a serious offence. The penalty is academic probation or requirement to withdraw **in addition to** an F on the assignment and possibly an F in the course as a whole.

While it is recognized that scholarly work often involves reference to the ideas, data and conclusions of other scholars, intellectual honesty requires that such references be explicitly and clearly noted.

Plagiarism occurs not only when direct quotations are taken from a source without specific acknowledgement but also when original ideas or data from the source are not acknowledged.

Please refer to the University of Calgary calendar 2008-09 for further information regarding Student Misconduct policies (p 54-57).

Intellectual honesty is viewed most seriously at the University of Calgary and compliance with standards of intellectual honestly is an expectation.

## **EXAM POLICIES**

- 1. Final examinations are scheduled by the Registrar's Office, University of Calgary. The exam period is written in the U of C calendar. A final exam can be scheduled anytime during this time period. Students must be available for examinations up to the last day of the examination period. Please see University of Calgary calendar 2008-09 for further information regarding exam policies (pp.46-47). The final examination for N207 is scheduled by the Faculty of Nursing and is June 22, 2009.
- 2. Deferred Examinations Please see U of C calendar for policies regarding final examinations. A student who becomes ill prior to the examination and is unable to write the examination at the scheduled time will notify the course instructor. Please call the course instructor (voice mail) and leave a message stating the date and time you called, reason for missing the scheduled examination and a phone number where you can be reached so that arrangements can be made for you to write a deferred examination. You may be expected to submit a doctor's certification prior to writing the deferred examination. Please note policies regarding deferred exams in the University of Calgary calendar 2008-09 (p.47).

## FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY

Information (such as a phone number, address, tracking sites of practica, etc.) that you may be asked to provide is collected under the authority of the Universities/Colleges Act and Freedom of Information and protection of Privacy Act, Section 32(c). It will be used for Practicum placement and for contact purposes. Your personal information is protected by Alberta's Freedom of Information and Protection and Privacy Act and can be reviewed on request. If you have any questions about the collection or use of this information, contact Debbie Murphy, Manager Undergraduate Programs at 220-2766.

# REAPPRAISALS AND APPEALS

For information on appeals and reappraisals please refer to the University of Calgary 2008-09 calendar (pp. 50-52). Please note the 15 day timeline from the receipt of a mark and a request for reappraisal and/or appeal to the Assistant/Associate Dean, Undergraduate Programs.

### ACADEMIC ACCOMODATIONS

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor within the first week of this course.

# Nursing 207

Spring 2009 Class Schedule/Reading List:

To be distributed in class.